

STARTERS

Blackened Raw Tuna* "Sashimi" 14.95 🌿
pan seared and sliced with sesame chili vinaigrette,
seaweed salad and wasabi

Steamers steamed with drawn butter 17.95 🌿

Smoked Salmon* 14.95 🌿
mustard sauce, capers, red onion, brioche toast points

Jumbo Shrimp Cocktail 15.95 🌿

Sautéed Mussels 13.95 🌿
1 1/2 pounds with garlic, white wine, crushed red pepper

New England Fried Clams...market price 🌿
whole-bellied, sweet & petite, dry packed

Legal's Signature Crab Cake 16.95
jumbo lump crab, mustard sauce, seasonal salad
(may contain nuts)

Oysters Legal 16.95 🌿
baked with spinach, cheese and crumbs

Crispy Calamari 13.95
• regular 🌿
• spicy
• Rhode Island style (hot peppers and garlic) 🌿
• Thai style (pineapple and peanuts)

Shrimp Wontons 11.95
steamed with seaweed salad

Buffalo Popcorn Shrimp 11.95 🌿
avocado, blue cheese, celery hearts

Bang Bang Cauliflower kung pao 7.95

Hot Lump Crab Dip 12.95
horseradish, cheddar and cream cheese, seafood chips

Kung Pao Chicken Wings 11.95

SOUPS

New England Clam Chowder cup 6.95 bowl 9.95

Lite Clam Chowder cup 6.95 bowl 9.95 🌿

Fish Chowder cup 6.95 bowl 9.95

Lobster Bisque cup 8.95 bowl 12.95
authentic creamy bisque garnished with lobster

🌿 can be prepared without gluten

Before placing your order, please inform your server if a person in your party has a food allergy. *Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

LEGAL LOBSTERS

 from crisp, cold North Atlantic waters
roasted fingerling potatoes and seasonal vegetable

Steamed 1.25-1.50 lb 36.95 / 1.50-1.75 lb 44.95 / 2.00-2.50 lb 59.95 🌿

Baked Stuffed Lobster add 8.00 🌿
shrimp & scallop buttery cracker stuffing

Lobster Bake 44.95 🌿
cup of clam chowder, steamers, mussels, chouriço, corn on the cob,
steamed 1-1.25 lb. lobster (larger sizes available please inquire)

OPEN FLAME GRILLED

Salmon 17.95 🌿
jasmine rice, sautéed spinach

Rainbow Trout 16.95 🌿
leek garlic brown rice, broccoli

Shrimp 17.95 🌿
leek garlic brown rice, broccoli

**North Atlantic
Sea Scallops...**market price 🌿
dry packed
leek garlic brown rice, broccoli

Haddock 17.95 🌿
jasmine rice, sautéed spinach

add a flavor for no additional charge - kung pao sauce, shandong sauce,
lemon butter sauce 🌿, cajun spice 🌿, cucumber yogurt sauce 🌿,
bacon shallot brown butter 🌿

add a skewer of scallops 9.95 🌿 or shrimp 6.95 🌿

SIDES 7.50

sautéed kale 🌿
honey yogurt, roasted peanuts

fresh seasonal side salad (may contain nuts)

roasted mushrooms 🌿
confit shallots, herb oil, garlic butter

baked potato 🌿
monterey jack cheese, bacon, sour cream, chives

market vegetable
seasonal preparation

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CLASSICS

Shrimp Casserole monterey jack cheese, sherry garlic butter, broccoli 15.95

Legal's Signature Crab Cake jumbo lump crab, mustard sauce, broccoli, seasonal salad *(may contain nuts)* 17.95

Grilled Mediterranean Salmon hummus, cucumber yogurt sauce, orzo, whole wheat pita chips 17.95

Shrimp & Garlic sautéed with tomato, scallions and mushrooms, tossed with fresh pasta 16.95

Jasmine Special steamed shrimp and broccoli over jasmine rice with melted monterey jack cheese (available with brown rice) 16.95 🌿

Anna's Baked Boston Cod seasoned crumbs, roasted tomato, spinach, jasmine rice 17.95 🌿

Portuguese Fisherman's Stew whitefish stewed with mussels, clams and chouriço sausage in a saffron tomato broth 16.95 🌿

Everything Spiced Tuna* (cooked medium rare) roasted red pepper sauce, cucumber sauce, jasmine rice, sautéed spinach 17.95 🌿

Salmon Rice Bowl 17.95

brown rice, kimchi, shiitake, seaweed salad, spinach, gochujang sauce and sesame vinaigrette

substitute: **Tuna "Sashimi"*** 17.95 / **Kung Pao Tofu** 15.95

SALADS

House Salad 8.50 🌿

cherry tomato, shaved carrot and sunflower seeds, creamy romano peppercorn dressing or tomato balsamic vinaigrette

Classic Caesar Salad 8.50 🌿

romaine hearts, garlic croutons, shaved romano, creamy dressing

Chopped Greek Salad 9.50 🌿

olives, cucumbers, tomatoes, chickpeas and feta

Vine Ripe Tomato & Manouri Cheese Salad 8.50 🌿

cucumber, basil, pickled red onion, arugula

white balsamic vinaigrette (also available as a table share 17.00)

Market Salad *(may contain nuts)* 8.95

seasonal selection

Top any of the above salads with:

- Grilled Organic Chicken 6.50 *additional* 🌿
- New England Crabmeat 12.00 *additional* 🌿
- Grilled Shrimp 9.00 *additional* 🌿
- Grilled Salmon 10.00 *additional* 🌿

CRISPY FRIED french fries and coleslaw

Seafood Trio 17.95 🌿

shrimp, whitefish, calamari

New England Fried Clams...market price 🌿

whole-bellied, sweet & petite, dry packed

Fish & Chips 16.95 🌿

regular 🌿 or spicy

Shrimp 17.95 🌿

North Atlantic Sea Scallops...market price 🌿

dry packed

Haddock 17.95 🌿

TACOS

Blackened Salmon Tacos 15.95

salsa verde, avocado, cabbage & red onion crudito, queso fresco, sriracha aioli, ham hock braised black beans and rice

Crispy Fish Tacos 15.95

avocado, pickled cabbage, chipotle mayo, ham hock braised black beans and rice

SANDWICHES french fries and coleslaw

Legal's Crab Cake 17.95

jumbo lump crab on a bun with mustard sauce

Tuna Burger 16.95

freshly ground tuna, chili paste, crumbs and spices

Lobster Roll...market price 🌿

warm butter poached or traditional with mayo

Crabmeat Roll 19.95 🌿

delicate New England crabmeat on a warm buttery bun

Crispy Fish Sandwich 13.95 🌿

tartar sauce, lettuce and tomato

Grilled Organic Chicken Sandwich 13.95 🌿

applewood smoked bacon, jack cheese, lettuce, tomato and mayo

Hamburger* 13.95 🌿

can be undercooked upon request
add cheese for 1.00

🌿 *can be prepared without gluten*

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