

LUNCH ENTRÉES

Shrimp Casserole 16.95
monterey jack cheese and sherry garlic butter

Legal's Signature Crab Cake 18.50
jumbo lump crab, mustard sauce, broccoli, seasonal salad
(may contain nuts)

Grilled Mediterranean Salmon* 18.95
hummus, cucumber yogurt sauce, orzo, whole wheat pita chips

Louisiana Gumbo 16.95
shrimp, spicy andouille sausage and crispy fried okra
with jasmine rice

Jasmine Special 16.95
steamed shrimp and broccoli over jasmine rice with melted
monterey jack cheese *(available with garlic leek brown rice)*

Anna's Baked Boston Cod 18.95
seasoned crumbs, roasted tomato, spinach, jasmine rice

Portuguese Fisherman's Stew 16.95
whitefish stewed with mussels, clams and chouriço sausage
in a saffron tomato broth

Everything Spiced Tuna* *(cooked medium rare)* 17.95
roasted red pepper sauce, jasmine rice, sautéed spinach

Salmon Rice Bowl* 17.95
garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach,
gouchujang sauce and sesame vinaigrette, substitute:
• **Tuna "Sashimi"*** 17.95
• **Kung Pao Tofu** 15.95

TACOS ham hock braised black beans and rice

Blackened Tuna Tacos* 16.95
avocado, pickled cabbage, chipotle mayo

Crispy Fish Tacos 16.95
avocado, pickled cabbage, chipotle mayo

*Served raw or undercooked, or contains (or may contain) raw
or undercooked ingredients. Consuming raw or undercooked
meats, poultry, seafood, shellfish, or eggs may increase your
risk of foodborne illness, especially if you have certain medical
conditions.

LUNCH SALADS

House Salad 8.95
cherry tomato, shaved carrot and sunflower seeds,
creamy romano peppercorn dressing or
tomato balsamic vinaigrette

Market Salad 8.95
seasonal selection *(may contain nuts)*

Classic Caesar Salad 8.95
romaine hearts, garlic croutons, shaved romano, creamy dressing

Chopped Greek Salad 9.95
diced olives, cucumbers, tomatoes, chickpeas, feta

Vine Ripe Tomato & Burrata Salad 8.95
arugula, radicchio, pesto vinaigrette

Top any of the above salads with...
• **Grilled Organic Chicken** 7.00 *additional*
• **New England Crabmeat** 13.00 *additional*
• **Grilled Shrimp** 10.00 *additional*
• **Grilled Salmon*** 11.00 *additional*

SANDWICHES fries & coleslaw

Legal's Crab Cake 18.50
jumbo lump crab on a bun with mustard sauce

Tuna Burger 16.95
chili spiced fresh ground tuna, herb crumbs,
roasted red pepper sauce

Lobster Roll...market price
warm butter poached or traditional with mayo

Grilled Organic Chicken Sandwich 14.95
applewood smoked bacon, jack cheese, lettuce, tomato and mayo

Crabmeat Roll 21.95
delicate New England crabmeat on a warm buttery bun

Crispy Fish Sandwich 14.95
tartar sauce, lettuce and tomato

Salmon Burger* 14.95
freshly ground salmon, roasted red pepper sauce

Hamburger* 14.95
(can be undercooked upon request)
add cheese for 1.00

Before placing your order, please inform your server if a
person in your party has a food allergy. Allergen, ingredient
and calorie information available upon request.

