

Starters

Blackened Tuna "Sashimi"* 12.95 🌱
sesame chili vinaigrette, seaweed salad, wasabi

Jumbo Shrimp Cocktail 16.50 🌱

Rhode Island Stuffies 11.95
baked stuffed clams, herbs, romano

Clam Cakes roasted red pepper sauce 7.95

Legal's Signature Crab Cake 17.50
jumbo lump crab, mustard sauce, seasonal salad *(may contain nuts)*

Mussels Fra Diavolo 14.95
spicy marinara sauce, crostini

Coconut Shrimp 14.50 🌱
orange ginger marmalade

Thai Roasted Chicken Wings 13.95

Crispy Calamari 14.95 🌱
regular or Rhode Island style *(hot peppers and garlic)*

Shrimp Wontons 12.95
handmade steamed wontons with seaweed salad

Bang Bang Cauliflower kung pao 8.95

Sweet and Spicy Ribs coleslaw 10.95 🌱

Hot Lump Crab Dip 13.95
horseradish, cheddar and cream cheese, seafood chips

Soups & Salads

Chowders mug 8.95
• New England Clam
• Rhode Island Red Clam

Lobster Bisque mug 12.95

Big Green Salad 8.95
carrots, cucumber, tomato, crispy shallots,
cider dijon vinaigrette

Red Salad 8.95
radicchio, gorgonzola, candied pecans,
dried cherries, balsamic vinaigrette

Caesar Salad 8.95 🌱
romaine hearts, garlic croutons, shaved romano,
creamy dressing

Tortilla, Apple and Goat Cheese Salad 8.95
avocado, roasted red peppers, chipotle orange dressing

Wedge Salad 9.95
blue cheese, bacon, tomatoes, blue cheese vinaigrette

Top any of the above salads with:

- Seared Organic Chicken 7.00 *additional* 🌱
- New England Crabmeat 13.00 *additional* 🌱
- Seared Shrimp 10.00 *additional* 🌱
- Seared Salmon* 11.00 *additional* 🌱
- Lobster Salad...market price 🌱

Sushi

Dragon Rolls*

Red spicy tuna topped with tuna, wasabi mayo 14.50

Green spicy salmon topped with avocado 13.50

Orange spicy salmon topped with salmon 13.50

Spicy Maki Rolls*

cucumber, spicy mayo

Tuna 9.95 **Salmon** 9.50

California Roll 9.75
crab, avocado, cucumber

Shrimp Tempura Roll* 12.50
avocado, cucumber, tobiko, spicy mayo, teriyaki

Lobster Rangoon Roll...market price
cream cheese, crispy wontons, teriyaki & spicy mayo

Caterpillar Roll* 14.95
eel roll topped with avocado, tobiko, teriyaki

Firecracker Roll* 16.50
spicy tuna, salmon, tempura shrimp, avocado, togarashi

BLT Roll* 16.95
bacon, lettuce, tuna, spicy mayo

Shellfish Trio Roll 18.50
lobster, shrimp tempura, spicy crab, avocado, jalapeño

Nigiri
2 pcs/order

Tuna* 8.95

Salmon* 7.95

Eel 7.95

Sandwiches

Panko Romano Fish Sandwich 14.95
chipotle tartar sauce, pickled red onion, fries and coleslaw

Tuna Burger 16.95
chili spiced fresh ground tuna, herb crumbs, roasted red
pepper sauce, fries and coleslaw

Cubano 13.95
pulled pork, ham, swiss, pickles, sweet & spicy mustard,
fried plantains

Blackened Salmon Reuben 14.95 🌱
Russian dressing, gouda and coleslaw on rye, fries and coleslaw

Patty Melt* 15.95
hamburger, caramelized onions, swiss cheese, toasted rye,
fries and coleslaw

Chipotle Lime Shrimp Tacos 16.95
salsa verde, queso fresco, roasted corn salsa, ham hock braised
black beans and rice

Lobster Wrap...market price
freshly shucked native lobster, avocado, bacon, chipotle mayo
on grilled flatbread, fries and coleslaw

Hot Fried Chicken Sandwich 14.95
ranch dressing, peppadew peppers, pickles, fries, coleslaw

Classics

New England Fried Clams...market price 🌱
whole-bellied, sweet & petite, tartar sauce, fries, coleslaw

Beer Battered Fish and Chips 17.95 🌱
tartar sauce, fries, coleslaw

Fried Shrimp Basket 17.95 🌱
remoulade sauce, fries, coleslaw

Shrimp and Avocado 17.95
tomato, cucumber, egg, mixed greens, cider dijon vinaigrette

Hoisin Glazed Salmon* 18.95
hoisin sauce, vegetable fried rice

Seared Sea Scallops...market price
lemon butter sauce, truffle mushroom ravioli

Roasted Cod 18.95 🌱
olive meyer lemon relish, panko buttered crumbs, jasmine rice,
lemon kale salad

Legal's Signature Crab Cake 18.50
jumbo lump crab, mustard sauce, jasmine rice,
seasonal salad *(may contain nuts)*

Legal Sea Bar Bento Box* 19.95
tuna nigiri, shrimp wontons, coconut shrimp,
salmon avocado sushi roll

Bistro Steak Tips* 22.95
red bliss potatoes, mushrooms, onions, garlic butter,
roasted broccoli

🌱 can be prepared without gluten

Before placing your order, please inform your server if a person in your party has a food allergy.
*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw
or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially
if you have certain medical conditions.