

## LUNCH CLASSICS

### Legal's Signature Crab Cake 17.95

jumbo lump crab cake, mustard sauce, broccoli, seasonal salad *(may contain nuts)*

### Everything Spiced Tuna\* 17.95

(cooked medium rare) roasted red pepper sauce, cucumber sauce, jasmine rice, sautéed spinach

### Anna's Baked Boston Cod 17.95

seasoned crumbs and tomato, broccoli and jasmine rice

### Grilled Mediterranean Salmon 17.95

hummus, cucumber yogurt sauce, orzo, whole wheat pita chips

### Portuguese Fisherman's Stew 16.95

whitefish stewed with mussels, clams and chouriço sausage in a saffron tomato broth

### Shrimp & Garlic 16.95

sautéed with tomato, scallions and mushrooms, tossed with fresh pasta

### Jasmine Special 16.95

steamed shrimp and broccoli over jasmine rice with melted monterey jack cheese (available with leek garlic brown rice)

### Shrimp Casserole 15.95

monterey jack cheese, sherry garlic butter, broccoli

### Salmon Rice Bowl 17.95

brown rice, kimchi, shiitake, seaweed salad, spinach, gochujang sauce and sesame vinaigrette, substitute:

- Tuna "Sashimi"\* 17.95
- Kung Pao Tofu 15.95

## TACOS ham hock braised black beans and rice

### Crispy Fish Tacos 15.95

avocado, pickled cabbage, chipotle mayo

### Blackened Salmon Tacos 15.95

salsa verde, avocado, cabbage & red onion crudito, queso fresco, sriracha aioli

Before placing your order, please inform your server if a person in your party has a food allergy. Allergen, ingredient and calorie information available upon request.

Framingham

## SALADS

### Vine Ripe Tomato &

### Manouri Cheese Salad 8.50

cucumber, basil, pickled red onion, arugula, white balsamic vinaigrette

### House Salad 8.50

cherry tomato, shaved carrot and sunflower seeds, creamy romano peppercorn dressing or tomato balsamic vinaigrette

### Caesar Salad 8.50

romaine hearts, garlic croutons, shaved romano, creamy dressing\*

### Chopped Greek Salad 9.50

olives, cucumbers, tomatoes, chick peas and feta

### Market Salad *(may contain nuts)* 8.95

seasonal selection

### Top any of the above salads with...

- Grilled Organic Chicken 6.50 *additional*
- New England Crabmeat 12.00 *additional*
- Grilled Shrimp 9.00 *additional*
- Grilled Salmon 10.00 *additional*
- Lobster Salad...*market price*

## SANDWICHES french fries and coleslaw

### Crispy Fish Sandwich 13.95

tartar sauce, lettuce and tomato

### Crabmeat Roll 19.95

delicate New England crabmeat on a warm buttery bun

### Lobster Roll...*market price*

warm butter poached or traditional with mayo

### Tuna Burger 16.95

freshly ground tuna, chili paste, crumbs and spices

### Legal's Crab Cake 17.95

jumbo lump crab on a bun with mustard sauce

### Grilled Organic Chicken Sandwich 13.95

applewood smoked bacon, jack cheese, lettuce, tomato and mayo

### Hamburger\* 13.95

(can be undercooked upon request)  
- add cheese for 1.00

\*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

## LUNCH OPEN FLAME GRILLED

### Rainbow Trout 16.95

leek garlic brown rice, broccoli

### North Atlantic Sea Scallops market price

dry packed

leek garlic brown rice, broccoli

### Salmon 18.95

jasmine rice, sautéed spinach

### Shrimp 17.95

leek garlic brown rice, broccoli

### Haddock 17.95

jasmine rice, sautéed spinach

selections based on quality and availability

add a skewer of scallops for 9.95 or shrimp for 6.95

## FLAVORS

kung pao sauce

cajun spice

cucumber yogurt sauce

shandong sauce

lemon butter sauce

bacon shallot brown butter

## LUNCH CRISPY FRIED french fries & coleslaw

### Seafood Trio shrimp, whitefish, calamari 17.95

### Shrimp 17.95

### New England Clams...*market price*

whole-bellied, sweet & petite, dry packed

### North Atlantic Sea Scallops...*market price*

dry packed

### Fish & Chips 16.95

### Haddock 17.95

## SIDES

sautéed kale

*honey yogurt, roasted peanuts*

roasted mushrooms

*confit shallots, herb oil, garlic butter*

baked potato

*monterey jack cheese, bacon, sour cream, chives*

fresh seasonal side salad *(may contain nuts)*

market vegetable

*seasonal preparation*

*a la carte premium sides 7.50*

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*If it isn't fresh, it isn't Legal! \**

## TAKE-OUT MENU

Enjoy your take-out order.

I am confident you will be completely satisfied.

We're angling for your thoughts -  
Give us a call and speak to any of our  
Managers with your feedback.

Thank you!

Framingham

50-60 Worcester Road

Framingham, MA 01702

Phone: 508-766-0600

Fax: 508-766-0617

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Order Packaged By

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Date

Restaurant Guest Services  
guestservices@legalseafoods.com  
800.732.0392 x9305

Prices subject to change.

