

Raw Bar*


pure, natural and prepared to order




Oysters of the Day* 	3
<i>Scorton Creek Pemaquid Blue Point Wellfleet</i>	
Cape Cod Littleneck Clams* 	2
Colossal Naked Shrimp Cocktail 	17
Colossal Lump Crab Meat Cocktail 	17
Gulf of Maine Lobster 	market
<i>half / whole</i>	
Blackened Raw Tuna "Sashimi"* 	16
<i>sesame chili vinaigrette, seaweed salad, wasabi</i>	

STARTERS





New England Clam Chowder	cup 8 / bowl 10
New England Fried Clams 	market
<i>appetizer roll lunch plate...whole-bellied, sweet & petite</i>	
Legal's Signature Crab Cake	18
<i>lump crab, mustard sauce, seasonal salad</i>	
Crispy Calamari 	16
<i>regular or Rhode Island style (hot peppers and garlic)</i>	
Buffalo Fried Oysters 	18
<i>crispy fried, buffalo sauce, buttermilk blue cheese</i>	
Kung Pao Popcorn Shrimp	16
<i>crispy rice noodles</i>	
Organic PEI Mussels 	17
<i>prosciutto, lemon cream, grilled crusty bread or traditional garlic-butter broth</i>	
Bang Bang Cauliflower	12
<i>kung pao sauce, crispy rice noodles</i>	

CRISPY FRIED

Our signature Gluten Free  breading. Served with french fries and coleslaw.

Colossal Naked Shrimp 	21
North Atlantic Sea Scallops 	25
Fisherman's Platter 	36
<i>colossal naked shrimp, sea scallops, local catch & calamari</i>	
Fish & Chips	20
<i>locally-sourced by our good friend Tory Bramante</i>	

SIDES

Coleslaw 	3
Herbed Rice Pilaf	6
Farro Asparagus Salad	6
Steamed Broccoli 	6
French Fries 	6
Sesame Soba Noodle Salad (contains peanuts)	6
Broccoli Au Gratin	8
Grilled Asparagus 	8

SANDWICHES

Half Pound Maine Lobster Roll 	market
<i>warm butter-poached or traditional with lemon mayo, french fries & coleslaw</i>	
New England Crab Roll 	market
<i>delicate New England crabmeat with mayo, french fries & coleslaw</i>	
Fish Sandwich	16
<i>lettuce, tomato, pickle, tartar sauce, french fries & coleslaw</i>	
Tuna Burger	16
<i>chili-garlic seasoned ground tuna, roasted red pepper sauce, french fries & coleslaw</i>	
Fish Tacos	14
<i>crispy local whitefish, pickled red cabbage, avocado crema, pico de gallo, fried plantains</i>	
Grilled Chicken Sandwich 	15
<i>applewood smoked bacon, Vermont cheddar, lettuce, tomato, mayo, french fries & coleslaw</i>	
Snake River Farms Wagyu Bacon Cheddar Burger* 	18
<i>applewood smoked bacon, Vermont cheddar, lettuce, tomato, french fries & coleslaw</i>	

SALADS

Greek Salad 	9
<i>tomato, cucumber, feta, chickpeas, Kalamata olives, lemon-oregano vinaigrette</i>	
House Salad 	9
<i>tomato, cucumber, carrot, sunflower seeds, mixed greens</i>	
Classic Caesar Salad 	9
<i>romaine hearts, garlic croutons, shaved romano, creamy dressing</i>	
TOP SALADS WITH: 	
Grilled or Cajun Chicken	7
Grilled or Cajun Shrimp	12
Grilled or Cajun Salmon*	11
Grilled or Cajun Tuna*	11
Lobster Salad or Crabmeat Salad	market

LEGAL TEST KITCHEN

Our Chefs have been hard at work creating new fully composed dishes with some of our most popular seafood and new sides...Please share your feedback with your server or in our online survey!

Herb Crusted Organic Salmon*	21
<i>farro asparagus salad, whole grain mustard beurre blanc</i>	
Yellow Fin Tuna Steak*	21
<i>tojarashi & sesame crusted, ponzu, sesame soba noodle salad</i>	
Seared Gulf of Maine Scallops 	23
<i>sweet potato purée, bacon jam, pickled Fresno chile</i>	
Baked Lobster Mac & Cheese	market
<i>Gulf of Maine lobster, Vermont cheddar, buttered crumbs</i>	

LEGAL CLASSICS

Legal's Signature Crab Cake Entree	20
<i>lump crab, mustard sauce, seasonal salad, herbed rice pilaf</i>	
New England Baked Haddock - Anna's Way	22
<i>buttered crumbs, stuffed tomato, herbed rice pilaf</i>	
Colossal Shrimp Scampi	24
<i>linguini, tomato, sofrito, lemon cream</i>	



Denotes items that are naturally or can be prepared Gluten Free.

Before placing your order, please inform your server if a person in your party has a food allergy.

*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Legal Sea Foods is now available for Take Out & Delivery...Order Online at LegalSeaFoods.com!