

LUNCH CLASSICS

Legal's Signature Crab Cake 18.50

jumbo lump crab cake, mustard sauce, broccoli, seasonal salad *(may contain nuts)*

Everything Spiced Tuna* 17.95

(cooked medium rare) roasted red pepper sauce, cucumber sauce, jasmine rice, sautéed spinach

Anna's Baked Boston Cod 18.95

seasoned crumbs, roasted tomato, jasmine rice, butternut squash

Grilled Mediterranean Salmon* 18.95

hummus, cucumber yogurt sauce, orzo, whole wheat pita chips

Portuguese Fisherman's Stew 16.95

whitefish stewed with mussels, clams and chouriço sausage in a saffron tomato broth

Shrimp & Garlic 16.95

sautéed with tomato, scallions and mushrooms, tossed with fresh pasta

Louisiana Gumbo 16.95

shrimp, spicy andouille sausage and crispy fried okra with jasmine rice

Jasmine Special 16.95

steamed shrimp and broccoli over jasmine rice with melted monterey jack cheese *(available with garlic leek brown rice)*

Shrimp Casserole 16.95

monterey jack cheese, sherry garlic butter, roasted carrots with romesco sauce

Salmon Rice Bowl* 17.95

garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach, gochujang sauce and sesame vinaigrette, substitute:

- Tuna "Sashimi"* 17.95
- Kung Pao Tofu 15.95

TACOS ham hock braised black beans and rice

Crispy Fish Tacos 16.95

avocado, pickled cabbage, chipotle mayo

Blackened Salmon Tacos* 16.95

salsa verde, avocado, cabbage & red onion crudito, queso fresco, sriracha aioli

Before placing your order, please inform your server if a person in your party has a food allergy. Allergen, ingredient and calorie information available upon request.

SALADS

Vine Ripe Tomato & Burrata Salad 8.95

arugula, radicchio, pesto vinaigrette

House Salad 8.95

cherry tomato, shaved carrot and sunflower seeds, creamy romano peppercorn dressing or tomato balsamic vinaigrette

Chopped Greek Salad 9.95

olives, cucumbers, tomatoes, chickpeas, feta

Classic Caesar Salad 8.95

romaine hearts, garlic croutons, shaved romano, creamy dressing

Lemon Kale Salad 8.95

apples, roasted sweet potatoes, pepitas, ricotta salata

Top any of the above salads with...

- Grilled Organic Chicken 7.00 *additional*
- New England Crabmeat 13.00 *additional*
- Grilled Shrimp 10.00 *additional*
- Grilled Salmon* 11.00 *additional*
- Lobster Salad...market price

SANDWICHES fries and coleslaw

Crispy Fish Sandwich 14.95

tartar sauce, lettuce and tomato

Crabmeat Roll 21.95

delicate New England crabmeat on a warm buttery bun

Lobster Roll...market price

warm butter poached or traditional with mayo

Tuna Burger 16.95

chili spiced fresh ground tuna, herb crumbs, roasted red pepper sauce

Legal's Crab Cake 18.50

jumbo lump crab on a bun with mustard sauce

Grilled Organic Chicken Sandwich 14.95

applewood smoked bacon, jack cheese, lettuce, tomato and mayo

Hamburger* 14.95

(can be undercooked upon request)

- add cheese for 1.00

*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

LUNCH OPEN FLAME GRILLED

Rainbow Trout 17.95

garlic leek brown rice, butternut squash

Tuna Steak* market price

(cooked medium rare), jasmine rice, sea vegetable salad

North Atlantic Sea Scallops market price

dry-packed, cheddar jalapeño polenta, lemon kale salad

Salmon* 18.95

garlic leek brown rice, butternut squash

Shrimp 18.95

cheddar jalapeño polenta, lemon kale salad

Haddock 18.95

jasmine rice, sautéed spinach

add a skewer of scallops for 9.95 or shrimp for 6.95

FLAVORS

kung pao sauce

cajun spice

cucumber yogurt sauce

shandong sauce

lemon butter sauce

herbes de provence butter

LUNCH CRISPY FRIED fries and coleslaw

Seafood Trio shrimp, whitefish, calamari 18.95

Shrimp 18.95

New England Clams...market price

dry-packed, whole-bellied, sweet & petite

North Atlantic Sea Scallops...market price

dry-packed

Fish & Chips 17.95

regular or spicy

Haddock 18.95



If it isn't fresh, it isn't Legal!®

TAKE-OUT MENU

Kendall Square

5 Cambridge Center

Cambridge, MA 02139

Phone: 617-864-3400

Order Packaged By

Date

Restaurant Guest Services

guestservices@legalseafoods.com

800.732.0392 x9305

Prices subject to change.