LUNCH OPEN FLAME GRILLED

*choice of two house sides or opt for two premium sides
for an additional 1.95 each*

Salmon* 18.50
jasmine rice, sautéed spinach

Rainbow Trout 17.95
garlic leek brown rice, broccoli

Shrimp 18.95
garlic leek brown rice, broccoli

North Atlantic Sea Scallops market price
dry-packed, garlic leek brown rice, broccoli

Haddock 18.95
jasmine rice, sautéed spinach

selections based on quality and availability
add a skewer of scallops for 9.95 or shrimp for 6.95

HOUSE SIDES

french fries	seaweed salad
onion strings	jasmine rice
garlic leek brown rice	mashed potatoes
broccoli	coleslaw (1.95)

à la carte house sides 5.50

PREMIUM SIDES

sautéed kale *honey yogurt, roasted peanuts*
fresh seasonal side salad *(may contain nuts)*

roasted mushrooms *confit shallots, herb oil, garlic butter*
market vegetable *seasonal preparation*

à la carte premium sides 7.50

FLAVORS

kung pao sauce	shandong sauce
lemon butter sauce	cajun spice
cucumber yogurt sauce	herbes de provence butter

LUNCH CRISPY FRIED

fries & coleslaw

Seafood Trio 18.95
shrimp, whitefish, calamari

New England Fried Clams...market price
dry-packed, whole-bellied, sweet & petite

Fish & Chips 17.95
regular or spicy

Shrimp 18.95

North Atlantic Sea Scallops...market price
dry-packed

Haddock 18.95



*If it isn't fresh, it isn't Legal!**

TAKE-OUT MENU

Kendall Square
5 Cambridge Center
Cambridge, MA 02139
Phone: 617-864-3400

Order Packaged By

Date

Restaurant Guest Services
guestservices@legalseafoods.com
800.732.0392 x9305

Prices subject to change.

STARTERS, SOUPS & SALADS

Steamers wih drawn butter 18.95

Smoked Salmon* 14.95
mustard sauce, capers, red onion, brioche toast points

Jumbo Shrimp Cocktail 15.95

New England Fried Clams...market price
dry-packed, whole-bellied, sweet & petite

Steamed Mussels 14.95
1 ½ pounds with garlic, white wine, crushed red pepper

Legal’s Signature Crab Cake 17.50
jumbo lump crab, mustard sauce, seasonal salad *(may contain nuts)*

Oysters Legal 17.95
baked with spinach, cheese and crumbs

Fried Oysters chorizo aioli 13.95

Crispy Calamari 14.95
• regular
• spicy
• Rhode Island style *(hot peppers and garlic)*
• Thai style *(pineapple and peanuts)*

Shrimp Wontons 12.95
handmade steamed wontons with sea vegetable salad

Buffalo Popcorn Shrimp 12.95
avocado, blue cheese, celery hearts

Bang Bang Cauliflower kung pao 8.95

Hot Lump Crab Dip 13.95
horseradish, cheddar and cream cheese, seafood chips

Kung Pao Chicken Wings 12.95

Legal’s New England Clam Chowder
cup 7.50 bowl 9.95

Lite Clam Chowder
cup 7.50 bowl 9.95

Fish Chowder cup 7.50 bowl 9.95

Lobster Bisque cup 8.95 bowl 12.95
authentic creamy bisque garnished with lobster

House Salad 8.95
cherry tomato, shaved carrot and sunflower seeds,
creamy romano peppercorn dressing or
tomato balsamic vinaigrette

Market Salad 8.95
seasonal selection *(may contain nuts)*

Classic Caesar Salad 8.95
romaine hearts, garlic croutons, shaved romano, creamy dressing

Vine Ripe Tomato & Burrata Salad 8.95
arugula, radicchio, pesto vinaigrette

CLASSICS

Legal’s Signature Crab Cake Combo 31.95
one jumbo lump crab cake, grilled shrimp and scallops,
mustard sauce, seasonal salad *(may contain nuts)*

Legal’s Signature Crab Cakes 31.95
two jumbo lump crab cakes, mustard sauce,
seasonal salad *(may contain nuts)*

Baked Stuffed Shrimp Casserole 28.95
jumbo shrimp, buttery crabmeat stuffing, choice of one house side

Nutty Salmon* 27.95
almond-encrusted, sautéed in a lemon caper butter sauce,
mushroom ravioli, spinach

Shrimp and Garlic 25.95
sautéed with tomato, scallions and mushrooms,
tossed with fresh pasta

