

Salads

Big Green Salad 7.95

carrots, cucumber, tomato, crispy shallots, cider dijon vinaigrette

Red Salad 8.95

radicchio, gorgonzola, candied pecans, dried cherries, balsamic vinaigrette

Tortilla, Apple and Goat Cheese 8.50

avocado, roasted red peppers, chipotle orange dressing

Classic Caesar Salad 8.50

romaine hearts, garlic croutons, shaved romano, creamy dressing

Wedge Salad 9.95

blue cheese, bacon, tomatoes, blue cheese vinaigrette

Top any of the above salads with:

- Grilled Organic Chicken 6.50 *additional*
- New England Crabmeat 12.00 *additional*
- Grilled Shrimp 9.00 *additional*
- Grilled Salmon 10.00 *additional*
- Lobster Salad...market price

Sandwiches

french fries and coleslaw

Blackened Salmon Reuben 13.95

Russian dressing, gouda and coleslaw on rye

Beef Burger Patty Melt* 13.95

caramelized onions, swiss cheese, toasted rye

The Lobster Wrap...market price

freshly shucked native lobster, avocado, bacon and chipotle mayo

Tuna Burger 16.95

freshly ground tuna, spices, roasted red pepper sauce

Panko Romano Fish Sandwich 13.95

chipotle tartar sauce, pickled red onion

Cubano 13.95

pulled pork, ham, swiss, pickles, sweet & spicy mustard, fried plantains

(C) BLT 13.95

marinated grilled organic chicken, chipotle mayo

Blackened Grouper Tacos 15.95

mango salsa, sriracha lime aioli, ham hock braised black beans and rice

Lunch Classics

Legal's Signature Crab Cake 17.95

jumbo lump crab, mustard sauce, jasmine rice
seasonal salad (*may contain nuts*)

Crabmeat and Avocado 19.95

tomato, cucumber, egg, big green lettuce mix
cider dijon vinaigrette

New England Fried Clams...market price

whole-bellied, sweet & petite, tartar sauce, french fries, coleslaw

Roasted Cod & Olive Meyer Lemon Relish 17.95

jasmine rice, spinach

Shandong Shrimp 17.95

seaweed salad, jasmine rice

Salmon 18.95

jasmine rice, seasonal vegetable

Beer Battered Fish and Chips 16.95

tartar sauce, french fries, coleslaw

North Atlantic Sea Scallops 22.95

brown rice pilaf, spinach

Bistro Steak Tips* 20.95

fingerling potatoes, mushrooms, onions, garlic butter

Legal C Bar Bento Box* 19.95

tuna nigiri, shrimp wontons, coconut shrimp,
salmon avocado sushi roll

Cajun Grilled Rainbow Trout 19.95

sweet potato mash, sautéed spinach

LEGAL C BAR

TAKE-OUT MENU

Enjoy your take-out order.

I am confident you will be completely satisfied.

We're angling for your thoughts -
Give us a call and speak to any of our
Managers with your feedback.

Thank you!

220 Market Street
Lynnfield, MA 01940

Phone: 781-406-2500

Order Packaged By

Date

Restaurant Guest Services
guestservices@legalseafoods.com
800.732.0392 x9305

*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Before placing your order, please inform your server if a person in your party has a food allergy.

Starters & Soups

Blackened Tuna "Sashimi"* 10.95
sesame chili vinaigrette, seaweed salad and wasabi

Spicy Tuna Avocado Bomb* 14.95
seaweed salad, tobiko, teriyaki sauce

Jumbo Shrimp Cocktail 15.95

Fried Pickles romano peppercorn dressing 3.95

Sweet and Spicy Ribs cumin carrot cabbage slaw 10.95

Spicy Tuna Meatballs 9.95
freshly ground tuna, romano cheese, calabrian pepper sauce

Legal's Signature Crab Cake 16.95
jumbo lump crab, mustard sauce, seasonal salad (*may contain nuts*)

Mussels Fra Diavolo 13.95
spicy calabrian pepper sauce, crostini

Coconut Shrimp orange ginger marmalade 13.95

Devilish Deviled Eggs 4.95
crispy shallots, blue cheese, bacon

Thai Roasted Chicken Wings 11.95

Warm Spinach and Feta Dip 8.95
whole wheat pita chips

Crispy Calamari 13.95
regular or Rhode Island style (hot peppers and garlic)

