

Salads

Big Green Salad 8.50

carrots, cucumber, tomato, crispy shallots, cider dijon vinaigrette

Baby Gem & Halloumi Salad 8.95

avocado, crispy chickpeas, roasted garlic-lemon dressing

Caesar Salad 8.95

romaine hearts, garlic croutons, shaved romano, creamy dressing

Tortilla, Apple and Goat Cheese Salad 8.50

avocado, roasted red peppers, chipotle orange dressing

Wedge Salad 9.95

blue cheese, bacon, tomatoes, blue cheese vinaigrette

Top any of the above salads with:

- Grilled Organic Chicken 6.50 *additional*
- New England Crabmeat 12.00 *additional*
- Grilled Shrimp 9.00 *additional*
- Grilled Salmon* 10.00 *additional*
- Lobster Salad...market price

Lunch Classics

Legal's Signature Crab Cake 18.50

jumbo lump crab, mustard sauce, jasmine rice seasonal salad (*may contain nuts*)

Crabmeat and Avocado 19.95

tomato, cucumber, egg, big green lettuce mix cider dijon vinaigrette

New England Fried Clams...market price

dry-packed, whole-bellied, sweet & petite, tartar sauce, fries, coleslaw

Roasted Cod & Olive Meyer Lemon Relish 18.95

jasmine rice, spinach

Shandong Shrimp 17.95

seaweed salad, jasmine rice

Grilled Salmon* 18.95

jasmine rice, seasonal vegetable

Beer Battered Fish and Chips 16.95

tartar sauce, fries, coleslaw

North Atlantic Sea Scallops...market price

brown rice pilaf, spinach

Bistro Steak Tips* 20.95

fingering potatoes, mushrooms, onions, garlic butter

Legal C Bar Bento Box* 19.95

tuna nigiri, shrimp wontons, coconut shrimp, salmon avocado sushi roll

Cajun Grilled Rainbow Trout 19.95

mashed sweet potatoes, sautéed spinach

Sandwiches

fries and coleslaw

Blackened Salmon Reuben 14.95

Russian dressing, gouda and coleslaw on rye

Patty Melt* 14.95

hamburger, caramelized onions, swiss cheese, toasted rye

Lobster Wrap...market price

freshly shucked lobster, avocado, bacon and chipotle mayo

Tuna Burger 16.95

freshly ground tuna, spices, roasted red pepper sauce

Panko Romano Fish Sandwich 14.95

chipotle tartar sauce, pickled red onion

Cubano 13.95

pulled pork, ham, swiss, pickles, sweet & spicy mustard, fried plantains

(C) BLT 14.95

marinated grilled organic chicken, chipotle mayo

Grilled Mahi Mahi Tacos 14.95

ham hock braised black beans and rice, pineapple salsa, red cabbage crudito, chipotle lime crema

LEGAL C BAR

TAKE-OUT MENU

220 Market Street
Lynnfield, MA 01940

Phone: 781-406-2500

Order Packaged By

Date

Restaurant Guest Services
guestservices@legalseafoods.com
800.732.0392 x9305

*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Before placing your order, please inform your server if a person in your party has a food allergy. Allergen, ingredient and calorie information available upon request.

Starters & Soups

Blackened Tuna "Sashimi"* 11.95
sesame chili vinaigrette, seaweed salad and wasabi

Spicy Tuna Avocado Bomb* 14.95
seaweed salad, tobiko, teriyaki sauce

Jumbo Shrimp Cocktail 15.95

Fried Pickles romano peppercorn dressing 3.95

Sweet and Spicy Ribs cumin, carrot and cabbage slaw 10.95

Spicy Tuna Meatballs 9.95
freshly ground tuna, romano cheese, calabrian pepper sauce

Legal's Signature Crab Cake 17.50
jumbo lump crab, mustard sauce, seasonal salad (*may contain nuts*)

