

LUNCH CLASSICS

Legal's Signature Crab Cake 17.95

jumbo lump crab, mustard sauce, seasonal salad (*may contain nuts*), choice of one house side

Grilled Mediterranean Salmon 17.95

hummus, cucumber yogurt sauce, orzo, whole wheat pita chips

Louisiana Gumbo 16.95

shrimp, spicy andouille sausage and crispy fried okra with jasmine rice

Salmon Rice Bowl 22.95

brown rice, kimchi, shiitake, seaweed salad, spinach, gouchujang sauce and sesame vinaigrette, substitute:

- Tuna "Sashimi"* 22.95
- Kung Pao Tofu 16.95

SANDWICHES french fries and cole slaw

Legal's Crab Cake 17.95

jumbo lump crab on a bun with mustard sauce

Tuna Burger 16.95

freshly ground tuna, chili paste, crumbs and spices

Lobster Roll...market price

warm butter poached or traditional with mayo

Grilled Chicken Sandwich 12.95

applewood smoked bacon, jack cheese, lettuce, tomato and mayo

Crabmeat Roll 19.95

delicate New England crabmeat on a warm buttery bun

Crispy Fish Sandwich 13.95

tartar sauce, lettuce and tomato

Hamburger* 13.95

(can be undercooked upon request)

add cheese for 1.00

Please note: Before placing your order, please inform your server if a person in your party has a food allergy.

*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

LUNCH SALADS

House Salad 8.50

cherry tomato, shaved carrot and sunflower seeds, creamy romano peppercorn dressing or tomato balsamic vinaigrette

Market Salad (*may contain nuts*) 8.95

seasonal selection

Classic Caesar 8.50

romaine hearts, garlic croutons, shaved romano, creamy dressing*

Chopped Greek 9.50

diced olives, cucumbers, tomatoes, chickpeas and feta

Vine Ripe Tomato & Manouri Cheese Salad 8.50

cucumber, basil, pickled red onion, arugula, white balsamic vinaigrette

Top any of the above salads with...

- Grilled Chicken 6.00 *additional*
- New England Crabmeat 12.00 *additional*
- Grilled Shrimp 9.00 *additional*
- Grilled Salmon 10.00 *additional*

HOUSE SIDES

french fries

onion strings

brown rice, leeks, garlic

broccoli

a la carte house sides 5.50

seaweed salad

jasmine rice

mashed potatoes

cole slaw (1.95)

PREMIUM SIDES

sautéed kale

honey yogurt, roasted peanuts

fresh seasonal side salad (*may contain nuts*)

roasted mushrooms

confit shallots, herb oil, garlic butter

market vegetable

seasonal preparation

a la carte premium sides 7.50



If it isn't fresh, it isn't Legal!®

TAKE-OUT MENU

Enjoy your take-out order.

I am confident you will be completely satisfied.

We're angling for your thoughts - Give us a call and speak to any of our Managers with your feedback.

Thank you!

Long Wharf

255 State Street

Boston, MA 02109

Phone: 617-742-5300

Fax: 617-227-3919

Order Packaged By

Date

Restaurant Guest Services
guestservices@legalseafoods.com
800.732.0392 x9305

Prices subject to change.

STARTERS, SOUPS & SALADS

Steamers steamed with drawn butter 17.95

Smoked Salmon* 14.95
served chilled with homemade toasted brioche

Jumbo Shrimp Cocktail 15.95

New England Fried Clams...market price
whole-bellied, sweet & petite, dry packed

Sautéed Mussels 13.95
1 1/2 pounds with garlic, white wine, crushed red pepper

Legal's Signature Crab Cake 16.95
jumbo lump crab, mustard sauce, seasonal salad (*may contain nuts*)

Oysters Legal 16.95
baked with spinach, cheese and crumbs

Crispy Calamari 13.95
• **regular or spicy**
• **Rhode Island style** (hot peppers and garlic)
• **Thai style** (pineapple and peanuts)

Shrimp Wontons 11.95
steamed with seaweed salad

Buffalo Popcorn Shrimp 11.95
avocado, blue cheese, celery hearts

Bang Bang Cauliflower kung pao 7.95

Hot Lump Crab Dip 12.95
horseradish, cheddar and cream cheese, seafood chips

Kung Pao Chicken Wings 11.95

Legal's New England Clam Chowder
pint 9.95 / quart 14.50 / half gallon 23.50 / gallon 38.95

Lite Clam Chowder
pint 9.95 / quart 14.50 / half gallon 23.50 / gallon 38.95

Fish Chowder
pint 9.95 / quart 14.50 / half gallon 23.50 / gallon 38.95

Lobster Bisque
pint 13.50 / quart 21.95
authentic creamy bisque garnished with lobster

House Salad 8.50
cherry tomato, shaved carrot and sunflower seeds, creamy romano peppercorn dressing or tomato balsamic vinaigrette