STARTERS

Blackened Raw Tuna “Sashimi”* 15.50
sesame chili vinaigrette, seaweed salad and wasabi

Jumbo Shrimp Cocktail 15.95

Smoked Salmon* 14.95
mustard sauce, capers, red onion, brioche toast points

Legal’s Signature Crab Cake 17.50
jumbo lump crab, mustard sauce, seasonal salad *(may contain nuts)*

Oysters Legal 17.95
baked with spinach, cheese and crumbs

Steamed Mussels 14.95
1 ½ pounds with garlic, white wine, crushed red pepper

Steamers 18.95
with drawn butter

Kung Pao Chicken Wings 12.95

Crispy Calamari 14.95

- **regular**
- **spicy**
- **Rhode Island style** *(hot peppers and garlic)*
- **Thai style** *(pineapple and peanuts)*

Buffalo Popcorn Shrimp 12.95
avocado, blue cheese, celery hearts

Hot Lump Crab Dip 13.95
horseradish, cheddar, cream cheese, seafood chips

Bang Bang Cauliflower kung pao 8.95

New England Fried Clams...market price
dry-packed, whole-bellied, sweet & petite

Shrimp Wontons 12.95
handmade steamed wontons with sea vegetable salad

SOUPS

New England Clam Chowder cup 7.50 bowl 9.95

Lite Clam Chowder cup 7.50 bowl 9.95

Fish Chowder cup 7.50 bowl 9.95

Lobster Bisque cup 8.95 bowl 12.95

CLASSICS

Nutty Salmon* 27.95
almond-encrusted, sautéed in a lemon caper butter sauce, mushroom ravioli, spinach

Shrimp and Garlic 25.95
sautéed with tomato, scallions and mushrooms, tossed with fresh pasta

Cioppino 32.95
lobster, scallops, shrimp, calamari, littlenecks, mussels and whitefish in a light tomato broth

Legal’s Signature Crab Cake Combo 31.95
one jumbo lump crab cake, grilled shrimp and scallops, mustard sauce, seasonal salad *(may contain nuts)*, garlic leek brown rice

Red Onion Jam Swordfish...market price
cheddar jalapeno polenta, roasted mushrooms

Anna’s Baked Boston Cod 24.95
seasoned crumbs, roasted tomato, jasmine rice, butternut squash

Jasmine Special 24.95
steamed shrimp and broccoli over jasmine rice with melted monterey jack cheese *(available with garlic leek brown rice)*

Seafood Casserole 29.95
scallops, shrimp, lobster, whitefish and cheese baked with sherry garlic butter, garlic leek brown rice, roasted carrots with romesco sauce

Baked Stuffed Shrimp Casserole 28.95
jumbo shrimp, buttery crabmeat stuffing, broccoli

Lemon Caper Grey Sole 29.95
lemon beurre blanc, jasmine rice, sautéed spinach

Salmon Rice Bowl* 23.95
garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach, gouchujang sauce and sesame vinaigrette, substitute:

- **"Tuna Sashimi"*** 23.95
- **Kung Pao Tofu** 17.95

Everything Spiced Tuna*...market price
(cooked medium rare) roasted red pepper sauce, cucumber sauce, jasmine rice, sautéed spinach

Pan-Seared Boneless Half Chicken 21.95
lemon chive butter sauce, mashed potatoes, roasted carrots with romesco sauce

King Crab Legs 46.95
steamed or braised with sherry garlic butter, smashed fingerling potatoes with lemon garlic yogurt sauce, broccoli

LEGAL LOBSTERS
from crisp, cold North Atlantic waters

Steamed Lobsters...market price
1.25-1.50 lb
1.50-1.75 lb
2.00-2.50 lb

Baked Stuffed Lobster add 9.00
shrimp & scallop buttery cracker stuffing

Lobster Bake...market price
clam chowder, steamers, mussels, chouriço, 1-1.25 lb lobster

CRISPY FRIED fries and coleslaw

Fish & Chips 20.95
regular or spicy

Shrimp 24.95

Fisherman’s Platter 29.95
shrimp, scallops, calamari, clams and whitefish

New England Clams...market price
dry-packed, whole-bellied, sweet & petite

North Atlantic Sea Scallops...market price
dry-packed

Haddock 26.95

OPEN FLAME GRILLED
add a skewer of scallops 9.95 or shrimp 6.95

Grilled Assorted* 29.95
chef’s choice of three fish *(can be cooked medium rare)*, shrimp, scallops, mashed potatoes, roasted carrots with romesco sauce

Swordfish Steak...market price
smashed fingerling potatoes with lemon garlic yogurt sauce, butternut squash

Tuna Steak*...market price
(cooked medium rare) jasmine rice, sea vegetable salad

Rainbow Trout 20.95
garlic leek brown rice, butternut squash

Salmon* 27.95
garlic leek brown rice, butternut squash

Arctic Char 26.95
cheddar jalapeño polenta, lemon kale salad

Halibut Steak 32.95
mashed potatoes, roasted mushrooms

Shrimp 24.95
cheddar jalapeño polenta, lemon kale salad

North Atlantic Sea Scallops...market price
dry-packed, cheddar jalapeño polenta, lemon kale salad

Haddock 26.95
jasmine rice, sautéed spinach

Grilled 8 oz. Filet Mignon* 36.95
herbes de provence butter, smashed fingerling potatoes with lemon garlic yogurt sauce, roasted mushrooms
(can be undercooked upon request)

FLAVORS

kung pao sauce	shandong sauce
cajun spice	lemon butter sauce
cucumber yogurt sauce	herbes de provence butter

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