

## LUNCH CLASSICS

**Legal's Signature Crab Cake** 18.50  
jumbo lump crab cake, mustard sauce, broccoli,  
seasonal salad *(may contain nuts)*

**Everything Spiced Tuna\*** 17.95  
*(cooked medium rare)* roasted red pepper sauce, cucumber sauce,  
jasmine rice, sautéed spinach

**Anna's Baked Boston Cod** 18.95  
seasoned crumbs and tomato, broccoli and jasmine rice

**Grilled Mediterranean Salmon\*** 18.50  
hummus, cucumber yogurt sauce, orzo, whole wheat pita chips

**Portuguese Fisherman's Stew** 16.95  
whitefish stewed with mussels, clams and chouriço sausage  
in a saffron tomato broth

**Shrimp & Garlic** 16.95  
sautéed with tomato, scallions and mushrooms,  
tossed with fresh pasta

**Jasmine Special** 16.95  
steamed shrimp and broccoli over jasmine rice with  
melted monterey jack cheese *(available with garlic leek brown rice)*

**Shrimp Casserole** 15.95  
monterey jack cheese, sherry garlic butter, broccoli

**Salmon Rice Bowl\*** 17.95  
garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach,  
gochujang sauce and sesame vinaigrette, substitute:  
• **Tuna "Sashimi"\*** 17.95  
• **Kung Pao Tofu** 15.95

**TACOS** ham hock braised black beans and rice

**Crispy Fish Tacos** 15.95  
avocado, pickled cabbage, chipotle mayo

**Blackened Salmon Tacos\*** 15.95  
salsa verde, avocado, cabbage & red onion crudito,  
queso fresco, sriracha aioli

Before placing your order, please inform your server if a  
person in your party has a food allergy. Allergen, ingredient  
and calorie information available upon request.

Framingham

## SALADS

**Vine Ripe Tomato & Burrata Salad** 8.95  
arugula, radicchio, pesto vinaigrette

**House Salad** 8.95  
cherry tomato, shaved carrot and sunflower seeds,  
creamy romano peppercorn dressing or  
tomato balsamic vinaigrette

**Caesar Salad** 8.95  
romaine hearts, garlic croutons, shaved romano, creamy dressing\*

**Chopped Greek Salad** 9.95  
olives, cucumbers, tomatoes, chickpeas, feta

**Market Salad** 8.95  
seasonal selection *(may contain nuts)*

### Top any of the above salads with...

- **Grilled Organic Chicken** 6.50 *additional*
- **New England Crabmeat** 12.00 *additional*
- **Grilled Shrimp** 9.00 *additional*
- **Grilled Salmon\*** 10.00 *additional*
- **Lobster Salad...** *market price*

**SANDWICHES** fries & coleslaw

**Crispy Fish Sandwich** 14.95  
tartar sauce, lettuce and tomato

**Crabmeat Roll** 19.95  
delicate New England crabmeat on a warm buttery bun

**Lobster Roll...** *market price*  
warm butter poached or traditional with mayo

**Tuna Burger** 16.95  
freshly ground tuna, chili paste, crumbs and spices

**Legal's Crab Cake** 18.50  
jumbo lump crab on a bun with mustard sauce

**Grilled Organic Chicken Sandwich** 14.95  
applewood smoked bacon, jack cheese, lettuce, tomato and mayo

**Hamburger\*** 13.95  
*(can be undercooked upon request)*  
- add cheese for 1.00

\*Served raw or undercooked, or contains (or may contain) raw  
or undercooked ingredients. Consuming raw or undercooked  
meats, poultry, seafood, shellfish, or eggs may increase your  
risk of foodborne illness, especially if you have certain medical  
conditions.

## LUNCH OPEN FLAME GRILLED

**Rainbow Trout** 16.95  
garlic leek brown rice, broccoli

**North Atlantic Sea Scallops** *market price*  
dry-packed, garlic leek brown rice, broccoli

**Salmon\*** 18.50  
jasmine rice, sautéed spinach

**Shrimp** 17.95  
garlic leek brown rice, broccoli

**Haddock** 18.95  
jasmine rice, sautéed spinach

selections based on quality and availability

add a skewer of scallops for 9.95 or shrimp for 6.95

## FLAVORS

kung pao sauce                      shandong sauce  
cajun spice                            lemon butter sauce  
cucumber yogurt sauce            herbes de provence butter

**LUNCH CRISPY FRIED** fries & coleslaw

**Seafood Trio** shrimp, whitefish, calamari 18.95

**Shrimp** 17.95

**New England Clams...** *market price*  
dry-packed, whole-bellied, sweet & petite

**North Atlantic Sea Scallops...** *market price*  
dry-packed

**Fish & Chips** 16.95

**Haddock** 18.95

## SIDES

sautéed kale  
*honey yogurt, roasted peanuts*

roasted mushrooms  
*confit shallots, herb oil, garlic butter*

fresh seasonal side salad *(may contain nuts)*

market vegetable  
*seasonal preparation*

*a la carte premium sides 7.50*

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*If it isn't fresh, it isn't Legal!®*

## TAKE-OUT MENU

Framingham  
50-60 Worcester Road  
Framingham, MA 01702  
Phone: 508-766-0600

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Order Packaged By

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Date

Restaurant Guest Services  
guestservices@legalseafoods.com  
800.732.0392 x9305

Prices subject to change.

