

LUNCH CLASSICS

Legal's Signature Crab Cake 18.50

jumbo lump crab, mustard sauce, broccoli, seasonal salad *(may contain nuts)*

Grilled Mediterranean Salmon* 18.50

hummus, cucumber yogurt sauce, orzo, whole wheat pita chips

Louisiana Gumbo 16.95

shrimp, spicy andouille sausage and crispy fried okra with jasmine rice

Salmon Rice Bowl* 17.95

garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach, gouchujang sauce and sesame vinaigrette, substitute:

- Tuna "Sashimi"* 17.95
- Kung Pao Tofu 15.95

SANDWICHES fries & coleslaw

Legal's Crab Cake Sandwich 18.50

jumbo lump crab on a bun with mustard sauce

Tuna Burger 16.95

freshly ground tuna, chili paste, crumbs and spices

Lobster Roll...market price

warm butter poached or traditional with mayo

Grilled Organic Chicken Sandwich 14.95

applewood smoked bacon, jack cheese, lettuce, tomato and mayo

Crabmeat Roll 19.95

delicate New England crabmeat on a warm buttery bun

Crispy Fish Sandwich 14.95

tartar sauce, lettuce and tomato

Hamburger* 13.95

(can be undercooked upon request)

add cheese for 1.00

LUNCH SALADS

House Salad 8.95

cherry tomato, shaved carrot and sunflower seeds, creamy romano peppercorn dressing or tomato balsamic vinaigrette

Classic Caesar 8.95

romaine hearts, garlic croutons, shaved romano, creamy dressing*

Chopped Greek 9.95

diced olives, cucumbers, tomatoes, chickpeas, feta

Vine Ripe Tomato & Burrata Salad 8.95

arugula, radicchio, pesto vinaigrette

Top any of the above salads with...

- Grilled Organic Chicken 6.50 *additional*
- New England Crabmeat 12.00 *additional*
- Grilled Shrimp 9.00 *additional*
- Grilled Salmon* 10.00 *additional*

HOUSE SIDES

french fries

jasmine rice

garlic leek brown rice

broccoli

a la carte house sides 5.50

seaweed salad

mashed potatoes

coleslaw (1.95)

PREMIUM SIDES

sautéed kale

honey yogurt, roasted peanuts

fresh seasonal side salad *(may contain nuts)*

roasted fingerling potatoes & cauliflower

a la carte premium sides 7.50



*If it isn't fresh, it isn't Legal! **

TAKE-OUT MENU

Long Wharf

255 State Street

Boston, MA 02109

Phone: 617-742-5300

Order Packaged By

Date

Restaurant Guest Services
guestservices@legalseafoods.com
800.732.0392 x9305

Prices subject to change.

*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Before placing your order, please inform your server if a person in your party has a food allergy. Allergen, ingredient and calorie information available upon request.

STARTERS, SOUPS & SALADS

Steamers with drawn butter 17.95

Smoked Salmon* 14.95
mustard sauce, capers, red onion, brioche toast points

Jumbo Shrimp Cocktail 15.95

New England Fried Clams...market price
dry-packed, whole-bellied, sweet & petite

Sautéed Mussels 14.95
1 ½ pounds with garlic, white wine, crushed red pepper

Legal's Signature Crab Cake 17.50
jumbo lump crab, mustard sauce, seasonal salad (*may contain nuts*)

Oysters Legal 16.95
baked with spinach, cheese and crumbs

Crispy Calamari 14.95
• **regular**
• **Rhode Island style** (*hot peppers and garlic*)
• **Thai style** (*pineapple and peanuts*)

Buffalo Popcorn Shrimp 12.95
avocado, blue cheese, celery hearts

Bang Bang Cauliflower kung pao 8.50

Hot Lump Crab Dip 13.95
horseradish, cheddar and cream cheese, seafood chips

Legal's New England Clam Chowder
pint 9.95 / quart 14.50 / half gallon 23.50 / gallon 38.95

Lite Clam Chowder
pint 9.95 / quart 14.50 / half gallon 23.50

Fish Chowder
pint 9.95 / quart 14.50 / half gallon 23.50

Lobster Bisque pint 13.50 / quart 21.95
authentic creamy bisque garnished with lobster

House Salad 8.95
cherry tomato, shaved carrot and sunflower seeds,
creamy romano peppercorn dressing or
tomato balsamic vinaigrette