Mussels Fra Diavolo 14.95
calabrian pepper sauce, crostini

Coconut Shrimp orange ginger marmalade 14.50

Devilish Deviled Eggs 4.95
crispy shallots, blue cheese, bacon

Thai Roasted Chicken Wings 11.95

Warm Spinach and Feta Dip 8.95
whole wheat pita chips

Crispy Calamari 14.95
regular or Rhode Island style (*hot peppers and garlic*)

Edamame togarashi or sea salt 4.95

Bang Bang Cauliflower* kung pao 8.50

New England Clam Chowder mug 7.95

Rhode Island Red Clam Chowder mug 7.95

Lobster Bisque mug 9.95

Classics

Legal's Signature Crab Cake Combo 31.95
one jumbo lump crab cake, grilled shrimp and scallops, mustard sauce, seasonal salad (*may contain nuts*)

Hoisin Glazed Salmon* 22.95
hoisin sauce and vegetable pad thai with crushed peanuts

Seafood Paella 23.95
shrimp, calamari, clams, mussels, chicken, and Spanish chorizo in tomato saffron calasparra rice

Roasted Cod & Olive Meyer Lemon Relish 24.95
jasmine rice, spinach

Fried Seafood Trio 26.95
shrimp, scallops, calamari, tartar sauce, fries, coleslaw

Linguini & Clams pancetta, garlic, white wine 18.95

Bistro Steak Tips* 20.95
fingerling potatoes, mushrooms, onions, garlic butter

Sesame Tuna*...market price
jasmine rice, seaweed salad, kung pao sauce

Pan-Roasted Chicken 20.95
mashed sweet potatoes, seasonal vegetable, roasted chicken jus

Fillet of Sole Francese 26.95
romano egg batter, lemon white wine sauce, brown rice pilaf, spinach

Truffled Lobster Mac and Cheese...market price
cavatappi, cheddar and fontina cheese sauce, peas

Thai Grilled Mahi Mahi 26.95
pineapple salsa, coconut cilantro sticky rice, baby bok choy, yellow curry sauce

New England Fried Clams...market price
dry-packed, whole-bellied, sweet & petite

Beer Battered Fish and Chips 20.95
tartar sauce, fries, coleslaw

Grilled Seafood Antipasto 24.95
shrimp, scallops, squid, mussels, olive meyer lemon relish, aged cheddar, romaine

Before placing your order, please inform your server if a person in your party has a food allergy. Allergen, ingredient and calorie information available upon request.

Pizza

White Clam pancetta and arugula 11.95

Crab & Pepperoni 15.95
mozzarella, peppadew peppers

Chipotle BBQ Organic Chicken 12.95
bacon, jalapeño jam, gouda, cheddar

Tomato Pesto* 12.95
mozzarella, egg, arugula

Chef's Daily Feature

Legal Lobsters

from crisp, cold north atlantic waters

Steamed Lobsters...market price

- 1.25-1.50 lb.
- 1.50-1.75 lb.
- 2.00-2.50 lb.

Baked Stuffed Lobsters 8.00 more
shrimp and scallop buttery cracker stuffing

New England Lobster Bake...market price
cup of our famous clam chowder, steamed clams and mussels, grilled chouriço, corn on the cob, steamed 1-1.25 lb. lobster

Open Flame Grilled

choice of two house sides or opt for two premium sides for an additional 1.95 each

Swordfish...market price

Yellowfin Tuna*...market price

Rainbow Trout 19.95

Salmon* 22.95

Shrimp 23.95

Mahi Mahi 26.95

North Atlantic Sea Scallops...market price
dry-packed

Include a skewer of scallops for 9.95 or shrimp for 6.95

House Sides

a la carte 5.50

mashed sweet potatoes

onion strings

jasmine rice

spinach

brown rice pilaf

grilled asparagus

Premium Sides

a la carte 7.50

sauteed kale

honey yogurt, roasted peanuts

fingerling potatoes

mushrooms, onions, garlic butter

fresh seasonal side salad

(*may contain nuts*)

caesar salad

romaine, garlic croutons, shaved romano, creamy dressing

Flavors

cajun spice

shandong sauce

kung pao

olive meyer lemon relish

*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Prices subject to change.