## STARTERS

**Jumbo Shrimp Cocktail** 15.95

**Smoked Salmon\*** 14.95  
mustard sauce, capers, red onion, brioche toast points

**Legal's Signature Crab Cake** 17.50  
jumbo lump crab, mustard sauce, seasonal salad *(may contain nuts)*

**Oysters Legal** 16.95  
baked with spinach, cheese and crumbs

**Sautéed Mussels** 14.95  
1 ½ pounds with garlic, white wine, crushed red pepper

**Steamers** 17.95  
with drawn butter

**Kung Pao Chicken Wings** 11.95

**Crispy Calamari** 14.95  
• **regular**  
• **Rhode Island style** *(hot peppers and garlic)*  
• **Thai style** *(pineapple and peanuts)*

**Buffalo Popcorn Shrimp** 12.95  
avocado, blue cheese, celery hearts

**Hot Lump Crab Dip** 13.95  
horseradish, cheddar, cream cheese, seafood chips

**Bang Bang Cauliflower** kung pao 8.50

**New England Fried Clams**...market price  
dry-packed, whole-bellied, sweet & petite

**Shrimp Wontons** 11.95  
steamed with seaweed salad

## SOUPS

**New England Clam Chowder** cup 6.95 bowl 9.95

**Lite Clam Chowder** cup 6.95 bowl 9.95

**Fish Chowder** cup 6.95 bowl 9.95

**Lobster Bisque** cup 8.95 bowl 12.95

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## CLASSICS

**Nutty Salmon\*** 26.95  
almond-encrusted, sautéed in a lemon caper butter sauce, mushroom ravioli, spinach

**Shrimp & Garlic** 24.95  
sautéed with tomato, scallions and mushrooms, tossed with fresh pasta

**Cioppino** 32.95  
lobster, scallops, shrimp, calamari, littlenecks and mussels in a light tomato broth

**Legal's Signature Crab Cake Combo** 31.95  
one jumbo lump crab cake, grilled shrimp and scallops, mustard sauce, seasonal salad *(may contain nuts)*

**Legal's Signature Crab Cakes** 31.95  
two jumbo lump crab cakes, mustard sauce, seasonal salad *(may contain nuts)*

**Red Onion Jam Swordfish**...market price  
jasmine rice, sautéed sherry mushrooms, spinach

**Anna's Baked Boston Cod** 24.95  
seasoned crumbs, roasted tomato, spinach, jasmine rice

**Jasmine Special** 24.95  
steamed shrimp and broccoli over jasmine rice with melted monterey jack cheese *(available with garlic leek brown rice)*

**Seafood Casserole** 29.95  
scallops, shrimp, lobster, whitefish and cheese baked with sherry garlic butter, roasted fingerling potatoes, seasonal vegetable

**Baked Stuffed Shrimp Casserole** 28.95  
jumbo shrimp, buttery crabmeat stuffing, broccoli

**Lemon Caper Grey Sole** 29.95  
lemon beurre blanc, jasmine rice, sautéed spinach

**Salmon Rice Bowl\*** 23.95  
garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach, gouchujang sauce and sesame vinaigrette, substitute:  
• **Tuna "Sashimi"\*** 23.95 • **Kung Pao Tofu** 17.95

**Everything Spiced Tuna\***...market price  
*(cooked medium rare)* roasted red pepper sauce, cucumber sauce, jasmine rice, sautéed spinach

**Pan-Seared Boneless Half Chicken** 21.95  
mashed potatoes, broccoli, chive lemon butter sauce

**Grilled 8 oz. Filet Mignon\*** 35.95  
herbes de provence butter, mashed potatoes, broccoli  
*(\*can be undercooked upon request)*

**LEGAL LOBSTERS**  
from crisp, cold North Atlantic waters

**Steamed Lobsters**...market price  
1.25 - 1.50 lb  
1.50 - 1.75 lb  
2.00 - 2.50 lb

**Lobster Bake**...market price  
clam chowder, steamers, mussels, chouriço, 1-1.25 lb lobster

**CRISPY FRIED** fries and coleslaw

**Fish & Chips** 20.95

**Shrimp** 23.95

**Fisherman's Platter** 29.95  
shrimp, scallops, calamari, clams and whitefish

**New England Clams**...market price  
dry-packed, whole-bellied, sweet & petite

**North Atlantic Sea Scallops**...market price  
dry-packed

**Haddock** 26.95

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**OPEN FLAME GRILLED**  
add a skewer of scallops 9.95 or shrimp 6.95

**Grilled Assorted\*** 29.95  
chef's choice of three fish *(can be cooked medium rare)*, shrimp, scallops, mashed potatoes, sautéed spinach

**Swordfish Steak**...market price  
mashed potatoes, sautéed spinach

**Tuna Steak\***...market price  
*(cooked medium rare)* jasmine rice, seaweed salad

**Rainbow Trout** 19.95  
garlic leek brown rice, broccoli

**Salmon\*** 26.95  
jasmine rice, sautéed spinach

**Arctic Char** 26.95  
jasmine rice, sautéed spinach

**Halibut Steak** 32.95  
garlic leek brown rice, broccoli

**Shrimp** 23.95  
lgarlic leek brown rice, broccoli

**North Atlantic Sea Scallops**...market price  
dry-packed, garlic leek brown rice, broccoli

**Haddock** 26.95  
jasmine rice, sautéed spinach

## FLAVORS

kung pao sauce	shandong sauce
cajun spice	lemon butter
cucumber yogurt sauce	herbes de provence butter

## SIDES

sautéed kale  
*honey yogurt, roasted peanuts*

roasted mushrooms  
*confit shallots, herb oil, garlic butter*

fresh seasonal side salad *(may contain nuts)*

market vegetable  
*seasonal preparation*

*a la carte premium sides 7.50*