

LUNCH CLASSICS

Shrimp Casserole 15.95 🌿
monterey jack cheese and sherry garlic butter

Legal's Signature Crab Cake 18.50
jumbo lump crab, mustard sauce, seasonal salad (*may contain nuts*),
choice of one house side

Grilled Mediterranean Salmon 18.50
hummus, cucumber yogurt sauce, orzo, whole wheat pita chips

Curried Shrimp 15.95
pineapple, peanuts and jasmine rice

Jasmine Special 16.95 🌿
steamed shrimp and broccoli over jasmine rice with melted jack
cheese (*available with garlic leek brown rice*)

Anna's Baked Boston Cod 18.95 🌿
seasoned crumbs, roasted tomato, spinach, jasmine rice

Portuguese Fisherman's Stew 16.95 🌿
whitefish stewed with mussels, clams and chouriço sausage
in a saffron tomato broth

Everything Spiced Tuna* (*cooked medium rare*) 17.95 🌿
roasted red pepper sauce, jasmine rice, sautéed spinach

Salmon Rice Bowl 17.95
garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach,
gouchujang sauce and sesame vinaigrette, substitute:
• **Tuna "Sashimi"*** 17.95
• **Kung Pao Tofu** 15.95

TACOS ham hock braised black beans and rice

Crispy Fish Tacos 15.95
avocado, pickled cabbage, chipotle mayo

Blackened Tuna Tacos* 15.95
avocado, pickled cabbage, chipotle mayo

Before placing your order, please inform your server if
a person in your party has a food allergy. Allergen,
ingredient and calorie information available upon
request.

*Served raw or undercooked, or contains (or may contain) raw
or undercooked ingredients. Consuming raw or undercooked
meats, poultry, seafood, shellfish, or eggs may increase your
risk of foodborne illness, especially if you have certain medical
conditions.

LUNCH SALADS

House Salad 8.95 🌿
cherry tomato, shaved carrot and sunflower seeds,
creamy romano peppercorn dressing or
tomato balsamic vinaigrette

Classic Caesar Salad 8.95 🌿
romaine hearts, garlic croutons, shaved romano, creamy dressing*

Chopped Greek Salad 9.95 🌿
olives, cucumbers, tomatoes, chickpeas, feta

Market Salad 8.95
seasonal selection (*may contain nuts*)

Vine Ripe Tomato & Burrata Salad 8.95
arugula, radicchio, pesto vinaigrette

Top any of the above salads with:
• **Grilled Organic Chicken** 6.50 *additional* 🌿
• **New England Crabmeat** 12.00 *additional* 🌿
• **Grilled Shrimp** 9.00 *additional* 🌿
• **Grilled Salmon** 10.00 *additional* 🌿

SANDWICHES fries & coleslaw

Legal's Crab Cake 18.50
jumbo lump crab on a bun with mustard sauce

Tuna Burger 16.95
freshly ground tuna, chili paste, crumbs and spices

Lobster Roll...market price 🌿
warm butter poached or traditional with mayo

Salmon Avocado BLT* 14.95
chipotle mayo, avocado, multigrain toast

Crispy Fish Sandwich 14.95 🌿
tartar sauce, lettuce and tomato

Grilled Organic Chicken Sandwich 14.95 🌿
applewood smoked bacon, jack cheese, lettuce, tomato and mayo

Hamburger* 13.95 🌿
(*can be undercooked upon request*)
add cheese for 1.00

LUNCH OPEN FLAME GRILLED

*choice of two house sides or opt for two premium sides
for an additional 1.95 each*

Salmon* 🌿 18.50

Rainbow Trout 🌿 16.95

Shrimp 🌿 17.95

North Atlantic Sea Scallops 🌿 market price
dry-packed

Haddock 🌿 18.95

selections based on quality and availability

add a skewer of scallops 9.95 🌿 or shrimp 6.95 🌿

HOUSE SIDES

french fries 🌿 seaweed salad
corn on the cob 🌿 jasmine rice 🌿
garlic leek brown rice 🌿 mashed potatoes 🌿
broccoli 🌿 sautéed spinach 🌿
coleslaw (1.95) 🌿

a la carte house sides 5.50

PREMIUM SIDES

sautéed kale *honey yogurt, roasted peanuts* 🌿

fresh seasonal side salad (*may contain nuts*)

roasted mushrooms *confit shallots, herb oil, garlic butter* 🌿

market vegetable *seasonal preparation*

a la carte premium sides 7.50

FLAVORS

kung pao sauce shandong sauce
lemon butter sauce 🌿 cajun spice 🌿
cucumber yogurt sauce 🌿 herbes de provence butter 🌿

LUNCH CRISPY FRIED fries & coleslaw

Seafood Trio 18.95 🌿
shrimp, whitefish, calamari

New England Fried Clams...market price 🌿
dry-packed, whole-bellied, sweet & petite

Fish & Chips regular or spicy 16.95 🌿

Shrimp 17.95 🌿

North Atlantic Sea Scallops...market price 🌿
dry-packed

Cod 18.95 🌿



If it isn't fresh, it isn't Legal!®

TAKE-OUT MENU

Paramus

One Garden State Plaza

Paramus, NJ 07652

Phone: 201-843-8483

Order Packaged By

Date

Restaurant Guest Services
guestservices@legalseafoods.com
800.732.0392 x9305

Prices subject to change.

