

STARTERS

Blackened Raw Tuna "Sashimi"* 15.50 🌿
sesame chili vinaigrette, seaweed salad and wasabi

Steamers (soft shell clams) 18.95 🌿
with drawn butter

Jumbo Shrimp Cocktail 16.50 🌿

Steamed Mussels 14.95 🌿
1 ½ pounds with garlic, white wine, crushed red pepper

New England Fried Clams...market price 🌿
dry-packed, whole-bellied, sweet & petite

Legal's Signature Crab Cake 17.50
jumbo lump crab, mustard sauce,
seasonal salad (may contain nuts)

Fried Oysters chorizo aioli 13.95

Crispy Calamari 14.95
• regular 🌿
• spicy 🌿
• Rhode Island style (hot peppers and garlic) 🌿
• Thai style (pineapple and peanuts)

Crispy Calamari Trio 18.95
regular, Rhode Island style (hot peppers and garlic)
and Thai style (pineapple and peanuts)

Shrimp Wontons 12.95
handmade steamed wontons with sea vegetable salad

Buffalo Popcorn Shrimp 12.95 🌿
avocado, blue cheese, celery hearts

Bang Bang Cauliflower kung pao 8.95

Hot Lump Crab Dip 13.95
horseradish, cheddar and cream cheese, seafood chips

Kung Pao Chicken Wings 12.95

SOUPS

New England Clam Chowder cup 7.50 bowl 9.95

Lite Clam Chowder cup 7.50 bowl 9.95 🌿

Maryland Cream of Crab Soup cup 7.50 bowl 9.95

🌿 can be prepared without gluten

Before placing your order, please inform your server if a person in your party has a food allergy. Allergen, ingredient and calorie information available upon request. *Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

LEGAL LOBSTERS from crisp, cold North Atlantic waters

Steamed Lobsters...market price 🌿

Baked Stuffed Lobsters add 9.00 🌿
shrimp and scallop buttery cracker stuffing

Lobster Bake...market price 🌿
cup of clam chowder, steamers, mussels, chouriço, corn on the cob, steamed 1-1.25 lb. lobster (larger sizes available please inquire)

OPEN FLAME GRILLED

Salmon* 18.95 🌿

Rainbow Trout 17.95 🌿

Shrimp 18.95 🌿

North Atlantic Sea Scallops...market price 🌿
dry-packed

Haddock 18.95 🌿

choice of two house sides or opt for two premium sides for an additional 1.95 each

add a flavor for no additional charge - kung pao sauce, shandong sauce, lemon butter sauce 🌿, cajun spice 🌿, cucumber yogurt sauce 🌿, herbes de provence butter 🌿

add a skewer of scallops 9.95 🌿 or shrimp 6.95 🌿

HOUSE SIDES

à la carte 5.50

french fries 🌿
garlic leek brown rice 🌿
broccoli 🌿
seaweed salad
jasmine rice 🌿
mashed potatoes 🌿
coleslaw (1.95) 🌿
baked potato 🌿

PREMIUM SIDES

à la carte 7.50

sautéed kale 🌿
honey yogurt, roasted peanuts
fresh seasonal side salad
(may contain nuts)
roasted mushrooms 🌿
confit shallots, herb oil, garlic butter
market vegetable
seasonal preparation

Before placing your order, please inform your server if a person in your party has a food allergy. Allergen, ingredient and calorie information available upon request. *Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

LUNCH CLASSICS

Shrimp Casserole monterey jack cheese and sherry garlic butter 16.95 🌿

Legal's Signature Crab Cake jumbo lump crab, mustard sauce, seasonal salad *(may contain nuts)* 18.50

Grilled Mediterranean Salmon* hummus, cucumber yogurt sauce, orzo, whole wheat pita chips 18.95

Fried Oysters and Organic Chicken Salad toasted brioche, lettuce, tomato, cocktail sauce 13.95

Jasmine Special 16.95 🌿

steamed shrimp and broccoli over jasmine rice with melted monterey jack cheese *(available with garlic leek brown rice)*

Anna's Baked Boston Cod seasoned crumbs, roasted tomato, spinach, jasmine rice 18.95 🌿

Portuguese Fisherman's Stew 16.95 🌿

whitefish stewed with mussels, clams and chouriço sausage in a saffron tomato broth

Everything Spiced Tuna* 17.95 🌿

(cooked medium rare) roasted red pepper sauce, cucumber sauce, jasmine rice, sautéed spinach

Salmon Rice Bowl* 17.95

garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach, gochujang sauce and sesame vinaigrette

substitute: **Tuna "Sashimi"*** 17.95 / **Kung Pao Tofu** 15.95

SALADS

House Salad 8.95 🌿

cherry tomato, shaved carrot and sunflower seeds, creamy romano peppercorn dressing or tomato balsamic vinaigrette

Classic Caesar Salad 8.95 🌿

romaine hearts, garlic croutons, shaved romano, creamy dressing

Chopped Greek Salad 9.95 🌿

olives, cucumbers, tomatoes, chickpeas, feta

Vine Ripe Tomato & Burrata Salad 8.95

arugula, radicchio, pesto vinaigrette

Market Salad 8.95

seasonal selection *(may contain nuts)*

Top any of the above salads with:

- **Grilled Organic Chicken** 7.00 *additional* 🌿
- **New England Crabmeat** 13.00 *additional* 🌿
- **Grilled Shrimp** 10.00 *additional* 🌿
- **Grilled Salmon*** 11.00 *additional* 🌿

SANDWICHES

Legal's Crab Cake 18.50

jumbo lump crab on a bun with mustard sauce

Tuna Burger 16.95

chili spiced fresh ground tuna, herb crumbs, roasted red pepper sauce

Lobster Roll...market price 🌿

warm butter poached or traditional with mayo

Salmon Avocado BLT* 15.95

chipotle mayo, avocado, multigrain toast

Grilled Organic Chicken Sandwich 14.95 🌿

applewood smoked bacon, jack cheese, lettuce, tomato and mayo

🌿 *can be prepared without gluten*

Before placing your order, please inform your server if a person in your party has a food allergy. Allergen, ingredient and calorie information available upon request. *Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

CRISPY FRIED

fries and coleslaw

Seafood Trio 18.95 🌿

shrimp, whitefish, calamari

New England Fried Clams...market price 🌿

dry-packed, whole-bellied, sweet & petite

Fish & Chips 17.95 🌿

regular or spicy

Shrimp 18.95 🌿

North Atlantic Sea Scallops...market price 🌿

dry-packed

Cod 18.95 🌿

Crispy Fish Sandwich 14.95 🌿

tartar sauce, lettuce and tomato

Hamburger* *(can be undercooked upon request)* 14.95 🌿

add cheese for 1.00

TACOS

ham hock braised black beans and rice

Crispy Fish Tacos 16.95

avocado, pickled cabbage, chipotle mayo

Blackened Tuna Tacos* 16.95

avocado, pickled cabbage, chipotle mayo