

## Salads

### Big Green Salad 8.95

carrots, cucumber, tomato, crispy shallots, cider dijon vinaigrette

### Baby Gem & Halloumi Salad 8.95

avocado, crispy chickpeas, roasted garlic-lemon dressing

### Caesar Salad 8.95

romaine hearts, garlic croutons, shaved romano, creamy dressing

### Tortilla, Apple and Goat Cheese Salad 8.95

avocado, roasted red peppers, chipotle orange dressing

### Wedge Salad 9.95

blue cheese, bacon, tomatoes, blue cheese vinaigrette

### Top any of the above salads with:

- Grilled Organic Chicken 7.00 *additional*
- New England Crabmeat 13.00 *additional*
- Grilled Shrimp 10.00 *additional*
- Grilled Salmon\* 11.00 *additional*
- Lobster Salad...market price

## Lunch Classics

### Legal's Signature Crab Cake 18.50

jumbo lump crab, mustard sauce, jasmine rice seasonal salad *(may contain nuts)*

### Crabmeat and Avocado 21.95

tomato, cucumber, egg, big green lettuce mix cider dijon vinaigrette

### New England Fried Clams...market price

dry-packed, whole-bellied, sweet & petite, tartar sauce, fries, coleslaw

### Roasted Cod & Olive Meyer Lemon Relish 18.95

jasmine rice, spinach

### Shandong Shrimp 18.95

seaweed salad, jasmine rice

### Grilled Salmon\* 18.95

jasmine rice, seasonal vegetable

### Beer Battered Fish and Chips 17.95

tartar sauce, fries, coleslaw

### North Atlantic Sea Scallops...market price

brown rice pilaf, spinach

### Bistro Steak Tips\* 21.95

fingerling potatoes, mushrooms, onions, garlic butter

### Legal C Bar Bento Box\* 19.95

tuna nigiri, shrimp wontons, coconut shrimp, salmon avocado sushi roll

### Cajun Grilled Rainbow Trout 20.95

mashed sweet potatoes, sautéed spinach

### Cajun Grilled Mahi Mahi Tacos 15.95

ham hock braised black beans and rice, pineapple salsa, red cabbage crudito, chipotle lime crema

## Sandwiches

*fries and coleslaw*

### Blackened Salmon Reuben 14.95

Russian dressing, gouda and coleslaw on rye

### Patty Melt\* 15.95

hamburger, caramelized onions, swiss cheese, toasted rye

### Lobster Wrap...market price

freshly shucked lobster, avocado, bacon and chipotle mayo

### Tuna Burger 16.95

chili spiced fresh ground tuna, herb crumbs, roasted red pepper sauce

### Panko Romano Fish Sandwich 14.95

chipotle tartar sauce, pickled red onion

### Cubano 13.95

pulled pork, ham, swiss, pickles, sweet & spicy mustard, fried plantains

### (C) BLT 14.95

marinated grilled organic chicken, chipotle mayo

# LEGAL C BAR

## TAKE-OUT MENU

220 Market Street  
Lynnfield, MA 01940

Phone: 781-406-2500

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Order Packaged By

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Date

Restaurant Guest Services  
guestservices@legalseafoods.com  
800.732.0392 x9305

\*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Before placing your order, please inform your server if a person in your party has a food allergy.

