

## LUNCH CLASSICS

**Legal's Signature Crab Cake** 17.95  
jumbo lump crab cake, mustard sauce, broccoli,  
seasonal salad *(may contain nuts)*

**Everything Spiced Tuna\*** 17.95  
(cooked medium rare) roasted red pepper sauce, cucumber sauce,  
jasmine rice, sautéed spinach

**Anna's Baked Boston Cod** 17.95  
seasoned crumbs and tomato, broccoli and jasmine rice

**Grilled Mediterranean Salmon** 17.95  
hummus, cucumber yogurt sauce, orzo,  
whole wheat pita chips

**Portuguese Fisherman's Stew** 16.95  
whitefish stewed with mussels, clams and chouriço sausage in a  
saffron tomato broth

**Shrimp & Garlic** 16.95  
sautéed with tomato, scallions and mushrooms,  
tossed with fresh pasta

**Jasmine Special** 16.95  
steamed shrimp and broccoli over jasmine rice with  
melted monterey jack cheese  
(available with leek garlic brown rice)

**Shrimp Casserole** 15.95  
monterey jack cheese, sherry garlic butter, broccoli

**Salmon Rice Bowl** 17.95  
brown rice, kimchi, shiitake, seaweed salad, spinach,  
gochujang sauce and sesame vinaigrette, substitute:

- Tuna "Sashimi"\* 17.95
- Kung Pao Tofu 15.95

**TACOS** ham hock braised black beans and rice

**Crispy Fish Tacos** 15.95  
avocado, pickled cabbage, chipotle mayo

**Blackened Salmon Tacos** 15.95  
salsa verde, avocado, cabbage & red onion crudito,  
queso fresco, sriracha aioli

Please note: Before placing your order, please inform your  
server if a person in your party has a food allergy.

## SALADS

**Vine Ripe Tomato &  
Manouri Cheese Salad** 8.50  
cucumber, basil, pickled red onion, arugula,  
white balsamic vinaigrette

**House Salad** 8.50  
cherry tomato, shaved carrot and sunflower seeds, creamy  
romano peppercorn dressing or tomato balsamic vinaigrette

**Caesar Salad** 8.50  
romaine hearts, garlic croutons, shaved romano, creamy dressing\*

**Chopped Greek Salad** 9.50  
olives, cucumbers, tomatoes, chick peas and feta

**Market Salad** *(may contain nuts)* 8.95  
seasonal selection

**Top any of the above salads with...**

- Grilled Chicken 6.00 *additional*
- New England Crabmeat 12.00 *additional*
- Grilled Shrimp 9.00 *additional*
- Grilled Salmon 10.00 *additional*
- Lobster Salad...*market price*

**SANDWICHES** french fries and cole slaw

**Crispy Fish Sandwich** 13.95  
tartar sauce, lettuce and tomato

**Crabmeat Roll** 19.95  
delicate New England crabmeat on a warm buttery bun

**Lobster Roll**...*market price*  
warm butter poached or traditional with mayo

**Tuna Burger** 16.95  
freshly ground tuna, chili paste, crumbs and spices

**Legal's Crab Cake** 17.95  
jumbo lump crab on a bun with mustard sauce

**Grilled Chicken Sandwich** 12.95  
applewood smoked bacon, jack cheese, lettuce, tomato and mayo

**Hamburger\*** 13.95  
(can be undercooked upon request)  
- add cheese for 1.00

\*Served raw or undercooked, or contains (or may contain) raw  
or undercooked ingredients. Consuming raw or undercooked  
meats, poultry, seafood, shellfish, or eggs may increase your  
risk of foodborne illness, especially if you have certain medical  
conditions.

## LUNCH OPEN FLAME GRILLED

**Rainbow Trout** 16.95  
leek garlic brown rice, broccoli

**North Atlantic Sea Scallops** *market price*  
dry packed  
leek garlic brown rice, broccoli

**HiddenFjord Faroe Island Salmon** 18.95  
jasmine rice, sautéed spinach

**Shrimp** 17.95  
leek garlic brown rice, broccoli

**Haddock** 17.95  
jasmine rice, sautéed spinach

selections based on quality and availability  
add a skewer of scallops for 9.95 or shrimp for 6.95

## FLAVORS

kung pao sauce	shandong sauce
cajun spice	lemon butter sauce
cucumber yogurt sauce	bacon shallot brown butter

**LUNCH CRISPY FRIED** french fries & cole slaw

**Seafood Trio** shrimp, whitefish, calamari 17.95

**Shrimp** 17.95

**New England Clams**...*market price*  
whole-bellied, sweet & petite, dry packed

**Fish & Chips** 16.95

**Haddock** 17.95

## SIDES

sautéed kale  
*honey yogurt, roasted peanuts*

roasted mushrooms  
*confit shallots, herb oil, garlic butter*

baked potato  
*monterey jack cheese, bacon, sour cream, chives*

fresh seasonal side salad *(may contain nuts)*

market vegetable  
*seasonal preparation*

*a la carte premium sides 7.50*



*If it isn't fresh, it isn't Legal!\**

## TAKE-OUT MENU

Enjoy your take-out order.  
I am confident you will be  
completely satisfied.

We're angling for your thoughts -  
Give us a call and speak to any of our  
Managers with your feedback.

Thank you!

Framingham  
50-60 Worcester Road  
Framingham, MA 01702  
Phone: 508-766-0600  
Fax: 508-766-0617

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Order Packaged By

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Date

Restaurant Guest Services  
guestservices@legalseafoods.com  
800.732.0392 x9305

Prices subject to change.

