

APPETIZERS

Blackened Raw Tuna* "Sashimi" 14.95 🌿
pan seared and sliced with sesame chili vinaigrette, seaweed salad and wasabi

Steamers steamed with drawn butter 17.95 🌿

Smoked Salmon* 14.95 🌿
served chilled with homemade toasted brioche

Jumbo Shrimp Cocktail 15.95 🌿

Sautéed Mussels 13.95 🌿
1 1/2 pounds with garlic, white wine, crushed red pepper

New England Fried Clams...market price 🌿
whole-bellied, sweet & petite, dry packed

Legal's Signature Crab Cake 16.95
jumbo lump crab, mustard sauce, seasonal salad

Oysters Legal 16.95 🌿
baked with spinach, cheese and crumbs

Fried Oysters chorizo aioli 12.95

Crispy Point Judith Calamari 13.95
• regular 🌿
• spicy
• Rhode Island style (hot peppers and garlic) 🌿
• Thai style (pineapple and peanuts)

Shrimp Wontons 11.95
steamed with seaweed salad

Buffalo Popcorn Shrimp 11.95 🌿
avocado, blue cheese, celery hearts

Bang Bang Cauliflower kung pao 7.95

Hot Lump Crab Dip 12.95
horseradish, cheddar and cream cheese, seafood chips

Kung Pao Chicken Wings 11.95

CHOWDERS

New England Clam Chowder cup 6.95 bowl 9.95

Lite Clam Chowder cup 6.95 bowl 9.95 🌿

Fish Chowder cup 6.95 bowl 9.95

Lobster Bisque cup 8.95 bowl 12.95
authentic creamy bisque garnished with lobster

🌿 can be prepared without gluten

LEGAL LOBSTERS from crisp, cold North Atlantic waters

Steamed 1.25-1.50 lb 36.95 / 1.50-1.75 lb 44.95 / 2.00-2.50 lb 59.95 🌿

Baked Stuffed Lobster add 8.00 🌿
shrimp & scallop buttery cracker stuffing

Lobster Bake 44.95 🌿
cup of clam chowder, steamers, mussels, chouriço, corn on the cob, steamed 1-1.25 lb. lobster (larger sizes available please inquire)

CHAR GRILLED

HiddenFjord Faroe Island Salmon 17.95 🌿

North Atlantic Sea Scallops...market price 🌿
dry packed

Rainbow Trout 16.95 🌿

Shrimp 17.95 🌿

Haddock 17.95 🌿

comes with choice of two house sides or opt for two premium sides for an additional 1.95 each

add a flavor for no additional charge - kung pao sauce, shandong sauce, lemon butter sauce 🌿, cajun spice 🌿, cucumber yogurt sauce 🌿, bacon shallot brown butter

add a skewer of scallops 9.95 🌿 or shrimp 6.95 🌿

HOUSE SIDES

a la carte house sides 5.50
french fries 🌿
onion strings 🌿
brown rice leeks, garlic 🌿
broccoli 🌿
seaweed salad 🌿
jasmine rice 🌿
mashed potatoes 🌿
baked potato 🌿
cole slaw (1.95) 🌿

PREMIUM SIDES

a la carte premium sides 7.50
sautéed kale honey yogurt, roasted peanuts 🌿
fresh seasonal side salad
roasted mushrooms 🌿
confit shallots, herb oil, garlic butter
grilled asparagus 🌿
pecorino romano

The costs of sourcing high quality shellfish are currently very high due to supply constraints. We will continue to make these menu items available, but prices will reflect market conditions.

Please note: Before placing your order, please inform your server if a person in your party has a food allergy. *Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

LUNCH ENTREES

- Seafood Casserole** scallops, shrimp and whitefish baked with cheese and sherry garlic butter 15.95 🌿
- Legal's Signature Crab Cake** jumbo lump crab, mustard sauce, seasonal salad, choice of one house side 17.95
- Grilled Mediterranean Salmon** hummus, cucumber yogurt sauce, orzo, whole wheat pita chips 17.95
- Louisiana Gumbo** shrimp, spicy andouille sausage and crispy fried okra with jasmine rice 16.95
- Jasmine Special** steamed shrimp and broccoli over jasmine rice with melted monterey jack cheese (available with brown rice) 16.95 🌿
- Anna's Baked Boston Cod** seasoned crumbs, roasted tomato, spinach, jasmine rice 17.95 🌿
- Portuguese Fisherman's Stew** whitefish stewed with mussels, clams and chouriço sausage in a saffron tomato broth 16.95 🌿
- Everything Spiced Tuna*** (cooked medium rare) roasted red pepper sauce, cucumber sauce, jasmine rice, sautéed spinach 17.95 🌿
- Salmon Rice Bowl** 17.95
brown rice, kimchi, shiitake, seaweed salad, spinach, gochujang sauce and sesame vinaigrette
substitute: **Tuna Sashimi*** 17.95 / **Tofu** 15.95 / **Grilled Shrimp** 17.95 / **Grilled Chicken** 16.95

SALADS

- House Salad** 8.50 🌿
cherry tomato, shaved carrot and sunflower seeds, creamy romano peppercorn dressing or tomato balsamic vinaigrette
- Spinach Quinoa Salad** 8.95 🌿
pear tomatoes, cider dijon vinaigrette
- Classic Caesar Salad** 8.50 🌿
romaine, garlic croutons, shaved romano, creamy dressing
- Chopped Greek Salad** 9.50 🌿
olives, cucumbers, tomatoes, chickpeas and feta
- Vine Ripe Tomato & Manouri Cheese Salad** 8.50 🌿
cucumber, basil, pickled red onion, white balsamic vinaigrette
also available as a table share 17.00
- Top any of the above salads with:**
- **Grilled Chicken** 6.00 *additional* 🌿
 - **New England Crabmeat** 12.00 *additional* 🌿
 - **Grilled Shrimp** 9.00 *additional* 🌿
 - **Grilled Salmon** 10.00 *additional* 🌿

CRISPY FRIED french fries and cole slaw

- Seafood Trio** 17.95 🌿
shrimp, whitefish, calamari
- New England Fried Clams**...market price 🌿
whole-bellied, sweet & petite, dry packed
- Fish & Chips** 16.95 🌿
regular 🌿 or spicy
- Shrimp** 17.95 🌿
- North Atlantic Sea Scallops**...market price 🌿
dry packed
- Haddock** 17.95 🌿

SANDWICHES french fries and cole slaw

- Legal's Crab Cake** 17.95
jumbo lump crab on a bun with mustard sauce
- Tuna Burger** 16.95
freshly ground tuna, chili paste, crumbs and spices
- Lobster Roll**...market price 🌿
warm butter poached or traditional with mayo
- Grilled Chicken Sandwich** 12.95 🌿
applewood smoked bacon, jack cheese, lettuce, tomato and mayo
- Crabmeat Roll** 19.95 🌿
delicate New England crabmeat on a warm buttery bun
- Salmon Burger** 13.95
fresh ground salmon, roasted red pepper sauce
- Crispy Fish Sandwich** 13.95 🌿
tartar sauce, lettuce and tomato
- Burger*** 13.95 🌿
can be undercooked upon request
add cheese for 1.00

TACOS

- Blackened Tuna* Tacos** 15.95
avocado, pickled cabbage, chipotle mayo, ham hock braised black beans and rice
- Crispy Fish Tacos** 15.95
avocado, pickled cabbage, chipotle mayo, ham hock braised black beans and rice

🌿 *can be prepared without gluten*

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