

# SIGNATURE BOWLS

## TUNANIMOUS CHOICE<sup>G</sup> 13.95

sesame ginger tuna\* poke, jasmine rice, seaweed salad, charred broccoli, kimchi, radishes, nori furikake, poke sauce

## SALMON POKE-MANNA FROM HEAVEN<sup>G</sup> 13.95

sesame ginger salmon\* poke, brown rice, avocado, marinated tomatoes & cucumbers, rainbow carrots, scallions, spiced seeds & nuts, poke sauce

## NOODLE IT OVER SHRIMP<sup>G</sup> 13.95

marinated organic shrimp, lo mein noodles, marinated mushrooms, rainbow carrots, spicy roasted sweet potatoes, cucumbers, scallions, basil, cilantro, mint, tahini dressing

## PICK YOUR HOISIN<sup>G</sup> 13.95

hoisin glazed salmon, grilled lemon kale, charred broccoli, zucchini noodles, sunflower seeds, sesame seeds, red pepper flakes, avocado, cider dijon dressing

## TUNA SPICED NICE<sup>G</sup> 13.95

spicy tuna\*, sushi rice, avocado, edamame, cucumber, wasabi peas, tobiko\*, tamari

## CHICKY CHICKY BANG BANG<sup>G</sup> 11.95

soy ginger chicken, jasmine rice, grilled lemon kale, spicy roasted sweet potatoes, charred broccoli, sunflower seeds, orange chipotle dressing

# LIQUID BOWLS

## NEW ENGLAND CLAM CHOWDER<sup>G</sup> 9.95

# HOUSEMADE BEVERAGES

## LEMONADE 2.50

## ORGANIC GREEN TEA 2.50

mint, basil, elderflower syrup

## HAYMAKER'S PUNCH 2.50

raw honey, apple cider vinegar, ginger

<sup>G</sup> contains gluten

\*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

# CREATE YOUR OWN

7.95 + protein (optional)

## Step ● ALL ABOARD choose 1 base

brown rice  
jasmine rice  
mixed field greens  
zucchini noodles  
lo mein noodles<sup>G</sup>

## Step ● YOUR CAST choose up to 3 sides

roasted cauliflower & shallots  
marinated tomatoes & cucumbers  
spicy roasted sweet potatoes  
grilled lemon kale  
seaweed salad<sup>G</sup>  
edamame  
charred broccoli  
chickpea salad  
rainbow carrots  
marinated mushrooms  
shaved romano cheese  
avocado half ..... + 1.25

## Step ● REEL IT IN add a protein (optional)

hoisin glazed salmon<sup>G</sup> ..... + 5.00  
marinated organic shrimp ..... + 5.00  
tuna\* poke<sup>G</sup> ..... + 5.00  
salmon\* poke<sup>G</sup> ..... + 5.00  
spicy tuna\* ..... + 5.00  
soy ginger chicken<sup>G</sup> ..... + 3.00  
kung pao tofu<sup>G</sup> ..... + 3.00

## Step ● NIBBLES choose 1 crunch

spiced seeds & nuts  
wasabi peas<sup>G</sup>  
sunflower seeds  
nori furikake  
sesame seeds

## Step ● END OF THE LINE choose 1 dressing

sesame ginger<sup>G</sup>  
cider dijon  
orange chipotle<sup>G</sup>  
olive oil & vinegar  
tahini  
poke sauce<sup>G</sup>