

## SOUPS & SALADS

**New England Clam Chowder** cup 6.95 bowl 9.95

**Lite Clam Chowder** cup 6.95 bowl 9.95 🌿

**Fish Chowder** cup 6.95 bowl 9.95

**Lobster Bisque** cup 8.95 bowl 12.95  
garnished with lobster

**Vine Ripe Tomato & Burrata Salad** 8.95  
arugula, radicchio, pesto vinaigrette

**House Salad** 8.95 🌿  
cherry tomato, shaved carrot and sunflower seeds,  
creamy romano peppercorn dressing  
or tomato balsamic vinaigrette

**Caesar Salad** 8.95 🌿  
romaine hearts, croutons, shaved pecorino,  
creamy dressing\*

**Chopped Greek Salad** 9.95 🌿  
olives, cucumbers, tomatoes, chickpeas, feta

**Market Salad** 8.95  
seasonal selection (*may contain nuts*)

*Top any of the above salads with:*

- **Grilled Organic Chicken** 6.50 *additional* 🌿
- **New England Crabmeat** 12.00 *additional* 🌿
- **Grilled Shrimp** 9.00 *additional* 🌿
- **Grilled Salmon\*** 10.00 *additional* 🌿
- **Lobster Salad...market price** 🌿

## PIZZA

**Crab & Pepperoni** 13.95  
mozzarella, peppadew peppers

**White Clam** pancetta and arugula 11.95

**Chipotle BBQ Organic Chicken** 12.95  
bacon, jalapeno jam, gouda, cheddar

**Shrimp Feta Spinach** 12.95  
caramelized onions, garlic confit, fontina

**Chef's Daily Feature**

## CRISPY FRIED

fries and coleslaw

**Seafood Trio** 18.95 🌿  
shrimp, whitefish, calamari

**Shrimp** 17.95 🌿

**New England Clams...market price** 🌿  
dry-packed, whole-bellied, sweet & petite

**Fish & Chips** 16.95 🌿

**Haddock** 18.95 🌿

## CLASSICS

**Legal's Signature Crab Cake** 18.50  
jumbo lump crab cake, mustard sauce,  
broccoli, seasonal salad (*may contain nuts*)

**Everything Spiced Tuna\*** 17.95 🌿  
(*cooked medium rare*), roasted red pepper sauce,  
cucumber sauce, jasmine rice, sautéed spinach

**Shrimp Casserole** 15.95  
monterey jack cheese, sherry garlic butter, broccoli

**Grilled Mediterranean Salmon\*** 18.50  
hummus, cucumber yogurt sauce, orzo,  
whole wheat pita chips

**Jasmine Special** 16.95 🌿  
steamed shrimp and broccoli over jasmine rice  
with melted monterey jack cheese  
(*available with garlic leek brown rice*)

**Shrimp & Garlic** 16.95  
sautéed with tomato, scallions and mushrooms,  
tossed with fresh pasta

## STARTERS

**Blackened Raw Tuna "Sashimi"\*** 15.50 🌿  
sesame chili vinaigrette, seaweed salad and wasabi

**Jumbo Shrimp Cocktail** 15.95 🌿

**Smoked Salmon\*** 14.95 🌿  
mustard sauce, capers, red onion,  
brioche toast points

**Legal's Signature Crab Cake** 17.50  
jumbo lump crab, mustard sauce,  
seasonal salad (*may contain nuts*)

**Sautéed Mussels** 14.95 🌿  
1 ½ pounds with garlic, white wine,  
crushed red pepper

**Steamers** 17.95 🌿  
with drawn butter

**Bang Bang Cauliflower** kung pao sauce 8.50

## OPEN FLAME GRILLED

add a skewer of scallops 9.95 🌿 or shrimp 6.95 🌿

**Rainbow Trout** 16.95 🌿  
garlic leek brown rice, broccoli

**Tuna Steak\*...market price** 🌿  
(*cooked medium rare*), jasmine rice, seaweed salad

**North Atlantic Sea Scallops...market price** 🌿  
dry-packed, garlic leek brown rice, broccoli

**Salmon\*** 18.50 🌿  
jasmine rice, sautéed spinach

**Shrimp** 17.95 🌿  
garlic leek brown rice, broccoli

**Haddock** 18.95 🌿  
jasmine rice, sautéed spinach

## FLAVORS

add a flavor for no additional charge

- cajun spice 🌿
- kung pao sauce
- shandong sauce
- cucumber yogurt sauce 🌿
- lemon butter sauce 🌿
- herbes de provence butter 🌿

**Anna's Baked Boston Cod** 18.95 🌿  
seasoned crumbs, roasted tomato, spinach,  
jasmine rice

**Portuguese Fisherman's Stew** 16.95 🌿  
whitefish stewed with mussels, clams and  
chouriço sausage in a saffron tomato broth

**Salmon Rice Bowl\*** 17.95  
garlic leek brown rice, kimchi, shiitake,  
seaweed salad, spinach, gochujang sauce  
and sesame vinaigrette  
substitute:

- **Tuna "Sashimi"\*** 17.95
- **Kung Pao Tofu** 15.95

**Steamed Lobsters ...market price** 🌿  
from crisp, cold North Atlantic waters  
roasted fingerling potatoes, seasonal vegetable

- 1.25-1.50 lb.
- 1.50-1.75 lb.
- 2.00-2.50 lb.

**Crispy Calamari** 14.95

- **regular** 🌿
- **Rhode Island style** (*hot peppers and garlic*) 🌿
- **Thai style** (*pineapple and peanuts*)

**Buffalo Popcorn Shrimp** 12.95 🌿  
avocado, blue cheese, celery hearts

**Hot Lump Crab Dip** 13.95  
horseradish, cheddar, cream cheese, seafood chips

**Oysters Legal** 16.95  
baked with spinach, cheese and crumbs

**New England Fried Clams...market price** 🌿  
dry-packed, whole-bellied, sweet & petite

**Shrimp Wontons** 11.95  
steamed with seaweed salad

**Kung Pao Chicken Wings** 11.95

## SANDWICHES

fries and coleslaw

**Crispy Fish Sandwich** 14.95 🌿  
tartar sauce, lettuce and tomato

**Crabmeat Roll** 19.95 🌿  
delicate New England crabmeat  
on a warm buttery bun

**Lobster Roll...market price** 🌿  
warm butter-poached or traditional with mayo

**Tuna Burger** 16.95  
freshly ground tuna, chili paste, crumbs and spices

**Legal's Crab Cake** 18.50  
jumbo lump crab on a bun with mustard sauce

**Grilled Organic Chicken Sandwich** 14.95 🌿  
applewood smoked bacon, jack cheese,  
lettuce, tomato and mayo

**Hamburger\*** 13.95 🌿  
(*can be undercooked upon request*)  
add cheese for 1.00

## TACOS

ham hock braised black beans and rice

**Crispy Fish Tacos** 15.95  
avocado, pickled cabbage, chipotle mayo

**Blackened Salmon Tacos\*** 15.95  
salsa verde, avocado, cabbage & red onion crudito,  
queso fresco, sriracha aioli

## SIDES

7.50

- sautéed kale 🌿
- *honey yogurt, roasted peanuts*
- fresh seasonal side salad (*may contain nuts*)
- roasted mushrooms 🌿
- *confit shallots, herb oil, garlic butter*
- market vegetable
- *seasonal preparation*

🌿 *can be prepared without gluten*

Before placing your order, please inform your server if a person in your party has a food allergy. Allergen, ingredient and calorie information available upon request.

\*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.