### LUNCH CLASSICS

### **Legal's Signature Crab Cake 18.50**

jumbo lump crab, mustard sauce, seasonal salad (may contain nuts), choice of one house side

### Jasmine Special 16.95

steamed shrimp and broccoli over jasmine rice with melted monterey jack cheese (available with garlic leek brown rice)

#### Anna's Baked Boston Cod 18.95

seasoned crumbs, roasted tomato, spinach jasmine rice

### Everything Tuna\*...market price

(cooked medium rare) roasted red pepper sauce, cucumber sauce, jasmine rice, sautéed spinach

### **Bowl of Gumbo** jasmine rice, fried okra with Shrimp 16.95 / Organic Chicken 13.95 / Crab 18.95

### Portuguese Fisherman's Stew 16.95

saffron tomato broth, chourico

**Salmon Rice Bowl\*** 17.95 garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach, gochujang sauce and sesame vinaigrette

substitute:

Tuna "Sashimi"\* 17.95 / Kung Pao Tofu 15.95

### **Grilled Mediterranean Salmon\*** 18.50

hummus, cucumber yogurt sauce, orzo, whole wheat pita chips

### Shrimp Casserole 15.95

monterey jack cheese and sherry garlic butter

#### **Crispy Fish Tacos** 15.95

avocado, pickled cabbage, chipotle mayo, ham hock braised black beans and rice

#### Blackened Tuna Tacos\* 15.95

avocado, pickled cabbage, chipotle mayo, ham hock braised black beans and rice

Before placing your order, please inform your server if a person in your party has a food allergy. Allergen, ingredient and calorie information available upon request.

\*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

### SALADS

#### House Salad 8.95

cherry tomato, shaved carrot and sunflower seeds, creamy romano peppercorn dressing or tomato balsamic vinaigrette

#### Classic Caesar Salad 8.95

romaine heaerts, garlic croutons, shaved romano, creamy dressing\*

### Chopped Greek Salad 9.95

olives, cucumbers, tomatoes, chickpeas, feta

### **Vine Ripe Tomato & Burrata Salad** 8.95

arugula, radicchio, pesto vinaigrette

#### Market Salad 8.95

seasonal selection (may contain nuts)

### Top any of the above salads with:

- Grilled Organic Chicken 6.50 additional
- New England Crabmeat 12.00 additional
- Grilled Shrimp 9.00 additional
- Grilled Salmon\* 10.00 additional

### SANDWICHES, BURGERS & PO BOYS

### Grilled Organic Chicken Sandwich 14.95

applewood smoked bacon, jack cheese, lettuce, tomato and mayo

### Tuna Burger 16.95

freshly ground tuna, chili paste, crumbs and spices

#### Lobster Roll...market price

warm butter poached or traditional with mayo

#### Crabmeat Roll 19.95

delicate New England crabmeat on a warm buttery bun

#### Super Sea Roll 22.95

lobster, shrimp, crab, avocado, bacon, lemon mayo

### Legal's Crab Cake 18.50

jumbo lump crab on a bun with mustard sauce

### Hamburger\* 13.95

(can be undercooked upon request) add cheese for 1.00

### Crispy Fish Sandwich 14.95

tartar sauce, lettuce and tomato

### Catfish Po' Boy 12.95

crispy fried with shredded lettuce, tomato, chipotle mayo

#### Shrimp Po' Boy 14.95

crispy fried with shredded lettuce, tomato, chipotle mayo

### Oyster Po' Boy 14.95

crispy fried with shredded lettuce, tomato, chipotle mayo

### LUNCH OPEN FLAME GRILLED

choice of two house sides or opt for two premium sides for an additional 1.95 each

Tuna Steak\* (medium rare)...market price

Salmon\* 18.50 (3)

Rainbow Trout 16.95

**Shrimp** 17.95

North Atlantic Sea Scallops...market price

dry-packed

Marinated Organic Chicken 22.95

add a skewer of scallops 9.95 ar shrimp 6.95

### **FLAVORS**

herbes de provence butter kung pao sauce lemon butter sauce cajun spice 🌂 cucumber yogurt sauce shandong sauce

seaweed salad

### HOUSE SIDES

a la carte house sides 5.50

french fries 🦄 garlic leek brown rice 🦄

iasmine rice broccoli 🤏 & cheese mashed sweet potatoes coleslaw (1.95)

spinach 🌂

### PREMIUM SIDES

a la carte premium sides 7.50

bacon braised greens crabmeat stuffed baked potato fresh seasonal side salad (may contain nuts) market vegetable seasonal preparation

### LUNCH CRISPY FRIED fries & coleslaw

**Seafood Trio** shrimp, whitefish, calamari 18.95

Oysters 21.95

**Shrimp** 17.95

North Atlantic Sea Scallops...market price dry-packed

Cod 18.95

Catfish 13.95

Fish & Chips regular or spicy 16.95



### TAKE-OUT MENU

**Crystal City** 2301 Jefferson Davis Highway Arlington, VA 22202 Phone: 703-415-1200

Order Packaged By

Date

**Restaurant Guest Services** questservices@legalseafoods.com 800.732.0392 x9305

Prices subject to change.

