

SHELLFISH

Raw Oysters*...market price 🌿

Raw Clams*...market price 🌿

- Littlenecks
- Cherrystones

Treasures of the Reef* 34.95 🌿

chilled oysters, littleneck clams, shrimp cocktail and lobster

Steamers 15.50 🌿

with drawn butter

Steamed Mussels 10.95 🌿

garlic, white wine, crushed red pepper

Chilled Shrimp Platter 10.95

cocktail, red pepper and mustard dipping sauces

Jumbo Shrimp Cocktail (3) 12.50 🌿

Oysters Legal (3) 11.95

baked with spinach, cheese and crumbs

Hot Lump Crab Dip 11.95 🌿

horseradish, cheddar, cream cheese, seafood chips

SALADS & BOWLS

New England Clam Chowder cup 7.50 bowl 9.95

Lite Clam Chowder cup 7.50 bowl 9.95 🌿

Lobster Bisque cup 8.95 bowl 12.95

authentic creamy bisque garnished with lobster

House Salad 7.95 🌿

cherry tomato, shaved carrot and sunflower seeds, creamy romano peppercorn dressing or tomato balsamic vinaigrette

Classic Caesar Salad 8.50 🌿

romaine hearts, garlic croutons, shaved romano, creamy dressing

Chopped Greek Salad 8.95 🌿

olives, cucumbers, tomatoes, chickpeas, feta

Bibimbap (bi-bim-bap) 11.95

brown rice, kimchi, shiitake, seaweed salad, spinach, gochujang sauce, and sesame vinaigrette

Tahini Noodle 11.95

lo mein noodles, mushrooms, rainbow carrots, sweet potatoes, cucumbers, scallions, basil, cilantro, mint, tahini dressing

Thai Curry 12.95

baby bok choy, shiitake, sweet potatoes, jasmine rice

Lemon Kale Salad 9.95

apples, roasted sweet potatoes, pepitas, ricotta salata

Frisée, Blue Cheese & Pear Salad 9.95

endive, walnuts, blue cheese vinaigrette

Toppings: Chicken Breast 7.00 🌿 / Shrimp 8.00 🌿 / Salmon* 7.50 🌿 / Scallops...market price 🌿 / Kung Pao Tofu 4.00 / Tuna "Sashimi"* 10.00 🌿 / Swordfish...market price 🌿

SANDWICHES & TACOS

Crispy Fish Sandwich 14.95 🌿

tartar sauce, lettuce and tomato, fries, coleslaw

Crabmeat Roll 22.95 🌿

delicate new england crabmeat on a warm buttery bun, fries, coleslaw

Lobster Roll...market price 🌿

warm butter-poached or traditional with mayo, fries, coleslaw

Tuna Burger 16.95

chili spiced fresh ground tuna, herb crumbs, roasted red pepper sauce, fries, coleslaw

Salmon Burger Pita 14.95

freshly ground salmon, hummus, cucumber yogurt sauce, lettuce, tomato, fries, coleslaw

Grilled Chicken Sandwich 14.95 🌿

applewood smoked bacon, jack cheese, lettuce, tomato and mayo, fries, coleslaw

Cheddar Bacon Burger* 16.95 🌿

(can be undercooked upon request)

pasture raised, sharp cheddar, applewood smoked bacon, fries, coleslaw

Smoked Salmon Avocado Toast* 16.95

lemon avocado mascarpone, capers, chives, baby lettuce salad with tomato, roasted corn and cider dijon vinaigrette

Tuna Salad Melt 11.95

pita wrap with pecorino romano, provolone cheese and tomato, fries, coleslaw

Chipotle Lime Shrimp Tacos 12.95

salsa verde, queso fresco, roasted corn salsa, black beans and rice

Crispy Fish Tacos 12.95

avocado, pickled cabbage, chipotle mayo, black beans and rice

Curried Cauliflower Tacos 10.95

avocado, baby lettuce, ranch dressing, fried plantains

Fried Clam Tacos...market price

coleslaw, tartar sauce, black beans and rice

CRISPY FRIED

SHAREABLE

Crispy Calamari 12.50

- Regular 🌿
- Rhode Island style *(hot peppers and garlic)* 🌿
- Thai style *(pineapple and peanuts)*

Bang Bang Cauliflower kung pao sauce 8.95

Buffalo Popcorn Shrimp 11.50 🌿

avocado, blue cheese, celery hearts

Shrimp 15.95 🌿

fries, coleslaw

Fish & Chips 16.95 🌿

regular or spicy, fries, coleslaw

Haddock 16.95 🌿

fries, coleslaw

North Atlantic Sea Scallops...market price 🌿

dry-packed, fries, coleslaw

New England Fried Clams...market price 🌿

dry-packed, whole-bellied, sweet & petite, fries, coleslaw

Seafood Trio 18.95 🌿

shrimp, whitefish, calamari, fries, coleslaw

CLASSICS

Legal's Signature Crab Cake 18.50

jumbo lump crab, mustard sauce, baby lettuce salad with farro, apples, raisins, walnuts and cider dijon vinaigrette

Blackened Tuna "Sashimi"* 17.95 🌿

sesame chili vinaigrette, seaweed salad, wasabi, jasmine rice

Louisiana Gumbo 16.95

shrimp, spicy andouille sausage and crispy fried okra with jasmine rice

Grilled Mediterranean Salmon* 18.95

hummus, cucumber yogurt sauce, cous cous salad, whole wheat pita chips

Smoked Haddock Chowder 14.95

sweet corn, potatoes, leeks, fresh herbs

Shrimp & Garlic 15.95

sautéed with tomato, scallions and mushrooms, tossed with fresh pasta

Crab & Shrimp Quiche 14.95

asparagus, braised leeks, gruyere and cheddar, seasonal side salad

Anna's Baked Boston Cod 16.95 🌿

seasoned crumbs, roasted tomato, jasmine rice, butternut squash

Jasmine Special 15.95 🌿

steamed shrimp and broccoli over jasmine rice, with melted monterey jack cheese

Steamed 1.25-1.5 lb. Lobster...market price 🌿

smashed potatoes with lemon garlic, yogurt sauce, broccoli

All fish and shellfish can be prepared simply grilled

🌿 can be prepared without gluten

Before placing your order, please inform your server if a person in your party has a food allergy. Allergen, ingredient and calorie information available upon request.

*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.