

## LUNCH MAINS

### Legal's Signature Crab Cake 17.95

jumbo lump crab, mustard sauce, seasonal salad, choice of one house side

### Jasmine Special 16.95

steamed shrimp and broccoli over jasmine rice with melted monterey jack cheese *(available with brown rice)*

### Anna's Baked Boston Cod 17.95

seasoned crumbs, roasted tomato, spinach jasmine rice

### Everything Tuna\*...market price

*(cooked medium rare)* roasted red pepper sauce, cucumber sauce, jasmine rice, sautéed spinach

### Bowl of Gumbo 16.95 / Chicken 12.95 / Crab 18.95

jasmine rice, fried okra *with*

### Portuguese Fisherman's Stew 16.95

saffron tomato broth, chouriço

**Salmon Rice Bowl** brown rice, kimchi, shiitake, seaweed salad, spinach, gochujang sauce and sesame vinaigrette substitute:

**Tuna\* Sashimi** 17.95 / **Tofu** 15.95 /

**Grilled Shrimp** 17.95 / **Grilled Chicken** 16.95

### Grilled Mediterranean Salmon 17.95

hummus, cucumber yogurt sauce, orzo, whole wheat pita chips

### Seafood Casserole 15.95

scallops, shrimp and whitefish baked with cheese and sherry garlic butter

### Crispy Fish Tacos 14.95

avocado, pickled cabbage, chipotle mayo, ham hock braised black beans and rice

### Blackened Tuna Tacos 15.95

avocado, pickled cabbage, chipotle mayo, ham hock braised black beans and rice

Please note: If you have specific dietary requirements, preferences, or a food allergy, please speak to the owner, manager, chef, or your server.

## SALADS

### House Salad 8.50

cherry tomato, shaved carrot and sunflower seeds, creamy romano peppercorn dressing or tomato balsamic vinaigrette

### Classic Caesar Salad 8.50

romaine, garlic croutons, shaved romano, creamy dressing

### Chopped Greek Salad 9.50

olives, cucumbers, tomatoes, chick peas and feta

### Vine Ripe Tomato & Manouri Cheese Salad 7.95

cucumber, basil, pickled red onion, white balsamic vinaigrette

### Spinach Quinoa Salad 8.95

pear tomatoes, cider dijon vinaigrette

### Top any of the above salads with:

- **Grilled Chicken** 5.00 *additional*
- **New England Crabmeat** 11.00 *additional*
- **Grilled Shrimp** 9.00 *additional*
- **Grilled Salmon** 10.00 *additional*

## SANDWICHES, BURGERS & PO BOYS

### Grilled Chicken Sandwich 12.95

applewood smoked bacon, jack cheese, lettuce, tomato and mayo

### Tuna Burger 16.95

freshly ground tuna, chili paste, crumbs and spices

### Lobster Roll...market price

warm butter poached or traditional with mayo

### Crabmeat Roll 19.95

delicate New England crabmeat on a warm buttery bun

### Super Sea Roll 22.95

lobster, shrimp, crab, avocado, bacon, lemon mayo

### Legal's Crab Cake 17.95

jumbo lump crab on a bun with mustard sauce

### Burger\* 13.50

can be undercooked upon request  
add cheese for 1.00

### Crispy Fish Sandwich 13.95

tartar sauce, lettuce and tomato

### Catfish Po' Boy 12.95

crispy fried with shredded lettuce, tomato, chipotle mayo

### Shrimp Po' Boy 14.95

crispy fried with shredded lettuce, tomato, chipotle mayo

### Oyster Po' Boy 14.95

crispy fried with shredded lettuce, tomato, chipotle mayo

add a fried egg to any sandwich 1.00

## LUNCH CHAR GRILLED

comes with choice of two house sides or opt for two premium sides for an additional 1.95 each

### Swordfish Steak...market price

**Tuna\* Steak** *(medium rare)*...market price

**HiddenFjord Faroe Island Salmon** 17.95

**Rainbow Trout** 16.95

**Shrimp** 17.95

**North Atlantic Sea Scallops**...market price

dry packed

**Marinated Chicken** 21.95

add a skewer of scallops 9.95 or shrimp 6.95

## FLAVORS

**kung pao sauce**

**lemon butter sauce**

**cucumber yogurt sauce**

**bacon shallot brown butter**

**cajun spice**

**shandong sauce**

## HOUSE SIDES

*a la carte house sides 5.50*

**french fries**

**brown rice, leeks, garlic**

**broccoli & cheese**

**spinach**

**seaweed salad**

**jasmine rice**

**mashed sweet potatoes**

**cole slaw** (1.95)

## PREMIUM SIDES

*a la carte premium sides 7.50*

**bacon braised greens**

**crabmeat stuffed baked potato**

**fresh seasonal side salad**

**crispy risotto cake** *corn, cucumber, tomato jam*

**roasted mushrooms** *confit shallots, herb oil, garlic butter*

**grilled asparagus** *pecorino romano*

## LUNCH CRISPY FRIED fries and cole slaw

**Seafood Trio** shrimp, whitefish, calamari 19.95

**New England Fried Clams**...market price

whole-bellied, sweet & petite, dry packed

**Shrimp** 17.95

**North Atlantic Sea Scallops** dry packed...market price

**Haddock** 17.95

**Catfish** 13.95

**Fish & Chips** regular or spicy 16.95



*If it isn't fresh, it isn't Legal!\**

## TAKE-OUT MENU

Enjoy your take-out order.

