

## LUNCH CLASSICS

### Legal's Signature Crab Cake 18.50

jumbo lump crab cake, mustard sauce, broccoli, seasonal salad *(may contain nuts)*

### Everything Spiced Tuna\* 17.95

*(cooked medium rare)* roasted red pepper sauce, cucumber sauce, jasmine rice, sautéed spinach

### Anna's Baked Boston Cod 18.95

seasoned crumbs, roasted tomato, jasmine rice, butternut squash

### Grilled Mediterranean Salmon\* 18.95

hummus, cucumber yogurt sauce, orzo, whole wheat pita chips

### Portuguese Fisherman's Stew 16.95

whitefish stewed with mussels, clams and chouriço sausage in a saffron tomato broth

### Shrimp & Garlic 16.95

sautéed with tomato, scallions and mushrooms, tossed with fresh pasta

### Louisiana Gumbo 16.95

shrimp, spicy andouille sausage and crispy fried okra with jasmine rice

### Jasmine Special 16.95

steamed shrimp and broccoli over jasmine rice with melted monterey jack cheese *(available with garlic leek brown rice)*

### Shrimp Casserole 16.95

monterey jack cheese, sherry garlic butter, roasted carrots with romesco sauce

### Salmon Rice Bowl\* 17.95

garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach, gochujang sauce and sesame vinaigrette, substitute:

- Tuna "Sashimi"\* 17.95
- Kung Pao Tofu 15.95

## TACOS ham hock braised black beans and rice

### Crispy Fish Tacos 16.95

avocado, pickled cabbage, chipotle mayo

### Blackened Salmon Tacos\* 16.95

salsa verde, avocado, cabbage & red onion crudito, queso fresco, sriracha aioli

Before placing your order, please inform your server if a person in your party has a food allergy. Allergen, ingredient and calorie information available upon request.

## SALADS

### Vine Ripe Tomato & Burrata Salad 8.95

arugula, radicchio, pesto vinaigrette

### House Salad 8.95

cherry tomato, shaved carrot and sunflower seeds, creamy romano peppercorn dressing or tomato balsamic vinaigrette

### Chopped Greek Salad 9.95

olives, cucumbers, tomatoes, chickpeas, feta

### Classic Caesar Salad 8.95

romaine hearts, garlic croutons, shaved romano, creamy dressing

### Lemon Kale Salad 8.95

apples, roasted sweet potatoes, pepitas, ricotta salata

#### Top any of the above salads with...

- Grilled Organic Chicken 7.00 *additional*
- New England Crabmeat 13.00 *additional*
- Grilled Shrimp 10.00 *additional*
- Grilled Salmon\* 11.00 *additional*
- Lobster Salad...market price

## SANDWICHES fries and coleslaw

### Crispy Fish Sandwich 14.95

tartar sauce, lettuce and tomato

### Crabmeat Roll 21.95

delicate New England crabmeat on a warm buttery bun

### Lobster Roll...market price

warm butter poached or traditional with mayo

### Tuna Burger 16.95

chili spiced fresh ground tuna, herb crumbs, roasted red pepper sauce

### Legal's Crab Cake 18.50

jumbo lump crab on a bun with mustard sauce

### Grilled Organic Chicken Sandwich 14.95

applewood smoked bacon, jack cheese, lettuce, tomato and mayo

### Hamburger\* 14.95

*(can be undercooked upon request)*

- add cheese for 1.00

\*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

## LUNCH OPEN FLAME GRILLED

### Rainbow Trout 17.95

garlic leek brown rice, butternut squash

### Tuna Steak\* market price

*(cooked medium rare)*, jasmine rice, sea vegetable salad

### North Atlantic Sea Scallops market price

dry-packed, cheddar jalapeño polenta, lemon kale salad

### Salmon\* 18.95

garlic leek brown rice, butternut squash

### Shrimp 18.95

cheddar jalapeño polenta, lemon kale salad

### Haddock 18.95

jasmine rice, sautéed spinach

add a skewer of scallops for 9.95 or shrimp for 6.95

## FLAVORS

kung pao sauce

cajun spice

cucumber yogurt sauce

shandong sauce

lemon butter sauce

herbes de provence butter

## LUNCH CRISPY FRIED fries and coleslaw

### Seafood Trio shrimp, whitefish, calamari 18.95

### Shrimp 18.95

### New England Clams...market price

dry-packed, whole-bellied, sweet & petite

### North Atlantic Sea Scallops...market price

dry-packed

### Fish & Chips 17.95

regular or spicy

### Haddock 18.95



*If it isn't fresh, it isn't Legal!®*

## TAKE-OUT MENU

Burlington

1131 Burlington Mall

Middlesex Turnpike

Burlington, MA 01803

Phone: 781-270-9700

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Order Packaged By

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Date

Restaurant Guest Services  
guestservices@legalseafoods.com  
800.732.0392 x9305

Prices subject to change.