Market Salad (*may contain nuts*) 8.95
seasonal selection

Classic Caesar Salad 8.50
romaine hearts, garlic croutons, shaved romano, creamy dressing*

Vine Ripe Tomato & Manouri Cheese Salad 8.50
cucumber, basil, pickled red onion, arugula, white balsamic vinaigrette

Chopped Greek 9.50
diced olives, cucumbers, tomatoes, chickpeas and feta

CLASSICS

Legal's Signature Crab Cake Combo 30.95
one jumbo lump crab cake, grilled shrimp and scallops, mustard sauce, seasonal salad (*may contain nuts*)

Legal's Signature Crab Cakes 30.95
two jumbo lump crab cakes, mustard sauce, seasonal salad (*may contain nuts*)

Baked Stuffed Shrimp Casserole 28.95
jumbo shrimp, buttery crabmeat stuffing, choice of one house side

Nutty HiddenFjord Faroe Island Salmon 26.95
almond encrusted, sautéed in a lemon caper butter sauce, mushroom ravioli and spinach

Shrimp and Garlic 24.95
sautéed with tomato, scallions and mushrooms, tossed with fresh pasta

Anna's Baked Boston Cod 23.95
seasoned crumbs, roasted tomato, spinach, jasmine rice

Grilled Assortment* 28.95
chef's choice of three fish (can be cooked medium rare), shrimp, scallops, choice of two house sides

Cioppino 30.95
lobster, scallops, shrimp, calamari, littlenecks, mussels and whitefish in a light tomato broth

Seafood Casserole 28.95
scallops, shrimp, lobster, whitefish and cheese baked with sherry garlic butter, choice of one house side

Red Onion Jam Swordfish...market price
jasmine rice, sautéed sherry mushrooms and spinach

Everything Tuna*...market price
grilled medium rare with everything spice mix, roasted red pepper and cucumber sauce, jasmine rice, spinach

Salmon Rice Bowl 22.95
brown rice, kimchi, shiitake, seaweed salad, spinach, gouchujang sauce and sesame vinaigrette, substitute:

- **Tuna "Sashimi"*** 22.95
- **Kung Pao Tofu** 16.95

Please note: Before placing your order, please inform your server if a person in your party has a food allergy.

LEGAL LOBSTERS

from crisp, cold North Atlantic waters

Steamed...market price
1.25 - 1.50 lb
1.50 - 1.75 lb
2.00 - 2.50 lb

Lobster Bake...market price
clam chowder, steamers, mussels, chouriço, 1-1.25 lb lobster

Baked Stuffed Lobster add 8.00
shrimp and scallop buttery cracker stuffing

SURF & TURF

Baked Stuffed Shrimp & Filet* 42.95
6 oz. filet, bacon shallot brown butter, choice of two house sides

Grilled Shrimp, Scallops & Filet* 42.95
6 oz. filet, bacon shallot brown butter, choice of two house sides

Steamed 1 - 1.25 lb. Lobster & Filet* 45.95
6 oz. filet, bacon shallot brown butter, choice of two house sides

King Crab Legs 46.95
steamed or braised with sherry garlic butter

Grilled 8 oz. Filet Mignon* 35.95
bacon shallot brown butter, choice of two house sides
*can be undercooked upon request

Marinated Grilled Chicken 21.95
broccoli, mashed potatoes, lemon chive butter sauce

CRISPY FRIED french fries & cole slaw

Fried Fisherman's Platter 29.95
shrimp, scallops, calamari, clams & whitefish

New England Fried Clams...market price
whole-bellied, sweet & petite, dry packed

Fish & Chips regular or spicy 19.95

Shrimp 23.95

North Atlantic Sea Scallops...market price
dry packed

Haddock 25.95

OPEN FLAME GRILLED

comes with choice of two house sides or opt for two premium sides for an additional 1.95 each

Swordfish Steak market price

Tuna Steak* cooked medium rare market price

HiddenFjord Faroe Island Salmon 26.95

Arctic Char 27.95

Rainbow Trout 19.95

Shrimp 23.95

North Atlantic Sea Scallops market price
dry packed

Haddock 25.95

Halibut Steak 32.95
selections based on quality and availability

add a skewer of scallops 9.95 or shrimp 6.95

HOUSE SIDES

french fries	seaweed salad
onion strings	jasmine rice
brown rice, leeks, garlic	mashed potatoes
broccoli	cole slaw (1.95)

a la carte house sides 5.50

PREMIUM SIDES

sautéed kale
honey yogurt, roasted peanuts

fresh seasonal side salad (*may contain nuts*)

roasted mushrooms
confit shallots, herb oil, garlic butter

market vegetable
seasonal preparation

a la carte premium sides 7.50

FLAVORS

kung pao sauce	shandong sauce
lemon butter sauce	cajun spice
cucumber yogurt sauce	bacon shallot brown butter

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