Lemon Caper Grey Sole 29.95
lemon beurre blanc, jasmine rice, sautéed spinach

Anna’s Baked Boston Cod 24.95
seasoned crumbs, roasted tomato, spinach, jasmine rice

Grilled Assorted* 29.95
chef’s choice of three fish *(can be cooked medium rare)*,
shrimp, scallops, choice of two house sides

Jasmine Special 24.95
steamed shrimp and broccoli over jasmine rice with melted
monterey jack cheese *(available with garlic leek brown rice)*

Cioppino 32.95
lobster, scallops, shrimp, calamari, littlenecks, mussels
and whitefish in a light tomato broth

Seafood Casserole 29.95
scallops, shrimp, lobster, whitefish and cheese baked with
sherry garlic butter, choice of one house side

Red Onion Jam Swordfish...market price
jasmine rice, sautéed sherry mushrooms, spinach

Everything Tuna*...market price
grilled medium rare with everything spice mix, roasted red pepper
and cucumber sauce, jasmine rice, spinach

Salmon Rice Bowl* 23.95
garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach,
gouchujang sauce and sesame vinaigrette, substitute:
• Tuna "Sashimi"* 23.95
• Kung Pao Tofu 17.95

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person in your party has a food allergy. Allergen, ingredient
and calorie information available upon request.

LEGAL LOBSTERS
from crisp, cold North Atlantic waters

Steamed Lobsters...market price
1.25-1.50 lb
1.50-1.75 lb
2.00-2.50 lb

Lobster Bake...market price
clam chowder, steamers, mussels, chouriço, 1-1.25 lb lobster

Baked Stuffed Lobsters add 9.00
shrimp and scallop buttery cracker stuffing

SURF & TURF

Surf & Turf*
6 oz. filet, herbes de provence butter, choice of two sides
• Baked Stuffed Shrimp 42.95
• Grilled Shrimp & Scallops 42.95
• Steamed 1 - 1.25 lb. Lobster 45.95

King Crab Legs 46.95
steamed or braised with sherry garlic butter

Grilled 8 oz. Filet Mignon* 36.95
herbes de provence butter, choice of two house sides
*can be undercooked upon request

Marinated Grilled Organic Chicken 22.95
broccoli, mashed potatoes, lemon chive butter sauce

CRISPY FRIED fries & coleslaw

Fried Fisherman’s Platter 29.95
shrimp, scallops, calamari, clams and whitefish

New England Fried Clams...market price
dry-packed, whole-bellied, sweet & petite

Fish & Chips regular or spicy 20.95

Shrimp 24.95

North Atlantic Sea Scallops...market price
dry-packed

Haddock 26.95

OPEN FLAME GRILLED

Swordfish Steak market price
mashed potatoes, sautéed spinach

Tuna Steak* *(cooked medium rare)* market price
jasmine rice, seaweed salad

Salmon* 27.95
jasmine rice, sautéed spinach

Arctic Char 26.95
jasmine rice, sautéed spinach

Rainbow Trout 20.95
garlic leek brown rice, broccoli

Shrimp 24.95
garlic leek brown rice, broccoli

North Atlantic Sea Scallops market price
dry-packed, garlic leek brown rice, broccoli

Haddock 26.95
jasmine rice, sautéed spinach

Halibut Steak 32.95
garlic leek brown rice, broccoli

selections based on quality and availability

add a skewer of scallops 9.95 or shrimp 6.95

HOUSE SIDES

french fries	seaweed salad
onion strings	jasmine rice
garlic leek brown rice	mashed potatoes
broccoli	coleslaw (1.95)

à la carte house sides 5.50

PREMIUM SIDES

sautéed kale *honey yogurt, roasted peanuts*

fresh seasonal side salad *(may contain nuts)*

roasted mushrooms *confit shallots, herb oil, garlic butter*

market vegetable *seasonal preparation*

à la carte premium sides 7.50

FLAVORS

kung pao sauce	shandong sauce
lemon butter sauce	cajun spice
cucumber yogurt sauce	herbes de provence butter

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