

Lunch Salads

Big Green Salad 7.95

carrots, cucumber, tomato, crispy shallots, cider dijon vinaigrette

Red Salad 8.95

radicchio, gorgonzola, candied pecans, dried cherries, balsamic vinaigrette

Tortilla, Apple and Goat Cheese 8.50

avocado, roasted red peppers, chipotle orange dressing

Classic Caesar Salad 8.50

romaine, garlic croutons, shaved romano, creamy dressing

Wedge Salad 9.95

blue cheese, bacon, tomatoes, blue cheese vinaigrette

Top any of the above salads with:

- Grilled Chicken 5.00 *additional*
- New England Crabmeat 11.00 *additional*
- Grilled Shrimp 9.00 *additional*
- Grilled Salmon 10.00 *additional*
- Lobster Salad...market price

Sandwiches

french fries and cole slaw

Grilled Salmon Reuben 13.95

Russian dressing, gouda and cole slaw on marble rye

Beef* Burger Patty Melt 13.50

caramelized onions, swiss cheese, toasted rye

The Lobster Wrap...market price

freshly shucked native lobster, avocado, bacon and chipotle mayo

Tuna Burger 15.95

freshly ground tuna, spices, roasted red pepper sauce

Panko Romano Fish Sandwich 13.95

chipotle tartar sauce, pickled red onion

Cubano 12.95

pulled pork, ham, swiss, pickles, sweet & spicy mustard, fried plantains

(C) BLT 12.95

marinated grilled chicken, chipotle mayo

Crispy Fried Soft Shell Crab Sub 14.95

cherry pepper & pickle relish, roasted red pepper mayo

Blackened Grouper Tacos 14.95

mango salsa, sriracha lime aioli, ham hock braised black beans and rice

Lunch Entrees

Legal's Signature Crab Cake 17.95

jumbo lump crab, mustard sauce, seasonal salad, jasmine rice

Crabmeat and Avocado 19.95

tomato, cucumber, egg, big green lettuce mix
cider dijon vinaigrette

New England Fried Clams...market price

whole-bellied, sweet & petite, tartar sauce, french fries, coleslaw

Roasted Cod & Olive Meyer Lemon Relish 17.95

jasmine rice, spinach

Shandong Shrimp 17.95

seaweed salad, jasmine rice

HiddenFjord Faroe Island Salmon 18.95

grilled asparagus, jasmine rice

Beer Battered Fish and Chips 16.95

tartar sauce, french fries, cole slaw

North Atlantic Sea Scallops 21.95

brown rice pilaf, spinach

Bistro Steak Tips 18.95

fingerling potatoes, mushrooms, onions, garlic butter

Shrimp Noodle Bowl 15.95

lo mein, shiitake, cucumber, seaweed salad, avocado, radish, tahini dressing

Grilled Seafood Antipasto 24.95

shrimp, scallops, squid, mussels, olive meyer lemon relish, aged cheddar, romaine

Cajun Grilled Rainbow Trout 19.95

sweet potato mash, buttered green beans

LEGAL C BAR

Take-Out Menu

Enjoy your take-out order.

I am confident you will be completely satisfied.

We're angling for your thoughts -
Give us a call and speak to any of our
Managers with your feedback.

Thank you!

220 Market Street
Lynnfield, MA 01940

Phone: 781-406-2500

Order Packaged By

Date

Restaurant Guest Services
guestservices@legalseafoods.com
800.732.0392 x9305

*Served raw or undercooked, or contain (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Please note: Before placing your order, please inform your server if a person in your party has a food allergy.

Starters, Chowders & Salads

Blackened Tuna* Sashimi 10.95
sesame chili vinaigrette, seaweed salad and wasabi

Jumbo Shrimp Cocktail 15.95

Fried Pickles romano peppercorn dressing 3.95

Sweet and Spicy Ribs cumin carrot cabbage slaw 10.95

Spicy Tuna Meatballs 10.00
freshly ground tuna, romano cheese, calabrian pepper sauce

Legal's Signature Crab Cake 16.95
jumbo lump crab, mustard sauce, seasonal salad

Thai Curry Mussels 11.95
pineapple, tomato, lime, cilantro

Coconut Shrimp orange ginger marmalade 13.95

Devilish Deviled Eggs 4.95
crispy shallots, blue cheese, bacon

Thai Roasted Chicken Wings 11.95

Warm Spinach and Feta Dip 8.95
whole wheat pita chips

Crispy Point Judith Calamari 12.95
regular or Rhode Island style (hot peppers and garlic)

