

## LUNCH CLASSICS

**Legal's Signature Crab Cake** 18.50  
jumbo lump crab, mustard sauce, seasonal salad (*may contain nuts*),  
choice of one house side

**Jasmine Special** 16.95  
steamed shrimp and broccoli over jasmine rice with melted  
monterey jack cheese (*available with garlic leek brown rice*)

**Anna's Baked Boston Cod** 18.95  
seasoned crumbs, roasted tomato, spinach jasmine rice

**Everything Tuna\***...market price  
(*cooked medium rare*) roasted red pepper sauce, cucumber sauce,  
jasmine rice, sautéed spinach

**Bowl of Gumbo** jasmine rice, fried okra *with*  
**Shrimp** 16.95 / **Organic Chicken** 13.95 / **Crab** 18.95

**Portuguese Fisherman's Stew** 16.95  
saffron tomato broth, chouriço

**Salmon Rice Bowl\*** 17.95 garlic leek brown rice, kimchi,  
shiitake, seaweed salad, spinach, gochujang sauce  
and sesame vinaigrette, substitute:  
**Tuna "Sashimi"**\* 17.95 / **Kung Pao Tofu** 15.95

**Grilled Mediterranean Salmon\*** 18.50  
hummus, cucumber yogurt sauce, orzo, whole wheat pita chips

**Shrimp Casserole** 15.95  
monterey jack cheese and sherry garlic butter

**Crispy Fish Tacos** 15.95  
avocado, pickled cabbage, chipotle mayo,  
ham hock braised black beans and rice

**Blackened Tuna Tacos\*** 15.95  
avocado, pickled cabbage, chipotle mayo,  
ham hock braised black beans and rice

Before placing your order, please inform your server if  
a person in your party has a food allergy. Allergen,  
ingredient and calorie information available upon  
request.

\*Served raw or undercooked, or contains (or may contain) raw  
or undercooked ingredients. Consuming raw or undercooked  
meats, poultry, seafood, shellfish, or eggs may increase your  
risk of foodborne illness, especially if you have certain medical  
conditions.

## SALADS

**House Salad** 8.95  
cherry tomato, shaved carrot and sunflower seeds, creamy romano  
peppercorn dressing or tomato balsamic vinaigrette

**Classic Caesar Salad** 8.95  
romaine hearts, garlic croutons, shaved romano, creamy dressing\*

**Chopped Greek Salad** 9.95  
olives, cucumbers, tomatoes, chickpeas, feta

**Vine Ripe Tomato & Burrata Salad** 8.95  
arugula, radicchio, pesto vinaigrette

**Market Salad** 8.95  
seasonal selection (*may contain nuts*)

**Top any of the above salads with:**

- **Grilled Organic Chicken** 6.50 *additional*
- **New England Crabmeat** 12.00 *additional*
- **Grilled Shrimp** 9.00 *additional*
- **Grilled Salmon\*** 10.00 *additional*

## SANDWICHES, BURGERS & PO BOYS

**Grilled Organic Chicken Sandwich** 14.95  
applewood smoked bacon, jack cheese, lettuce, tomato and mayo

**Tuna Burger** 16.95  
freshly ground tuna, chili paste, crumbs and spices

**Lobster Roll**...market price  
warm butter poached or traditional with mayo

**Crabmeat Roll** 19.95  
delicate New England crabmeat on a warm buttery bun

**Super Sea Roll** 22.95  
lobster, shrimp, crab, avocado, bacon, lemon mayo

**Legal's Crab Cake** 18.50  
jumbo lump crab on a bun with mustard sauce

**Hamburger\*** 14.95  
(*can be undercooked upon request*)  
add cheese for 1.00

**Crispy Fish Sandwich** 14.95  
tartar sauce, lettuce and tomato

**Catfish Po' Boy** 12.95  
crispy fried with shredded lettuce, tomato, chipotle mayo

**Shrimp Po' Boy** 14.95  
crispy fried with shredded lettuce, tomato, chipotle mayo

**Oyster Po' Boy** 14.95  
crispy fried with shredded lettuce, tomato, chipotle mayo

## LUNCH OPEN FLAME GRILLED

choice of two house sides or opt for  
two premium sides for an additional 1.95 each

