

## STARTERS

**Blackened Raw Tuna "Sashimi"**\* 15.50 🌿  
sesame chili vinaigrette, seaweed salad and wasabi

**Steamers** with drawn butter 18.95 🌿

**Jumbo Shrimp Cocktail** 16.50 🌿

**Steamed Mussels** 14.95 🌿  
1 ½ pounds with garlic, white wine, crushed red pepper

**New England Fried Clams**...market price 🌿  
dry-packed, whole-bellied, sweet & petite

**Legal's Signature Crab Cake** 17.50  
jumbo lump crab, mustard sauce,  
seasonal salad *(may contain nuts)*

**Fried Oysters** chorizo aioli 13.95

**Crispy Calamari** 14.95  
• regular 🌿  
• spicy 🌿  
• Rhode Island style *(hot peppers and garlic)* 🌿  
• Thai style *(pineapple and peanuts)*

**Shrimp Wontons** 12.95  
handmade steamed wontons with sea vegetable salad

**Buffalo Popcorn Shrimp** 12.95 🌿  
avocado, blue cheese, celery hearts

**Bang Bang Cauliflower** kung pao 8.95

**Hot Lump Crab Dip** 13.95  
horseradish, cheddar and cream cheese, seafood chips

**Kung Pao Chicken Wings** 12.95

## SOUPS

**New England Clam Chowder** cup 7.50 bowl 9.95

**Lite Clam Chowder** cup 7.50 bowl 9.95 🌿

**Lobster Bisque** cup 8.95 bowl 12.95  
authentic creamy bisque garnished with lobster

🌿 *can be prepared without gluten*

Before placing your order, please inform your server if a person in your party has a food allergy. Allergen, ingredient and calorie information available upon request. \*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

## LEGAL LOBSTERS from crisp, cold North Atlantic waters

**Steamed Lobsters**...market price 🌿

**Baked Stuffed Lobsters** add 9.00 🌿  
shrimp and scallop buttery cracker stuffing

**Lobster Bake**...market price 🌿  
cup of clam chowder, steamers, mussels, chouriço, corn on the cob,  
steamed 1-1.25 lb. lobster *(larger sizes available please inquire)*

## OPEN FLAME GRILLED

**Salmon\*** 18.95 🌿

**Rainbow Trout** 17.95 🌿

**Shrimp** 18.95 🌿

**North Atlantic Sea Scallops**...market price 🌿  
dry-packed

**Haddock** 18.95 🌿

choice of two house sides or opt for two premium sides for 1.95 each  
add a flavor for no additional charge - kung pao sauce, shandong sauce,  
lemon butter sauce 🌿, cajun spice 🌿, cucumber yogurt sauce 🌿,  
herbes de provence butter 🌿  
add a skewer of scallops 9.95 🌿 or shrimp 6.95 🌿

### HOUSE SIDES

*à la carte* 5.50

french fries 🌿  
corn on the cob 🌿  
garlic leek brown rice 🌿  
broccoli 🌿  
seaweed salad  
jasmine rice 🌿  
mashed potatoes 🌿  
sautéed spinach 🌿  
coleslaw (1.95) 🌿

### PREMIUM SIDES

*à la carte* 7.50

sautéed kale 🌿  
*honey yogurt, roasted peanuts*  
fresh seasonal side salad  
*(may contain nuts)*  
roasted mushrooms 🌿  
*confit shallots, herb oil, garlic butter*  
market vegetable  
*seasonal preparation*

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## LUNCH CLASSICS

**Shrimp Casserole** monterey jack cheese and sherry garlic butter 16.95 🌿

**Legal's Signature Crab Cake** jumbo lump crab, mustard sauce, seasonal salad (*may contain nuts*) 18.50

**Grilled Mediterranean Salmon\*** hummus, cucumber yogurt sauce, orzo, whole wheat pita chips 18.95

**Curried Shrimp** pineapple, peanuts and jasmine rice 15.95

**Jasmine Special** 17.95 🌿

steamed shrimp and broccoli over jasmine rice with melted monterey jack cheese (*available with garlic leek brown rice*)

**Anna's Baked Boston Cod** seasoned crumbs, roasted tomato, spinach, jasmine rice 18.95 🌿

**Portuguese Fisherman's Stew** 16.95 🌿

whitefish stewed with mussels, clams and chouriço sausage in a saffron tomato broth

**Everything Spiced Tuna\*** 17.95 🌿

(*cooked medium rare*) roasted red pepper sauce, cucumber sauce, jasmine rice, sautéed spinach

**Salmon Rice Bowl\*** 17.95

garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach, gochujang sauce and sesame vinaigrette  
substitute: **Tuna "Sashimi"**\* 17.95 / **Kung Pao Tofu** 15.95

## SALADS

**House Salad** 8.95 🌿

cherry tomato, shaved carrot and sunflower seeds, creamy romano peppercorn dressing or tomato balsamic vinaigrette

**Classic Caesar Salad** 8.95 🌿

romaine hearts, garlic croutons, shaved romano, creamy dressing

**Chopped Greek Salad** 9.95 🌿

olives, cucumbers, tomatoes, chickpeas, feta

**Vine Ripe Tomato & Burrata Salad** 8.95

arugula, radicchio, pesto vinaigrette

**Market Salad** 8.95

seasonal selection (*may contain nuts*)

**Top any of the above salads with:**

- Grilled Organic Chicken 7.00 *additional* 🌿
- New England Crabmeat 13.00 *additional* 🌿
- Grilled Shrimp 10.00 *additional* 🌿
- Grilled Salmon\* 11.00 *additional* 🌿

## CRISPY FRIED fries and coleslaw

**Seafood Trio** 18.95 🌿

shrimp, whitefish, calamari

**New England Fried Clams...**market price 🌿

dry-packed, whole-bellied, sweet & petite

**Fish & Chips** regular or spicy 17.95 🌿

**Shrimp** 18.95 🌿

**North Atlantic Sea Scallops...**market price 🌿

dry-packed

**Cod** 18.95 🌿

## SANDWICHES fries and coleslaw

**Legal's Crab Cake** 18.50

jumbo lump crab on a bun with mustard sauce

**Lobster Roll...**market price 🌿

warm butter poached or traditional with mayo

**Salmon Avocado BLT\*** 15.95

chipotle mayo, avocado, multigrain toast

**Crispy Fish Sandwich** 14.95 🌿

tartar sauce, lettuce and tomato

**Tuna Burger** 16.95

chili spiced fresh ground tuna, herb crumbs, roasted red pepper sauce

**Hamburger\*** 14.95 🌿

(*can be undercooked upon request*)

add cheese for 1.00

**Grilled Organic Chicken Sandwich** 14.95 🌿

applewood smoked bacon, jack cheese, lettuce, tomato and mayo

## TACOS ham hock braised black beans and rice

**Crispy Fish Tacos** 16.95

avocado, pickled cabbage, chipotle mayo

**Blackened Tuna Tacos\*** 16.95

avocado, pickled cabbage, chipotle mayo

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