

SOUPS & SALADS

New England Clam Chowder cup 6.95 bowl 9.95

Lite Clam Chowder cup 6.95 bowl 9.95 🍴

Fish Chowder cup 6.95 bowl 9.95

Lobster Bisque cup 8.95 bowl 12.95
garnished with lobster

Vine Ripe Tomato & Burrata Salad 8.95
arugula, radicchio, pesto vinaigrette

House Salad 8.95 🍴
cherry tomato, shaved carrot and sunflower seeds,
creamy romano peppercorn dressing
or tomato balsamic vinaigrette

Caesar Salad 8.95 🍴
romaine hearts, croutons, shaved pecorino,
creamy dressing*

Chopped Greek Salad 9.95 🍴
olives, cucumbers, tomatoes, chickpeas, feta

Market Salad 8.95
seasonal selection (*may contain nuts*)

Top any of the above salads with:

- **Grilled Organic Chicken** 6.50 *additional* 🍴
- **New England Crabmeat** 12.00 *additional* 🍴
- **Grilled Shrimp** 9.00 *additional* 🍴
- **Grilled Salmon*** 10.00 *additional* 🍴
- **Lobster Salad...**market price 🍴

PIZZA

Crab & Pepperoni 13.95
mozzarella, peppadew peppers

White Clam pancetta and arugula 11.95

Chipotle BBQ Organic Chicken 12.95
bacon, jalapeno jam, gouda, cheddar

Shrimp Feta Spinach 12.95
caramelized onions, garlic confit, fontina

Chef's Daily Feature

CRISPY FRIED

fries and coleslaw

Seafood Trio 18.95 🍴
shrimp, whitefish, calamari

Shrimp 17.95 🍴

New England Clams...market price 🍴
dry-packed, whole-bellied, sweet & petite

Fish & Chips 16.95 🍴

Haddock 18.95 🍴

CLASSICS

Legal's Signature Crab Cake 18.50
jumbo lump crab cake, mustard sauce,
broccoli, seasonal salad (*may contain nuts*)

Everything Spiced Tuna* 17.95 🍴
(*cooked medium rare*), roasted red pepper sauce,
cucumber sauce, jasmine rice, sautéed spinach

Shrimp Casserole 15.95
monterey jack cheese, sherry garlic butter, broccoli

Grilled Mediterranean Salmon* 18.50
hummus, cucumber yogurt sauce, orzo,
whole wheat pita chips

Jasmine Special 16.95 🍴
steamed shrimp and broccoli over jasmine rice
with melted monterey jack cheese
(*available with garlic leek brown rice*)

Shrimp & Garlic 16.95
sautéed with tomato, scallions and mushrooms,
tossed with fresh pasta

STARTERS

Blackened Raw Tuna "Sashimi"* 15.50 🍴
sesame chili vinaigrette, seaweed salad and wasabi

Jumbo Shrimp Cocktail 15.95 🍴

Smoked Salmon* 14.95 🍴
mustard sauce, capers, red onion,
brioche toast points

Legal's Signature Crab Cake 17.50
jumbo lump crab, mustard sauce,
seasonal salad (*may contain nuts*)

Sautéed Mussels 14.95 🍴
1 ½ pounds with garlic, white wine,
crushed red pepper

Steamers 17.95 🍴
with drawn butter

Bang Bang Cauliflower kung pao sauce 8.50

OPEN FLAME GRILLED

add a skewer of scallops 9.95 🍴 or shrimp 6.95 🍴

Rainbow Trout 16.95 🍴
garlic leek brown rice, broccoli

Tuna Steak*...market price 🍴
(*cooked medium rare*), jasmine rice, seaweed salad

North Atlantic Sea Scallops...market price 🍴
dry-packed, garlic leek brown rice, broccoli

Salmon* 18.50 🍴
jasmine rice, sautéed spinach

Shrimp 17.95 🍴
garlic leek brown rice, broccoli

Haddock 18.95 🍴
jasmine rice, sautéed spinach

FLAVORS

add a flavor for no additional charge

cajun spice 🍴

kung pao sauce

shandong sauce

cucumber yogurt sauce 🍴

lemon butter sauce 🍴

herbes de provence butter 🍴

Anna's Baked Boston Cod 18.95 🍴
seasoned crumbs, roasted tomato, spinach,
jasmine rice

Portuguese Fisherman's Stew 16.95 🍴
whitefish stewed with mussels, clams and
chouriço sausage in a saffron tomato broth

Salmon Rice Bowl* 17.95
garlic leek brown rice, kimchi, shiitake,
seaweed salad, spinach, gochujang sauce
and sesame vinaigrette
substitute:
• **Tuna "Sashimi"*** 17.95
• **Kung Pao Tofu** 15.95

Steamed Lobsters ...market price 🍴
from crisp, cold North Atlantic waters
roasted fingerling potatoes, seasonal vegetable
• **1.25-1.50 lb.**
• **1.50-1.75 lb.**
• **2.00-2.50 lb.**

Crispy Calamari 14.95

- **regular** 🍴
- **Rhode Island style** (*hot peppers and garlic*) 🍴
- **Thai style** (*pineapple and peanuts*)

Buffalo Popcorn Shrimp 12.95 🍴
avocado, blue cheese, celery hearts

Hot Lump Crab Dip 13.95
horseradish, cheddar, cream cheese, seafood chips

Oysters Legal 16.95
baked with spinach, cheese and crumbs

New England Fried Clams...market price 🍴
dry-packed, whole-bellied, sweet & petite

Shrimp Wontons 11.95
steamed with seaweed salad

Kung Pao Chicken Wings 11.95

SANDWICHES

fries and coleslaw

Crispy Fish Sandwich 14.95 🍴
tartar sauce, lettuce and tomato

Crabmeat Roll 19.95 🍴
delicate New England crabmeat
on a warm buttery bun

Lobster Roll...market price 🍴
warm butter-poached or traditional with mayo

Tuna Burger 16.95
freshly ground tuna, chili paste, crumbs and spices

Legal's Crab Cake 18.50
jumbo lump crab on a bun with mustard sauce

Grilled Organic Chicken Sandwich 14.95 🍴
applewood smoked bacon, jack cheese,
lettuce, tomato and mayo

Hamburger* 13.95 🍴
(*can be undercooked upon request*)
add cheese for 1.00

TACOS

ham hock braised black beans and rice

Crispy Fish Tacos 15.95
avocado, pickled cabbage, chipotle mayo

Blackened Salmon Tacos* 15.95
salsa verde, avocado, cabbage & red onion crudito,
queso fresco, sriracha aioli

SIDES

sautéed kale 🍴

honey yogurt, roasted peanuts

fresh seasonal side salad (*may contain nuts*)

roasted mushrooms 🍴
confit shallots, herb oil, garlic butter

market vegetable
seasonal preparation

🍴 *can be prepared without gluten*

Before placing your order, please inform your server if a person in your party has a food allergy. Allergen, ingredient and calorie information available upon request.

*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.