**Tuna Steak\*** (*medium rare*)...market price

**Salmon\*** 18.50

**Rainbow Trout** 16.95

**Shrimp** 17.95

**North Atlantic Sea Scallops**...market price  
dry-packed

**Marinated Organic Chicken** 22.95

add a skewer of scallops 9.95 or shrimp 6.95

## FLAVORS

kung pao sauce  
lemon butter sauce  
cucumber yogurt sauce

herbes de provence butter  
cajun spice  
shandong sauce

## HOUSE SIDES

*a la carte house sides 5.50*  
french fries  
garlic leek brown rice  
broccoli & cheese  
spinach

seaweed salad  
jasmine rice  
mashed sweet potatoes  
coleslaw (1.95)

## PREMIUM SIDES

*a la carte premium sides 7.50*  
bacon braised greens  
crabmeat stuffed baked potato  
fresh seasonal side salad (*may contain nuts*)  
market vegetable *seasonal preparation*

## LUNCH CRISPY FRIED

fries & coleslaw  
**Seafood Trio** shrimp, whitefish, calamari 18.95

**Oysters** 21.95

**Shrimp** 17.95

**North Atlantic Sea Scallops**...market price  
dry-packed

**Cod** 18.95

**Catfish** 13.95

**Fish & Chips** regular or spicy 16.95



*If it isn't fresh, it isn't Legal! ®*

## Take-Out Menu

7th Street

704-708 7th Street NW

Washington, D.C. 20001

Phone: 202-347-0007

---

Order Packaged By

---

Date

Restaurant Guest Services  
guestservices@legalseafoods.com  
800.732.0392 x9305

Prices subject to change.

## STARTERS

**Jumbo Shrimp Cocktail** 16.50 🌿

**Crispy Calamari** 14.95

- regular 🌿
- spicy 🌿
- **Rhode Island style** (*hot peppers and garlic*) 🌿
- **Thai style** (*pineapple and peanuts*)

**Shrimp Wontons** 11.95

steamed with seaweed salad

**Buffalo Popcorn Shrimp** 12.95 🌿

avocado, blue cheese, celery hearts

**Hot Lump Crab Dip** 13.95

horseradish, cheddar and cream cheese, seafood chips

**Bang Bang Cauliflower** kung pao 8.50

**Legal's Signature Crab Cake** 17.50

jumbo lump crab, mustard sauce, seasonal salad

**Kung Pao Chicken Wings** 11.95

## PURE & FRESH SHELLFISH

**Fried Oysters** chorizo aioli 13.95 🌿

**Steamers** (*soft shell clams*) 17.95 🌿

with drawn butter

**Sautéed Mussels** 14.95 🌿

1 ½ pounds with garlic, white wine, crushed red pepper

**New England Fried Clams**...market price 🌿

dry-packed, whole-bellied, sweet & petite

## SOUPS

**New England Clam Chowder** cup 6.95 / bowl 9.95

**Lite Clam Chowder** cup 6.95 / bowl 9.95 🌿

**Maryland Cream of Crab Soup** cup 6.95 / bowl 9.95

Before placing your order, please inform inform your server if a person in your party has a food allergy. Allergen, ingredient and calorie information available upon request.

## CLASSICS

**Lobster Bake**...market price

cup of clam chowder, steamers, mussels, chouriço, corn on the cob, steamed 1-1.25 lb. lobster (*larger sizes available please inquire*)

**Anna's Baked Boston Cod** 24.95 🌿

seasoned crumbs, roasted tomato, spinach, jasmine rice (*cod or haddock depending on landings*)

**Jasmine Special** 24.95 🌿

steamed shrimp and broccoli over jasmine rice with melted monterey jack cheese (*available with garlic leek brown rice*)

**Shrimp and Garlic** 24.95

sautéed with tomato, scallions and mushrooms, tossed with fresh pasta

**Baked Stuffed Shrimp Casserole** 28.95

jumbo shrimp, buttery crabmeat stuffing, choice of one house side

**Louisiana Catfish Matrimony** 17.95

sautéed with shrimp and andouille sausage, jasmine rice, seasonal vegetables

**Red Onion Jam Swordfish**...market price

jasmine rice, sautéed sherry mushrooms, spinach

**Everything Tuna**\*...market price 🌿

grilled medium rare with everything spice mix, roasted red pepper and cucumber sauce, jasmine rice, spinach