STARTERS, SOUPS & SALADS

Steamers with drawn butter 17.95 🍴

Jumbo Shrimp Cocktail 16.50 🍴

New England Fried Clams...market price
dry-packed, whole-bellied, sweet & petite

Sautéed Mussels 14.95 🍴
1 ½ pounds with garlic, white wine, crushed red pepper

Legal's Signature Crab Cake 17.50
jumbo lump crab, mustard sauce, seasonal salad (*may contain nuts*)

Fried Oysters chorizo aioli 13.95

Crispy Calamari 14.95
• **regular or spicy** 🍴
• **Rhode Island style** (*hot peppers and garlic*) 🍴
• **Thai style** (*pineapple and peanuts*)

Shrimp Wontons 11.95
steamed with seaweed salad

Buffalo Popcorn Shrimp 12.95 🍴
avocado, blue cheese, celery hearts

Bang Bang Cauliflower kung pao 8.50

Hot Lump Crab Dip 13.95
horseradish, cheddar and cream cheese, seafood chips

Kung Pao Chicken Wings 11.95

Legal's New England Clam Chowder
cup 6.95 bowl 9.95

Lite Clam Chowder cup 6.95 bowl 9.95 🍴

Lobster Bisque cup 8.95 bowl 12.95
authentic creamy bisque garnished with lobster

CLASSICS

Legal's Signature Crab Cake Combo 31.95
one jumbo lump crab cake, grilled shrimp and scallops,
mustard sauce, seasonal salad (*may contain nuts*)

Legal's Signature Crab Cakes 31.95
two jumbo lump crab cakes, mustard sauce,
seasonal salad (*may contain nuts*)

Baked Stuffed Shrimp Casserole 28.95
jumbo shrimp, buttery crabmeat stuffing,
choice of one house side

Nutty Salmon 26.95
almond-encrusted, sautéed in a lemon caper butter sauce,
mushroom ravioli, spinach

Shrimp and Garlic 24.95
sautéed with tomato, scallions and mushrooms,
tossed with fresh pasta

Anna's Baked Boston Cod 24.95 🍴
seasoned crumbs, roasted tomato, spinach, jasmine rice

Lobster Ravioli & Shrimp "Fra Diavolo" 25.95
spicy plum tomato broth, garlic croustade

Jasmine Special 24.95 🍴
steamed shrimp and broccoli over jasmine rice with melted
monterey jack cheese (*available with garlic leek brown rice*)

Cioppino 32.95 🍴
lobster, scallops, shrimp, calamari, littlenecks, mussels
and whitefish in a light tomato broth

Seafood Casserole 29.95 🍴
scallops, shrimp, lobster, whitefish and cheese baked with
sherry garlic butter, choice of one house side

Red Onion Jam Swordfish...market price 🍴
jasmine rice, sautéed sherry mushrooms, spinach

Everything Tuna*...market price 🍴
grilled medium rare with everything spice mix, roasted red pepper
and cucumber sauce, jasmine rice, spinach

Salmon Rice Bowl* 23.95
garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach,
gouchujang sauce and sesame vinaigrette, substitute:

- **Tuna "Sashimi"*** 23.95
- **Kung Pao Tofu** 17.95

LEGAL LOBSTERS
from crisp, cold North Atlantic waters

Steamed Lobsters...market price 🍴
1.25 - 1.50 lb.
1.50 - 1.75 lb.
2.00 - 2.50 lb.

Lobster Bake...market price 🍴
clam chowder, steamers, mussels, chouriço, 1-1.25 lb lobster

Baked Stuffed Lobsters add 8.00 🍴
shrimp and scallop buttery cracker stuffing

SURF & TURF

Surf & Turf*
6 oz. filet, herbes de provence butter, choice of two sides
• **Baked Stuffed Shrimp** 42.95
• **Grilled Shrimp & Scallops** 42.95 🍴
• **Steamed 1 - 1.25 lb. Lobster** 45.95 🍴

King Crab Legs 46.95 🍴
steamed or braised with sherry garlic butter

Grilled 8 oz. Filet Mignon* 35.95 🍴
herbes de provence butter, choice of two house sides

Marinated Grilled Organic Chicken 22.95 🍴
broccoli, mashed potatoes, lemon chive butter sauce

CRISPY FRIED fries & coleslaw

Fisherman's Platter 29.95 🍴
shrimp, scallops, calamari, clams and whitefish

New England Fried Clams...market price 🍴
dry-packed, whole-bellied, sweet & petite

Fish & Chips regular or spicy 20.95 🍴

Shrimp 23.95 🍴

North Atlantic Sea Scallops...market price 🍴
dry-packed

Cod 24.95 🍴

OPEN FLAME GRILLED
*choice of two house sides or opt for two premium sides
for an additional 1.95 each*

Swordfish Steak 🍴 market price

Tuna Steak* (*cooked medium rare*) 🍴 market price

Salmon* 🍴 26.95

Rainbow Trout 🍴 19.95

Shrimp 🍴 23.95

North Atlantic Sea Scallops 🍴 market price
dry-packed

Haddock 🍴 26.95

add a skewer of scallops 9.95 🍴 or shrimp 6.95 🍴

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sautéed kale *honey yogurt, roasted peanuts* 🍴
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market vegetable *seasonal preparation*
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