Steamed Shrimp Wontons 11.95
soy ginger dipping sauce, seaweed salad

Edamame togarashi or sea salt 4.95

Bang Bang Cauliflower kung pao 7.95

Chowders mug 7.50
• New England Clam
• Rhode Island Red Clam

Lobster Bisque mug 9.95

Classics

Legal's Signature Crab Cake Combo 30.95
one jumbo lump crab cake, grilled shrimp and scallops, mustard sauce, seasonal salad (*may contain nuts*)

Hoisin Glazed Salmon 21.95
hoisin sauce and vegetable pad thai with crushed peanuts

Seafood Paella 22.95
shrimp, calamari, clams, mussels, chicken, and Spanish chorizo in tomato saffron calasparra rice

Roasted Cod & Olive Meyer Lemon Relish 23.95
jasmine rice, spinach

Fried Seafood Trio 26.95
shrimp, scallops, calamari, tartar sauce, french fries, coleslaw

Linguini & Clams pancetta, garlic, white wine 18.95

Bistro Steak Tips* 20.95
fingerling potatoes, mushrooms, onions, garlic butter

Sesame Tuna*...market price
jasmine rice, seaweed salad, kung pao sauce

Pan Roasted Chicken 20.95
sweet potato mash, seasonal vegetable, roasted chicken jus

Filet of Sole Francese 26.95
romano egg batter, lemon white wine sauce, brown rice pilaf, spinach

Truffled Lobster Mac and Cheese...market price
cavatappi, cheddar and fontina cheese sauce, peas

Cajun Grilled Grouper 27.95
mango lime salsa, coconut cilantro sticky rice, buttered green beans

New England Fried Clams...market price
whole-bellied, sweet & petite, dry packed

Beer Battered Fish and Chips 19.95
tartar sauce, french fries, coleslaw

Grilled Seafood Antipasto 24.95
shrimp, scallops, squid, mussels, olive meyer lemon relish, aged cheddar, romaine

Pizza

White Clam Pizza pancetta and arugula 11.95

Crab & Pepperoni Pizza 13.95
mozzarella, peppadew peppers

Chipotle BBQ Organic Chicken 12.95
bacon, jalapeño jam, gouda, cheddar

Goat Cheese 13.95
local apple, spaghetti squash, pancetta

Chef's Daily Feature

Legal Lobsters

from crisp, cold north atlantic waters

Steamed...market price

- 1.25-1.50 lb.
- 1.50-1.75 lb.
- 2.00-2.50 lb.

Baked Stuffed 8.00 more
shrimp and scallop buttery cracker stuffing

New England Lobster Bake...market price
cup of our famous clam chowder, steamed clams and mussels, grilled chouriço, corn on the cob, steamed 1-1.25 lb. lobster

Dinner Sandwiches

french fries and coleslaw

Tuna Burger 16.95
freshly ground tuna, spices, roasted red pepper sauce

Cubano 13.95
pulled pork, ham, swiss, pickles, sweet & spicy mustard, fried plantains

The Lobster Wrap...market price
freshly shucked native lobster, avocado, bacon and chipotle mayo on grilled flatbread

Beef Burger Patty Melt* 13.95
caramelized onions, swiss cheese, toasted rye

Open Flame Grilled

comes with choice of two house sides or opt for two premium sides for an additional 1.95 each

Swordfish...market price

Yellowfin Tuna*...market price

Rainbow Trout 19.95

Salmon 21.95

Shrimp 23.95

Grouper 27.95

North Atlantic Sea Scallops...market price
dry packed

Include a skewer of scallops for 9.95 or shrimp for 6.95

House Sides

sweet potato mashed
onion strings
jasmine rice
spinach

brown rice pilaf
chef's vegetable
a la carte 5.50

Premium Sides

sauteed kale
honey yogurt, roasted peanuts
fingerling potatoes
mushrooms, onions, garlic butter

market vegetable
seasonal preparation

fresh seasonal side salad
(may contain nuts)

caesar salad
romaine, garlic croutons, shaved romano, creamy dressing
a la carte 6.95

Flavors

cajun spice
shandong sauce
kung pao
olive meyer lemon relish

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Prices subject to change.