## STARTERS

**Jumbo Shrimp Cocktail** 15.95

**Smoked Salmon\*** 14.95  
mustard sauce, capers, red onion, brioche toast points

**Legal's Signature Crab Cake** 16.95  
jumbo lump crab, mustard sauce, seasonal salad *(may contain nuts)*

**Oysters Legal** 16.95  
baked with spinach, cheese and crumbs

**Sautéed Mussels** 13.95  
1 1/2 pounds with garlic, white wine, crushed red pepper

**Steamers** 17.95  
steamed with drawn butter

**Kung Pao Chicken Wings** 11.95

**Crispy Calamari** 13.95  
• **regular**  
• **Rhode Island style** *(hot peppers and garlic)*  
• **Thai style** *(pineapple and peanuts)*

**Buffalo Popcorn Shrimp** 11.95  
avocado, blue cheese, celery hearts

**Hot Lump Crab Dip** 12.95  
horseradish, cheddar, cream cheese, seafood chips

**Bang Bang Cauliflower** kung pao 7.95

**New England Fried Clams**...market price  
whole-bellied, sweet & petite, dry packed

**Shrimp Wontons** 11.95  
steamed with seaweed salad

## SOUPS

**New England Clam Chowder** cup 6.95 bowl 9.95

**Lite Clam Chowder** cup 6.95 bowl 9.95

**Fish Chowder** cup 6.95 bowl 9.95

**Lobster Bisque** cup 8.95 bowl 12.95

Before placing your order, please inform your server if a person in your party has a food allergy.

## CLASSICS

**Nutty Salmon** 26.95  
almond encrusted, sautéed in a lemon caper butter sauce, mushroom ravioli and spinach

**Shrimp & Garlic** 24.95  
sautéed with tomato, scallions and mushrooms, tossed with fresh pasta

**Cioppino** 30.95  
lobster, scallops, shrimp, calamari, littlenecks and mussels in a light tomato broth

**Legal's Signature Crab Cake Combo** 30.95  
one jumbo lump crab cake, grilled shrimp and scallops, mustard sauce, seasonal salad *(may contain nuts)*

**Legal's Signature Crab Cakes** 30.95  
two jumbo lump crab cakes, mustard sauce, seasonal salad *(may contain nuts)*

**Red Onion Jam Swordfish**...market price  
jasmine rice, sautéed sherry mushrooms and spinach

**Anna's Baked Boston Cod** 23.95  
seasoned crumbs, roasted tomato, spinach, jasmine rice

**Jasmine Special** 24.95  
steamed shrimp and broccoli over jasmine rice with melted monterey jack cheese  
(available with leek garlic brown rice)

**Seafood Casserole** 28.95  
scallops, shrimp, lobster, whitefish and cheese baked with sherry garlic butter, roasted fingerling potatoes, seasonal vegetable

**Baked Stuffed Shrimp Casserole** 28.95  
jumbo shrimp, buttery crabmeat stuffing, broccoli

**Lemon Caper Grey Sole** 29.95  
lemon beurre blanc, jasmine rice, sautéed spinach

**Salmon Rice Bowl** 22.95  
brown rice, kimchi, shiitake, seaweed salad, spinach, gouchujang sauce and sesame vinaigrette, substitute:  
• **Tuna "Sashimi"**\* 22.95 • **Kung Pao Tofu** 16.95

**Everything Spiced Tuna\***...market price  
(cooked medium rare) roasted red pepper sauce, cucumber sauce, jasmine rice, sautéed spinach

**Pan Seared Boneless Half Chicken** 21.95  
mashed potatoes, broccoli, chive lemon butter sauce

**Grilled 8 oz. Filet Mignon\*** 35.95  
bacon shallot brown butter, mashed potatoes, broccoli  
\*can be undercooked upon request

**LEGAL LOBSTERS**  
from crisp, cold North Atlantic waters

**Steamed**...market price  
**1.25 - 1.50 lb**  
**1.50 - 1.75 lb**  
**2.00 - 2.50 lb**

**Lobster Bake**...market price  
clam chowder, steamers, mussels, chouriço, 1-1.25 lb lobster

**CRISPY FRIED** french fries & coleslaw

**Fish & Chips** 19.95

**Shrimp** 23.95

**Fisherman's Platter** 29.95  
shrimp, scallops, calamari, clams & whitefish

**New England Clams**...market price  
whole-bellied, sweet & petite, dry packed

**North Atlantic Sea Scallops**...market price  
dry packed

**Haddock** 25.95

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**OPEN FLAME GRILLED**  
add a skewer of scallops 9.95 or shrimp 6.95

**Assortment\*** 28.95  
chef's choice of three fish (can be cooked medium rare), shrimp, scallops, mashed potatoes, sautéed spinach

**Swordfish Steak**...market price  
mashed potatoes, sautéed spinach

**Tuna Steak\***...market price  
cooked medium rare, jasmine rice, seaweed salad

**Rainbow Trout** 19.95  
leek garlic brown rice, broccoli

**Salmon** 26.95  
jasmine rice, sautéed spinach

**Arctic Char** 26.95  
jasmine rice, sautéed spinach

**Halibut Steak** 32.95  
leek garlic brown rice, broccoli

**Shrimp** 23.95  
leek garlic brown rice, broccoli

**North Atlantic Sea Scallops**...market price  
dry packed, brown rice leeks, garlic, broccoli

**Haddock** 25.95  
jasmine rice, sautéed spinach

## FLAVORS

kung pao sauce	shandong sauce
cajun spice	lemon butter
cucumber yogurt sauce	bacon shallot brown butter

## SIDES

sautéed kale  
*honey yogurt, roasted peanuts*

roasted mushrooms  
*confit shallots, herb oil, garlic butter*

fresh seasonal side salad *(may contain nuts)*

baked potato  
*monterey jack cheese, bacon, sour cream, chives*

market vegetable  
*seasonal preparation*

*a la carte premium sides 7.50*