**Nutty Salmon**\* 26.95

almond-encrusted, sautéed in a lemon caper butter sauce, mushroom ravioli, spinach

**Legal's Signature Crab Cakes** 31.95

two jumbo lump crab cakes, mustard sauce, seasonal salad (*may contain nuts*)

**Legal's Signature Crab Cake Combo** 31.95

one jumbo lump crab cake, grilled shrimp and scallops, mustard sauce, seasonal salad (*may contain nuts*)

**Pecan Crusted Snapper** 25.95

bourbon butter sauce, mashed sweet potatoes, seasonal vegetable

**Cioppino** 32.95 🌿

lobster, scallops, shrimp, calamari, littlenecks, mussels and whitefish in a light tomato broth

**Seafood Casserole** 29.95

scallops, shrimp, lobster, whitefish and cheese baked with sherry garlic butter, choice of one house side

**Salmon Rice Bowl**\* 23.95

garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach, gochujang sauce and sesame vinaigrette substitute:

**Tuna "Sashimi"**\* 23.95 / **Kung Pao Tofu** 17.95

## LOBSTERS & SURF N' TURF

choice of two house sides or opt for two premium sides for an additional 1.95 each

**Steamed Lobsters**...market price 🌿

- **1.25 - 1.50 lb.**
- **1.50 - 1.75 lb.**

**Baked Stuffed Lobsters** add 8.00 🌿

shrimp and scallop buttery cracker stuffing

**Surf & Turf**\*

6 oz. filet, herbes de provence butter, *with*

- **Baked Stuffed Shrimp** 36.95
- **Shrimp and Scallops** 36.95 🌿
- **Steamed 1-1.25 lb. Lobster** 40.95 🌿

## CRISPY FRIED

fries & coleslaw

**Fish & Chips** 20.95 🌿

regular or spicy

**Fisherman's Platter** 29.95 🌿

shrimp, scallops, calamari and whitefish

**New England Clams**...market price 🌿

dry-packed, whole-bellied, sweet & petite

**North Atlantic Sea Scallops**...market price 🌿

dry-packed

**Oysters** 21.95 🌿

**Cod** 24.95 🌿

**Shrimp** 23.95 🌿

\*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

## OPEN FLAME GRILLED

choice of two house sides or opt for two premium sides for an additional 1.95 each

**Salmon**\* 26.95 🌿

**Swordfish Steak**...market price 🌿

**Tuna Steak**\* (*medium rare*)...market price 🌿

**Snapper** 25.95 🌿

**Rainbow Trout** 19.95 🌿

**Shrimp** 23.95 🌿

**North Atlantic Sea Scallops**...market price 🌿

dry-packed

**Grilled Assorted**\* 29.95 🌿

chef's choice of three fish (*can be cooked medium rare*), shrimp and scallops

add a skewer of scallops 9.95 🌿 or shrimp 6.95 🌿

**Grilled 8 oz. Filet Mignon**\* 35.95 🌿

herbes de provence butter

**Marinated Organic Chicken** 22.95 🌿

## FLAVORS

**kung pao sauce**

**lemon butter sauce** 🌿

**cucumber yogurt sauce** 🌿

**herbes de provence butter** 🌿

**cajun spice** 🌿

**shandong sauce**

## HOUSE SIDES

*a la carte house sides 5.50*

**french fries** 🌿

**garlic leek brown rice** 🌿

**broccoli & cheese** 🌿

**spinach** 🌿

**seaweed salad**

**jasmine rice** 🌿

**mashed sweet potatoes** 🌿

**coleslaw** (1.95) 🌿

## PREMIUM SIDES

*a la carte premium sides 7.50*

**bacon braised greens**

**crabmeat stuffed baked potato**

**fresh seasonal side salad** (*may contain nuts*)

**market vegetable** *seasonal preparation*