Crystal City

### STARTERS plates to share

Jumbo Shrimp Cocktail 16.50

### Crispy Calamari 14.95

- regular 🌂
- spicy
- Rhode Island style (hot peppers and garlic)
- Thai style (pineapple and peanuts)

### **Shrimp Wontons** 11.95

steamed with seaweed salad

# **Buffalo Popcorn Shrimp** 12.95

avocado, blue cheese, celery hearts

### Hot Lump Crab Dip 13.95

horseradish, cheddar and cream cheese, seafood chips

### Bang Bang Cauliflower kung pao 8.50

### Legal's Signature Crab Cake 17.50

jumbo lump crab, mustard sauce, seasonal salad

### **Kung Pao Chicken Wings** 11.95

### PURE & FRESH SHELLFISH

Fried Ovsters chorizo aioli 13.95

**Steamers** (soft shell clams) 17.95 with drawn butter

### Sautéed Mussels 14.95

1 ½ pounds with garlic, white wine, crushed red pepper

# New England Fried Clams...market price

dry-packed, whole-bellied, sweet & petite

### SOUPS

New England Clam Chowder cup 6.95 / bowl 9.95

Lite Clam Chowder cup 6.95 / bowl 9.95

Maryland Cream of Crab Soup cup 6.95 / bowl 9.95

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### CLASSICS

#### Lobster Bake...market price

cup of clam chowder, steamers, mussels, chouriço, corn on the cob, steamed 1-1.25 lb. lobster (larger sizes available please inquire)

#### Anna's Baked Boston Cod 24.95

seasoned crumbs, roasted tomato, spinach, jasmine rice (cod or haddock depending on landings)

### Jasmine Special 24.95

steamed shrimp and broccoli over jasmine rice with melted monterey jack cheese (available with garlic leek brown rice)

### **Shrimp and Garlic** 24.95

sautéed with tomato, scallions and mushrooms, tossed with fresh pasta

### **Baked Stuffed Shrimp Casserole** 28.95

jumbo shrimp, buttery crabmeat stuffing, choice of one house side

### **Louisiana Catfish Matrimony** 17.95

sautéed with shrimp and andouille sausage, jasmine rice, seasonal vegetables

### **Red Onion Jam Swordfish...**market price jasmine rice, sautéed sherry mushrooms, spinach

### **Everything Tuna\*...**market price grilled medium rare with everything spice mix, roasted red pepper and cucumber sauce, jasmine rice, spinach

### Nutty Salmon\* 26.95

almond-encrusted, sautéed in a lemon caper butter sauce, mushroom ravioli, spinach

### **Legal's Signature Crab Cakes** 31.95

two jumbo lump crab cakes, mustard sauce, seasonal salad (may contain nuts)

### **Legal's Signature Crab Cake Combo** 31.95

one jumbo lump crab cake, grilled shrimp and scallops, mustard sauce, seasonal salad (may contain nuts)

### **Pecan Crusted Snapper** 25.95

bourbon butter sauce, mashed sweet potatoes, seasonal vegetable

### Cioppino 32.95

lobster, scallops, shrimp, calamari, littlenecks, mussels and whitefish in a light tomato broth

#### **Seafood Casserole** 29.95

scallops, shrimp, lobster, whitefish and cheese baked with sherry garlic butter, choice of one house side

### Salmon Rice Bowl\* 23.95

garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach, gochujang sauce and sesame vinaigrette substitute:

Tuna "Sashimi"\* 23.95 / Kung Pao Tofu 17.95

### LOBSTERS & SURF N' TURF

choice of two house sides or opt for two premium sides for an additional 1.95 each

### Steamed Lobsters...market price

- 1.25 1.50 lb.
- 1.50 1.75 lb.

### Baked Stuffed Lobsters add 8.00 shrimp and scallop buttery cracker stuffing

#### Surf & Turf

6 oz. filet, herbes de provence butter, with:

- Shrimp and Scallops 42.95
- Steamed Lobster 42.95
- Crab Cake 45.95

# CRISPY FRIED

fries & coleslaw

# Fish & Chips 20.95

regular or spicy

# Fisherman's Platter 25.95

shrimp, scallops, calamari and whitefish

## New England Clams...market price dry-packed, whole-bellied, sweet & petite

### North Atlantic Sea Scallops...market price dry-packed

### Oysters 21.95

Cod 24.95

**Shrimp** 23.95

# Grilled 8 oz. Filet Mignon\* 35.95

herbes de provence butter

shrimp and scallops

## Marinated Organic Chicken 22.95

**OPEN FLAME GRILLED** 

choice of two house sides or opt for

Swordfish Steak...market price

Salmon\* 26.95

Snapper 25.95

**Shrimp** 23.95

dry-packed

Rainbow Trout 19.95

**Grilled Assorted\*** 29.95

two premium sides for an additional 1.95 each

Tuna Steak\* (medium rare)...market price

add a skewer of scallops 9.95 ar shrimp 6.95

North Atlantic Sea Scallops...market price

chef's choice of three fish (can be cooked medium rare),

### **FLAVORS**

### kung pao sauce lemon butter sauce 🤏 cucumber yogurt sauce

herbes de provence butter caiun spice 🦄 shandong sauce

### HOUSE SIDES

a la carte house sides 5.50

french fries 🤏 garlic leek brown rice broccoli & cheese 🦄

seaweed salad iasmine rice 🌂

mashed sweet potatoes spinach 🤏 coleslaw (1.95)

### PREMIUM SIDES

a la carte premium sides 7.50

bacon braised greens fresh seasonal side salad (may contain nuts) market vegetable seasonal preparation

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