I am confident you will be completely satisfied.

We're angling for your thoughts -  
Give us a call and speak to any of our  
Managers with your feedback.

Thank you!

Tyson's Galleria

2001 International

McLean, VA 22102

Phone: 703-827-8900

Fax: 703-827-9750

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Order Packaged By

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Date

Restaurant Guest Services  
guestservices@legalseafoods.com  
800.732.0392 x9305

Prices subject to change.

## APPETIZERS plates to share

**Jumbo Shrimp Cocktail** 16.50

**Crispy Point Judith Calamari** 13.95

- regular
- spicy
- **Rhode Island style** (*hot peppers and garlic*)
- **Thai style** (*pineapple and peanuts*)

**Shrimp Wontons** 11.95

steamed with seaweed salad

**Buffalo Popcorn Shrimp** 11.95

avocado, blue cheese, celery hearts

**Hot Lump Crab Dip** 11.95

horseradish, cheddar and cream cheese, seafood chips

**Bang Bang Cauliflower** kung pao 7.95

**Legal’s Signature Crab Cake** 16.95

jumbo lump crab, mustard sauce, seasonal salad

**Kung Pao Chicken Wings** 11.95

## PURE & FRESH SHELLFISH

**Fried Oysters** chorizo aioli 12.95

**Steamers** (soft shell clams) 16.95

steamed with drawn butter

**Sautéed Mussels** 13.95

1 1/2 pounds with garlic, white wine, crushed red pepper

**New England Fried Clams**...market price

whole-bellied, sweet & petite, dry packed

## SOUPS

**New England Clam Chowder** cup 6.75 / bowl 9.50

**Lite Clam Chowder** cup 6.75 / bowl 9.50

**Maryland Cream of Crab Soup** cup 6.75 / bowl 9.50

## CLASSICS

**Lobster Bake**...market price

cup of clam chowder, steamers, mussels, chouriço, corn on the cob, steamed 1-1.25 lb. lobster (*larger sizes available please inquire*)

**Anna’s Baked Boston Cod** 23.50

seasoned crumbs, roasted tomato, spinach, jasmine rice (cod or had-dock depending on landings)

**Jasmine Special** 24.95

steamed shrimp and broccoli over jasmine rice with melted monterey jack cheese (*available with brown rice*)

**Shrimp and Garlic** 24.95

sautéed with tomato, scallions and mushrooms, tossed with fresh pasta

**Baked Stuffed Shrimp Casserole** 27.95

jumbo shrimp, buttery crabmeat stuffing, choice of one house side

**Louisiana Catfish Matrimony** 17.95

sautéed with shrimp and andouille sausage, jasmine rice, seasonal vegetables

**Red Onion Jam Swordfish**...market price

jasmine rice, sautéed sherry mushrooms and spinach

**Everything Tuna\***...market price

grilled medium rare with everything spice mix, roasted red pepper and cucumber sauce, jasmine rice, spinach

**Legal’s Signature Crab Cakes** 30.95

two jumbo lump crab cakes, mustard sauce, seasonal salad

**Legal’s Signature Crab Cake Combo** 30.95

one jumbo lump crab cake, grilled shrimp and scallops, mustard sauce, seasonal salad

**Pecan Crusted Snapper** 25.95

bourbon butter sauce, mashed sweet potato, buttered green beans

**Cioppino** 30.95

lobster, scallops, shrimp, calamari, littlenecks, mussels and whitefish in a light tomato broth

**Seafood Casserole** 28.95

scallops, shrimp, lobster, whitefish and cheese baked with sherry garlic butter, choice of one house side

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## LOBSTERS & SURF N’ TURF

comes with choice of two house sides or opt for two premium sides for an additional 1.95 each

**Steamed Lobster**...market price

- **1.25 - 1.50 lb.**
- **1.50 - 1.75 lb.**

**Baked Stuffed Lobster** add 6.00

shrimp & scallop buttery cracker stuffing

**BBQ Ribs & Shrimp** 24.95

**Filet Mignon\*** 6 oz.

bacon shallot brown butter

*with*

- **Shrimp and Scallops** 41.95
- **Steamed Lobster** 44.95
- **Crab Cake** 41.95

## CRISPY FRIED

fries and cole slaw

**Fish & Chips** 19.95

regular or spicy

**Fisherman’s Platter** 29.95

shrimp, scallops, calamari, clams & whitefish

**New England Clams**...market price

whole-bellied, sweet & petite, dry packed

**North Atlantic Sea Scallops**...market price

dry packed

**Oysters** 21.95

**Haddock** 25.95

**Shrimp** 23.95

\*Served raw or undercooked, or contain (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

## CHAR GRILLED

comes with choice of two house sides or opt for two premium sides for an additional 1.95 each

**HiddenFjord Faroe Island Salmon** 26.95

**Swordfish Steak**...market price

**Tuna\* Steak** (*medium rare*)...market price

**Snapper** 25.95

**Rainbow Trout** 19.95

**Shrimp** 23.95

**North Atlantic Sea Scallops**...market price

dry packed

**Chef’s Assortment\*** 28.95

chef’s choice of three fish (*can be cooked medium rare*), shrimp and scallops

add a skewer of scallops 9.95 or shrimp 6.95

**Grilled 8 oz. Filet Mignon\*** 34.95

bacon shallot brown butter

**Marinated Chicken** 21.95

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