## STARTERS

**Blackened Raw Tuna “Sashimi”\*** 15.50  
sesame chili vinaigrette, seaweed salad and wasabi

**Jumbo Shrimp Cocktail** 15.95

**Smoked Salmon\*** 14.95  
mustard sauce, capers, red onion, brioche toast points

**Legal’s Signature Crab Cake** 17.50  
jumbo lump crab, mustard sauce, seasonal salad *(may contain nuts)*

**Oysters Legal** 17.95  
baked with spinach, cheese and crumbs

**Steamed Mussels** 14.95  
1 ½ pounds with garlic, white wine, crushed red pepper

**Steamers** 18.95  
with drawn butter

**Kung Pao Chicken Wings** 12.95

**Crispy Calamari** 14.95

- **regular**
- **spicy**
- **Rhode Island style** *(hot peppers and garlic)*
- **Thai style** *(pineapple and peanuts)*

**Buffalo Popcorn Shrimp** 12.95  
avocado, blue cheese, celery hearts

**Hot Lump Crab Dip** 13.95  
horseradish, cheddar, cream cheese, seafood chips

**Bang Bang Cauliflower** kung pao 8.95

**New England Fried Clams**...market price  
dry-packed, whole-bellied, sweet & petite

**Shrimp Wontons** 12.95  
handmade steamed wontons with sea vegetable salad

## SOUPS

**New England Clam Chowder** cup 7.50 bowl 9.95

**Lite Clam Chowder** cup 7.50 bowl 9.95

**Fish Chowder** cup 7.50 bowl 9.95

**Lobster Bisque** cup 8.95 bowl 12.95

## CLASSICS

**Nutty Salmon\*** 27.95  
almond-encrusted, sautéed in a lemon caper butter sauce, mushroom ravioli, spinach

**Shrimp and Garlic** 25.95  
sautéed with tomato, scallions and mushrooms, tossed with fresh pasta

**Cioppino** 32.95  
lobster, scallops, shrimp, calamari, littlenecks, mussels and whitefish in a light tomato broth

**Legal’s Signature Crab Cake Combo** 31.95  
one jumbo lump crab cake, grilled shrimp and scallops, mustard sauce, seasonal salad *(may contain nuts)*, garlic leek brown rice

**Red Onion Jam Swordfish**...market price  
cheddar jalapeno polenta, roasted mushrooms

**Anna’s Baked Boston Cod** 24.95  
seasoned crumbs, roasted tomato, jasmine rice, butternut squash

**Jasmine Special** 24.95  
steamed shrimp and broccoli over jasmine rice with melted monterey jack cheese *(available with garlic leek brown rice)*

**Seafood Casserole** 29.95  
scallops, shrimp, lobster, whitefish and cheese baked with sherry garlic butter, garlic leek brown rice, roasted carrots with romesco sauce

**Baked Stuffed Shrimp Casserole** 28.95  
jumbo shrimp, buttery crabmeat stuffing, broccoli

**Lemon Caper Grey Sole** 29.95  
lemon beurre blanc, jasmine rice, sautéed spinach

**Salmon Rice Bowl\*** 23.95  
garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach, gouchujang sauce and sesame vinaigrette, substitute:

- **"Tuna Sashimi"\*** 23.95
- **Kung Pao Tofu** 17.95

**Everything Spiced Tuna\***...market price  
*(cooked medium rare)* roasted red pepper sauce, cucumber sauce, jasmine rice, sautéed spinach

**Pan-Seared Boneless Half Chicken** 21.95  
lemon chive butter sauce, mashed potatoes, roasted carrots with romesco sauce

**King Crab Legs** 46.95  
steamed or braised with sherry garlic butter, smashed fingerling potatoes with lemon garlic yogurt sauce, broccoli

**LEGAL LOBSTERS**  
from crisp, cold North Atlantic waters

**Steamed Lobsters**...market price  
**1.25-1.50 lb**  
**1.50-1.75 lb**  
**2.00-2.50 lb**

**Baked Stuffed Lobster** add 9.00  
shrimp & scallop buttery cracker stuffing

**Lobster Bake**...market price  
clam chowder, steamers, mussels, chouriço, 1-1.25 lb lobster

**CRISPY FRIED** fries and coleslaw

**Fish & Chips** 20.95  
regular or spicy

**Shrimp** 24.95

**Fisherman’s Platter** 29.95  
shrimp, scallops, calamari, clams and whitefish

**New England Clams**...market price  
dry-packed, whole-bellied, sweet & petite

**North Atlantic Sea Scallops**...market price  
dry-packed

**Haddock** 26.95

**OPEN FLAME GRILLED**  
add a skewer of scallops 9.95 or shrimp 6.95

**Grilled Assorted\*** 29.95  
chef’s choice of three fish *(can be cooked medium rare)*, shrimp, scallops, mashed potatoes, roasted carrots with romesco sauce

**Swordfish Steak**...market price  
smashed fingerling potatoes with lemon garlic yogurt sauce, butternut squash

**Tuna Steak\***...market price  
*(cooked medium rare)* jasmine rice, sea vegetable salad

**Rainbow Trout** 20.95  
garlic leek brown rice, butternut squash

**Salmon\*** 27.95  
garlic leek brown rice, butternut squash

**Arctic Char** 26.95  
cheddar jalapeño polenta, lemon kale salad

**Halibut Steak** 32.95  
mashed potatoes, roasted mushrooms

**Shrimp** 24.95  
cheddar jalapeño polenta, lemon kale salad

**North Atlantic Sea Scallops**...market price  
dry-packed, cheddar jalapeño polenta, lemon kale salad

**Haddock** 26.95  
jasmine rice, sautéed spinach

**Grilled 8 oz. Filet Mignon\*** 36.95  
herbes de provence butter, smashed fingerling potatoes with lemon garlic yogurt sauce, roasted mushrooms  
*(can be undercooked upon request)*

## FLAVORS

kung pao sauce	shandong sauce
cajun spice	lemon butter sauce
cucumber yogurt sauce	herbes de provence butter

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