

Starters

Blackened Tuna "Sashimi"* 11.95 
sesame chili vinaigrette, seaweed salad and wasabi

Spicy Tuna Avocado Bomb* 14.95
seaweed salad, tobiko, teriyaki sauce

Jumbo Shrimp Cocktail 15.95 

Fried Pickles romano peppercorn dressing 3.95 

Sweet and Spicy Ribs 10.95 
cumin, carrot and cabbage slaw

Spicy Tuna Meatballs 9.95
freshly ground tuna, romano cheese, calabrian pepper sauce

Legal's Signature Crab Cake 17.50
jumbo lump crab, mustard sauce, seasonal salad *(may contain nuts)*


Mussels Fra Diavolo calabrian pepper sauce, crostini 14.95

Coconut Shrimp orange ginger marmalade 14.50 

Devilish Deviled Eggs 4.95 
crispy shallots, blue cheese, bacon

Thai Roasted Chicken Wings 11.95

Warm Spinach and Feta Dip whole wheat pita chips 8.95

Crispy Calamari 14.95 
regular or Rhode Island style *(hot peppers and garlic)*

Edamame togarashi or sea salt 4.95 

Bang Bang Cauliflower kung pao 8.50

Steamed Shrimp Wontons 11.95
soy ginger dipping sauce, seaweed salad

Pizza

White Clam pancetta and arugula 11.95

Crab & Pepperoni mozzarella, peppadew peppers 15.95

Chipotle BBQ Organic Chicken 12.95
bacon, jalapeño jam, gouda, cheddar

Tomato Pesto* mozzarella, egg, arugula 12.95

Chef's Daily Feature

Soups

New England Clam Chowder mug 7.95

Rhode Island Red Clam Chowder mug 7.95

Lobster Bisque mug 9.95


Legal Lobsters

from crisp, cold north atlantic waters

Steamed Lobsters...market price 

- 1.25-1.50 lb.
- 1.50-1.75 lb.
- 2.00-2.50 lb.

Baked Stuffed Lobsters 8.00 more 
shrimp and scallop buttery cracker stuffing

New England Lobster Bake...market price 
cup of our famous clam chowder, steamed clams and mussels, grilled chouriço, corn on the cob, steamed 1-1.25 lb. lobster

 *can be prepared without gluten*

Before placing your order, please inform your server if a person in your party has a food allergy.

*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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Salads

Big Green Salad 8.50
carrots, cucumber, tomato, crispy shallots,
cider dijon vinaigrette

Caesar Salad 8.95 🌿
romaine hearts, garlic croutons, shaved romano,
creamy dressing

Tortilla, Apple and Goat Cheese Salad 8.50
avocado, roasted red peppers, chipotle orange dressing

Baby Gem & Halloumi Salad 8.95
avocado, crispy chickpeas, roasted garlic-lemon dressing

Wedge Salad 9.95
blue cheese, bacon, tomatoes, blue cheese vinaigrette

Top any of the above salads with:

- Grilled Organic Chicken 6.50 *additional* 🌿
- New England Crabmeat 12.00 *additional* 🌿
- Grilled Shrimp 9.00 *additional* 🌿
- Grilled Salmon* 10.00 *additional* 🌿
- Lobster Salad...market price 🌿

Classics

Legal's Signature Crab Cake 18.50
jumbo lump crab, mustard sauce, jasmine rice,
seasonal salad (*may contain nuts*)

Crabmeat and Avocado 19.95 🌿
tomato, cucumbers, egg, big green lettuce mix,
cider dijon vinaigrette

New England Fried Clams...market price 🌿
dry-packed, whole-bellied, sweet & petite, tartar sauce,
fries, coleslaw

Roasted Cod & Olive Meyer Lemon Relish 18.95 🌿
jasmine rice, spinach

Shandong Shrimp seaweed salad, jasmine rice 17.95

Grilled Salmon* 18.95 🌿
jasmine rice, seasonal vegetable

Beer Battered Fish and Chips 16.95 🌿
tartar sauce, fries, coleslaw

North Atlantic Sea Scallops...market price 🌿
brown rice pilaf, sautéed spinach

Legal C Bar Bento Box* 19.95
tuna nigiri, shrimp wontons, coconut shrimp,
salmon avocado sushi roll

Cajun Grilled Rainbow Trout 19.95
mashed sweet potatoes, sautéed spinach

Bistro Steak Tips* 20.95
fingerling potatoes, mushrooms, onions, garlic butter,
seasonal vegetable

Grilled Mahi Mahi Tacos 14.95
pineapple salsa, red cabbage crudito, chipotle lime crema,
ham hock braised black beans and rice

Sandwiches

fries and coleslaw

Panko Romano Fish Sandwich 14.95
chipotle tartar sauce, pickled red onion

Tuna Burger 16.95
freshly ground tuna, spices, roasted red pepper sauce

Blackened Salmon Reuben 14.95 🌿
Russian dressing, gouda and coleslaw on rye

Cubano 13.95
pulled pork, ham, swiss, pickles, sweet & spicy mustard,
fried plantains

Patty Melt* 14.95
hamburger, caramelized onions, swiss cheese, toasted rye

Lobster Wrap...market price
freshly shucked lobster, avocado, bacon and chipotle mayo

(C) BLT 14.95
marinated grilled organic chicken, chipotle mayo

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