Sriracha Lime Popcorn Shrimp 11.95

Edamame togarashi or sea salt 4.95

Bang Bang Cauliflower kung pao 7.50

Chowders mug 7.50
• New England Clam
• Rhode Island Red Clam

Lobster Bisque mug 9.95

Big Green Salad 7.95
carrots, cucumber, tomato, crispy shallots,
cider dijon vinaigrette

Red Salad 8.95
radicchio, gorgonzola, candied pecans, dried cherries,
balsamic vinaigrette

Tortilla, Apple and Goat Cheese 8.50
avocado, roasted red peppers, chipotle orange dressing

Caesar Salad 8.50
romaine hearts, garlic croutons, shaved romano, creamy dressing

Classic Iceberg Wedge 9.95
blue cheese, bacon, tomatoes, blue cheese vinaigrette
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Classics

Legal's Signature Crab Cake Combo 30.95
one jumbo lump crab cake, grilled shrimp and scallops, mustard
sauce, seasonal salad

**Hoisin Glazed HiddenFjord
Faroe Island Salmon** 21.95
hoisin sauce and vegetable pad thai with crushed peanuts

Seafood Paella 22.95
shrimp, calamari, clams, mussels, chicken, and Spanish chorizo
in a tomato saffron calasparra rice

Roasted Cod & Olive Meyer Lemon Relish 22.95
jasmine rice, spinach

Fried Shrimp & Scallops 26.95
tartar sauce, french fries, cole slaw

Linguini & Clams pancetta, garlic, white wine 18.95

Bistro Steak* Tips 20.95
fingerling potatoes, mushrooms, onions, garlic butter

Blackened Tuna* Steak...market price
blackberry beurre rouge, jasmine rice,
buttered green beans

Roasted Half Chicken Caponata 19.95
piquillo pepper sauce, eggplant, celery, peppers, golden raisins,
pine nuts side of fingerling potatoes, mushrooms, onions,
garlic butter

Filet of Sole Francese 26.95
romano egg batter, lemon white wine sauce, brown rice pilaf,
spinach

Truffled Lobster Mac and Cheese...market price
cavatappi, cheddar and fontina cheese sauce, peas

Grilled Grouper 27.95
mango lime salsa, coconut cilantro sticky rice,
buttered green beans

New England Fried Clams...market price
whole-bellied, sweet & petite, dry packed

Beer Battered Fish and Chips 19.95
tartar sauce, french fries, cole slaw

Grilled Seafood Antipasto 24.95
shrimp, scallops, squid, mussels, olive meyer lemon relish,
aged cheddar, romaine

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server if a person in your party has a food allergy.

Pizza

White Clam Pizza pancetta and arugula 11.95

Crab & Pepperoni Pizza 13.95
mozzarella, peppadew peppers

Chicken Margherita 12.95
fresh mozzarella, basil, tomato sauce

Lobster Bake...Market Price
clam sauce, chorizo, corn, fontina

Chef's Daily Feature

Legal Lobsters

from crisp, cold north atlantic waters

Steamed...market price
• 1.25-1.50 lb.
• 1.50-1.75 lb.
• 2.00-2.50 lb.

Baked Stuffed 6.00 more
shrimp and scallop buttery cracker stuffing

New England Lobster Bake...market price
cup of our famous clam chowder, steamed clams and mussels,
grilled chouriço, corn on the cob, steamed 1-1.25 lb. lobster

Dinner Sandwiches

french fries and cole slaw

Tuna Burger 15.95
freshly ground tuna, spices, roasted red pepper sauce

Cubano 12.95
pulled pork, ham, swiss, pickles, sweet & spicy mustard,
fried plantains

The Lobster Wrap...market price
freshly shucked native lobster, avocado, bacon and chipotle mayo
on grilled flatbread

Beef* Burger Patty Melt 13.50
caramelized onions, swiss cheese, toasted rye

Prices subject to change.

Open Flame Grilled

*comes with choice of two house sides or opt for two premium sides
for an additional 1.95 each*

Swordfish...market price

Yellow Fin Tuna*...market price

Rainbow Trout 19.95

HiddenFjord Faroe Island Salmon 21.95
ranchd at sea

Shrimp 23.95

Grouper 27.95

North Atlantic Sea Scallops...market price
dry packed

Include a skewer of scallops for 9.95 or shrimp for 6.95

House Sides

sweet potato mashed

onion strings

jasmine rice

spinach

brown rice pilaf

chef's vegetable

a la carte house sides 5.50

Premium Sides

sauteed kale

honey yogurt, roasted peanuts

fingerling potatoes

mushrooms, onions, garlic butter

grilled asparagus

pecorino

fresh seasonal side salad

caesar salad

romaine, garlic croutons, shaved romano, creamy dressing

a la carte premium sides 6.95

Flavors

cajun spice

shandong sauce

kung pao

olive meyer lemon relish

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conditions.