## STARTERS

**Jumbo Shrimp Cocktail** 15.95

**Smoked Salmon\*** 14.95  
mustard sauce, capers, red onion, brioche toast points

**Legal's Signature Crab Cake** 16.95  
jumbo lump crab, mustard sauce, seasonal salad *(may contain nuts)*

**Oysters Legal** 16.95  
baked with spinach, cheese and crumbs

**Sautéed Mussels** 13.95  
1 1/2 pounds with garlic, white wine, crushed red pepper

**Steamers** 17.95  
steamed with drawn butter

**Kung Pao Chicken Wings** 11.95

**Crispy Calamari** 13.95  
• **regular**  
• **Rhode Island style** *(hot peppers and garlic)*  
• **Thai style** *(pineapple and peanuts)*

**Buffalo Popcorn Shrimp** 11.95  
avocado, blue cheese, celery hearts

**Hot Lump Crab Dip** 12.95  
horseradish, cheddar, cream cheese, seafood chips

**Bang Bang Cauliflower** kung pao 7.95

**New England Fried Clams**...market price  
whole-bellied, sweet & petite, dry packed

**Shrimp Wontons** 11.95  
steamed with seaweed salad

## SOUPS

**New England Clam Chowder** cup 6.95 bowl 9.95

**Lite Clam Chowder** cup 6.95 bowl 9.95

**Fish Chowder** cup 6.95 bowl 9.95

**Lobster Bisque** cup 8.95 bowl 12.95

## CLASSICS

**Nutty HiddenFjord Faroe Island Salmon** 26.95  
almond encrusted, sautéed in a lemon caper butter sauce, mushroom ravioli and spinach

**Shrimp Scampi** 24.95  
sautéed with tomato, scallions and mushrooms, tossed with fresh pasta

**Cioppino** 30.95  
lobster, scallops, shrimp, calamari, littlenecks and mussels in a light tomato broth

**Legal's Signature Crab Cake Combo** 30.95  
one jumbo lump crab cake, grilled shrimp and scallops, mustard sauce, seasonal salad *(may contain nuts)*

**Grilled Mediterranean Salmon** 26.95  
hummus, cucumber yogurt sauce, orzo, whole wheat pita chips

**Red Onion Jam Swordfish**...market price  
jasmine rice, sautéed sherry mushrooms and spinach

**Anna's Baked Boston Cod** 23.95  
seasoned crumbs, roasted tomato, spinach, jasmine rice

**Seafood Casserole** 28.95  
scallops, shrimp, lobster, whitefish and cheese baked with sherry garlic butter, roasted fingerling potatoes, seasonal vegetable

**Baked Stuffed Shrimp Casserole** 28.95  
jumbo shrimp, buttery crabmeat stuffing, broccoli

**Lemon Caper Grey Sole** 29.95  
lemon beurre blanc, jasmine rice, sautéed spinach

**Salmon Rice Bowl** 22.95  
brown rice, kimchi, shiitake, seaweed salad, spinach, gouchujang sauce and sesame vinaigrette, substitute:  
• **Tuna "Sashimi"**\* 22.95 • **Kung Pao Tofu** 16.95

**Everything Spiced Tuna\***...market price  
(cooked medium rare) roasted red pepper sauce, cucumber sauce, jasmine rice, sautéed spinach

**Pan Seared Boneless Half Chicken** 21.95  
mashed potatoes, broccoli, chive lemon butter sauce

**Grilled 8 oz. Filet Mignon\*** 35.95  
bacon shallot brown butter, mashed potatoes, broccoli  
\*can be undercooked upon request

Please note: Before placing your order, please inform your server if a person in your party has a food allergy.

**LEGAL LOBSTERS**  
from crisp, cold North Atlantic waters

**Steamed**...market price  
**1.25 - 1.50 lb**  
**1.50 - 1.75 lb**  
**2.00 - 2.50 lb**

**Lobster Bake**...market price  
clam chowder, steamers, mussels, chouriço, 1-1.25 lb lobster

**CRISPY FRIED** french fries & cole slaw

**Fish & Chips** 19.95

**Shrimp** 23.95

**Fisherman's Platter** 29.95  
shrimp, scallops, calamari, clams & whitefish

**New England Clams**...market price  
whole-bellied, sweet & petite, dry packed

**North Atlantic Sea Scallops**...market price  
dry packed

**Haddock** 25.95

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**OPEN FLAME GRILLED**  
add a skewer of scallops 9.95 or shrimp 6.95

**Assortment\*** 28.95  
chef's choice of three fish (can be cooked medium rare), shrimp, scallops, mashed potatoes, sautéed spinach

**Swordfish Steak**...market price  
mashed potatoes, sautéed spinach

**Tuna Steak\***...market price  
cooked medium rare, jasmine rice, seaweed salad

**Rainbow Trout** 19.95  
leek garlic brown rice, broccoli

**HiddenFjord Faroe Island Salmon** 26.95  
jasmine rice, sautéed spinach

**Arctic Char** 26.95  
jasmine rice, sautéed spinach

**Halibut Steak** 32.95  
leek garlic brown rice, broccoli

**Shrimp** 23.95  
leek garlic brown rice, broccoli

**North Atlantic Sea Scallops**...market price  
dry packed, brown rice leeks, garlic, broccoli

**Haddock** 25.95  
jasmine rice, sautéed spinach

## FLAVORS

kung pao sauce	shandong sauce
cajun spice	lemon butter
cucumber yogurt sauce	bacon shallot brown butter

## SIDES

sautéed kale  
*honey yogurt, roasted peanuts*

roasted mushrooms  
*confit shallots, herb oil, garlic butter*

fresh seasonal side salad *(may contain nuts)*

baked potato  
*monterey jack cheese, bacon, sour cream, chives*

market vegetable  
*seasonal preparation*

*a la carte premium sides 7.50*