

Starters

Blackened Tuna "Sashimi"* 12.95 🌿
sesame chili vinaigrette, seaweed salad, wasabi

Jumbo Shrimp Cocktail 15.95 🌿

Rhode Island Stuffie 5.95
baked stuffed clam, herbs, romano

Clam Cakes roasted red pepper sauce 7.95

Spicy Tuna Meatballs 9.95
freshly ground tuna, romano cheese, calabrian pepper sauce

Legal's Signature Crab Cake 17.50
jumbo lump crab, mustard sauce, seasonal salad *(may contain nuts)*

Mussels Fra Diavolo 14.95
spicy marinara sauce, crostini

Coconut Shrimp 14.50 🌿
orange ginger marmalade

Thai Roasted Chicken Wings 12.95

Warm Spinach and Feta Dip 8.95
whole wheat pita chips

Crispy Calamari 14.95 🌿
regular or Rhode Island style *(hot peppers and garlic)*

Shrimp Wontons 12.95
handmade steamed wontons with seaweed salad

Bang Bang Cauliflower kung pao 8.95

Soups & Salads

Chowders mug 7.95
• New England Clam
• Rhode Island Red Clam

Lobster Bisque mug 9.95

Big Green Salad 8.95
carrots, cucumber, tomato, crispy shallots,
cider dijon vinaigrette

Red Salad 8.95
radicchio, gorgonzola, candied pecans,
dried cherries, balsamic vinaigrette

Caesar Salad 8.95 🌿
romaine hearts, garlic croutons, shaved romano,
creamy dressing

Tortilla, Apple and Goat Cheese 8.95
avocado, roasted red peppers, chipotle orange dressing

Wedge Salad 9.95
blue cheese, bacon, tomatoes, blue cheese vinaigrette

Top any of the above salads with:

- Seared Organic Chicken 7.00 *additional* 🌿
- New England Crabmeat 13.00 *additional* 🌿
- Seared Shrimp 10.00 *additional* 🌿
- Seared Salmon* 11.00 *additional* 🌿
- Lobster Salad...market price 🌿

Sushi

Dragon Rolls*

Red spicy tuna topped with tuna, wasabi mayo 13.95

Green spicy salmon topped with avocado 12.95

Orange spicy salmon topped with salmon 12.95

Spicy Maki Rolls*

cucumber, spicy mayo

Tuna 9.50 **Salmon** 8.95

California Roll 9.75

crab, avocado, cucumber

Shrimp Tempura Roll* 11.95

avocado, cucumber, tobiko, spicy mayo, teriyaki

Lobster Rangoon Roll...market price
cream cheese, crispy wontons, teriyaki & spicy mayo

Caterpillar Roll* 14.95

eel roll topped with avocado, tobiko, teriyaki

Firecracker Roll* 15.95

spicy tuna, salmon, tempura shrimp, avocado, togarashi

BLT Roll* 16.95

bacon, lettuce, tuna, spicy mayo

Shellfish Trio Roll 17.95

lobster, shrimp tempura, spicy crab, avocado, jalapeño

Nigiri

2 pcs/order

Tuna* 8.50

Salmon* 7.50

Eel 7.95

Sandwiches

Panko Romano Fish Sandwich 14.95
chipotle tartar sauce, pickled red onion, fries and coleslaw

Tuna Burger 16.95
chili spiced fresh ground tuna, herb crumbs, roasted red
pepper sauce, fries and coleslaw

Cubano 13.95
pulled pork, ham, swiss, pickles, sweet & spicy mustard,
fried plantains

Blackened Salmon Reuben 14.95 🌿
Russian dressing, gouda and coleslaw on rye, fries and coleslaw

Patty Melt* 15.95
hamburger, caramelized onions, swiss cheese, toasted rye,
fries and coleslaw

Chipotle Lime Shrimp Tacos 16.95
salsa verde, queso fresco, roasted corn salsa, ham hock braised
black beans and rice

Lobster Wrap...market price
freshly shucked native lobster, avocado, bacon, chipotle mayo
on grilled flatbread, fries and coleslaw

Chicken Parmesan Sandwich 14.95
marinara, mozzarella cheese, toasted roll, fries and coleslaw

Classics

Legal's Signature Crab Cake 18.50
jumbo lump crab, mustard sauce, jasmine rice,
seasonal salad *(may contain nuts)*

Crabmeat and Avocado 21.95 🌿
tomato, cucumbers, egg, big green lettuce mix,
cider dijon vinaigrette

New England Fried Clams...market price 🌿
whole-bellied, sweet & petite, tartar sauce, fries, coleslaw

Roasted Cod & Olive Meyer Lemon Relish 18.95 🌿
jasmine rice, lemon kale salad

Beer Battered Fish and Chips 17.95 🌿
tartar sauce, fries, coleslaw

North Atlantic Sea Scallops...market price 🌿
dry-packed, mashed sweet potatoes, lemon kale salad

Legal Sea Bar Bento Box* 19.95
tuna nigiri, shrimp wontons, coconut shrimp,
salmon avocado sushi roll

Bistro Steak Tips* 21.95
fingerling potatoes, mushrooms, onions, garlic butter,
butternut squash

Seared Salmon* jasmine rice, butternut squash 18.95 🌿

Kung Pao Shrimp seaweed salad, jasmine rice 18.95

🌿 can be prepared without gluten

Before placing your order, please inform your server if a person in your party has a food allergy.
*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw
or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially
if you have certain medical conditions.