Classic Caesar Salad 8.95
romaine hearts, garlic croutons, shaved romano, creamy dressing*

Vine Ripe Tomato & Burrata Salad 8.95
arugula, radicchio, pesto vinaigrette

Chopped Greek Salad 9.95
diced olives, cucumbers, tomatoes, chickpeas, feta

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CLASSICS

Legal's Signature Crab Cake Combo 31.95
one jumbo lump crab cake, grilled shrimp and scallops,
mustard sauce, seasonal salad (*may contain nuts*)

Legal's Signature Crab Cakes 31.95
two jumbo lump crab cakes, mustard sauce,
seasonal salad (*may contain nuts*)

Baked Stuffed Shrimp Casserole 28.95
jumbo shrimp, buttery crabmeat stuffing, broccoli

Nutty Salmon* 26.95
almond-encrusted, sautéed in a lemon caper butter sauce,
mushroom ravioli, spinach

Shrimp and Garlic 24.95
sautéed with tomato, scallions and mushrooms,
tossed with fresh pasta

Anna's Baked Boston Cod 24.95
seasoned crumbs, roasted tomato, spinach, jasmine rice

Grilled Assorted* 29.95
chef's choice of three fish (*can be cooked medium rare*),
shrimp, scallops, mashed potatoes, spinach

Cioppino 32.95
lobster, scallops, shrimp, calamari, littlenecks, mussels
and whitefish in a light tomato broth

Seafood Casserole 29.95
scallops, shrimp, lobster, whitefish and cheese baked with
sherry garlic butter, broccoli

Red Onion Jam Swordfish...market price
jasmine rice, sautéed sherry mushrooms, spinach

Everything Tuna*...market price
grilled medium rare with everything spice mix, roasted red pepper
and cucumber sauce, jasmine rice, spinach

Salmon Rice Bowl* 23.95
garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach,
gouchujang sauce and sesame vinaigrette, substitute:
• **Tuna "Sashimi"*** 23.95
• **Kung Pao Tofu** 17.95

Grilled North Atlantic Sea Scallops...market price
dry-packed, garlic leek brown rice, sautéed spinach

Grilled Shrimp 23.95
jasmine rice, seaweed salad

Grilled Rainbow Trout 19.95
roasted fingerling potatoes & cauliflower

Grilled Haddock 26.95
jasmine rice, broccoli

LEGAL LOBSTERS
from crisp, cold North Atlantic waters

Steamed Lobsters...market price
roasted fingerling potatoes & seasonal vegetable
1.25 - 1.50 lb
1.50 - 1.75 lb
2.00 - 2.50 lb

Baked Stuffed Lobsters add 8.00
shrimp and scallop buttery cracker stuffing
roasted fingerling potatoes & seasonal vegetable

Lobster Bake...market price
clam chowder, steamers, mussels, chouriço, 1-1.25 lb lobster

SURF & TURF
mashed potatoes, broccoli

Surf & Turf*
6 oz. filet, herbes de provence butter
• **Baked Stuffed Shrimp** 42.95
• **Grilled Shrimp & Scallops** 42.95
• **Steamed 1 - 1.25 lb. Lobster** 45.95

King Crab Legs 46.95
steamed or braised with sherry garlic butter

Grilled 8 oz. Filet Mignon* 35.95
(**can be undercooked upon request*)
herbes de provence butter

Marinated Grilled Organic Chicken 22.95
lemon chive butter sauce

CRISPY FRIED fries & coleslaw

Fisherman's Platter 29.95
shrimp, scallops, calamari, clams and whitefish

New England Fried Clams...market price
dry-packed, whole-bellied, sweet & petite

Fish & Chips regular 20.95

Shrimp 23.95

North Atlantic Sea Scallops...market price
dry-packed

Haddock 26.95

HOUSE SIDES

french fries
jasmine rice
garlic leek brown rice
broccoli
a la carte house sides 5.50

PREMIUM SIDES

sautéed kale
honey yogurt, roasted peanuts
fresh seasonal side salad (*may contain nuts*)
roasted fingerling potatoes & cauliflower
a la carte premium sides 7.50

add a skewer of scallops 9.95 or shrimp 6.95

FLAVORS

kung pao sauce
cucumber yogurt sauce
cajun spice
lemon butter sauce
herbes de provence butter

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