## Starters & Soups

**Blackened Tuna "Sashimi"\*** 12.95  
sesame chili vinaigrette, seaweed salad and wasabi

**Spicy Tuna Avocado Bomb\*** 14.95  
seaweed salad, tobiko, teriyaki sauce

**Jumbo Shrimp Cocktail** 15.95

**Fried Pickles** romano peppercorn dressing 3.95

**Sweet and Spicy Ribs** cumin, carrot and cabbage slaw 10.95

**Spicy Tuna Meatballs** 9.95  
freshly ground tuna, romano cheese, calabrian pepper sauce

**Legal's Signature Crab Cake** 17.50  
jumbo lump crab, mustard sauce, seasonal salad *(may contain nuts)*

**Mussels Fra Diavolo** 14.95  
calabrian pepper sauce, crostini

**Coconut Shrimp** orange ginger marmalade 14.50

**Devilish Deviled Eggs** 4.95  
crispy shallots, blue cheese, bacon

**Thai Roasted Chicken Wings** 12.95

**Warm Spinach and Feta Dip** 8.95  
whole wheat pita chips

**Crispy Calamari** 14.95  
regular or Rhode Island style *(hot peppers and garlic)*

**Edamame** togarashi or sea salt 4.95

**Bang Bang Cauliflower\*** kung pao 8.95

**Steamed Shrimp Wontons** 12.95  
handmade wontons with seaweed salad

**New England Clam Chowder** mug 7.95

**Rhode Island Red Clam Chowder** mug 7.95

**Lobster Bisque** mug 9.95

## Classics

**Legal's Signature Crab Cake Combo** 31.95  
one jumbo lump crab cake, grilled shrimp and scallops, mustard sauce, seasonal salad *(may contain nuts)*

**Hoisin Glazed Salmon\*** 23.95  
hoisin sauce and vegetable pad thai with crushed peanuts

**Seafood Paella** 23.95  
shrimp, calamari, clams, mussels, chicken, and Spanish chorizo in tomato saffron calasparra rice

**Roasted Cod & Olive Meyer Lemon Relish** 24.95  
jasmine rice, spinach

**Fried Seafood Trio** 26.95  
shrimp, scallops, calamari, tartar sauce, fries, coleslaw

**Linguini & Clams** pancetta, garlic, white wine 18.95

**Bistro Steak Tips\*** 21.95  
fingerling potatoes, mushrooms, onions, garlic butter

**Sesame Tuna\***...market price  
jasmine rice, seaweed salad, kung pao sauce

**Pan-Roasted Chicken** 21.95  
mashed sweet potatoes, seasonal vegetable, roasted chicken jus

**Fillet of Sole Francese** 26.95  
romano egg batter, lemon white wine sauce, brown rice pilaf, spinach

**Truffled Lobster Mac and Cheese**...market price  
cavatappi, cheddar and fontina cheese sauce, peas

**Thai Grilled Mahi Mahi** 26.95  
pineapple salsa, coconut cilantro sticky rice, baby bok choy, yellow curry sauce

**New England Fried Clams**...market price  
dry-packed, whole-bellied, sweet & petite

**Beer Battered Fish and Chips** 20.95  
tartar sauce, fries, coleslaw

**Grilled Seafood Antipasto** 24.95  
shrimp, scallops, squid, mussels, olive meyer lemon relish, aged cheddar, romaine

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## Pizza

**White Clam** pancetta and arugula 11.95

**Crab & Pepperoni** 15.95  
mozzarella, peppadew peppers

**Chipotle BBQ Organic Chicken** 12.95  
bacon, jalapeño jam, gouda, cheddar

**Tomato Pesto\*** 12.95  
mozzarella, egg, arugula

### Chef's Daily Feature

## Legal Lobsters

*from crisp, cold North Atlantic waters*

**Steamed Lobsters**...market price

- 1.25-1.50 lb.
- 1.50-1.75 lb.
- 2.00-2.50 lb.

**Baked Stuffed Lobsters** 8.00 more  
shrimp and scallop buttery cracker stuffing

**New England Lobster Bake**...market price  
cup of our famous clam chowder, steamed clams and mussels, grilled chouriço, corn on the cob, steamed 1-1.25 lb. lobster

## Open Flame Grilled

*choice of two house sides or opt for two premium sides for an additional 1.95 each*

**Swordfish**...market price

**Yellowfin Tuna\***...market price

**Rainbow Trout** 20.95

**Salmon\*** 23.95

**Shrimp** 24.95

**Mahi Mahi** 26.95

**North Atlantic Sea Scallops**...market price  
dry-packed

Include a skewer of scallops for 9.95 or shrimp for 6.95

## House Sides

*à la carte 5.50*  
mashed sweet potatoes  
onion strings  
jasmine rice  
spinach  
brown rice pilaf  
grilled asparagus

## Premium Sides

*à a carte 7.50*  
sauteed kale  
honey yogurt, roasted peanuts

fingerling potatoes  
mushrooms, onions, garlic butter

fresh seasonal side salad  
*(may contain nuts)*

caesar salad  
romaine, garlic croutons, shaved romano, creamy dressing

## Flavors

cajun spice  
shandong sauce  
kung pao  
olive meyer lemon relish

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