

STARTERS

Blackened Raw Tuna "Sashimi"* 15.50 🌿
sesame chili vinaigrette, seaweed salad and wasabi

Jumbo Shrimp Cocktail 16.50 🌿

Crispy Calamari 14.95

- regular 🌿
- spicy 🌿
- Rhode Island style (hot peppers and garlic) 🌿
- Thai style (pineapple and peanuts)

Shrimp Wontons 12.95

handmade steamed wontons with sea vegetable salad

Hot Lump Crab Dip 13.95 🌿

horseradish, cheddar and cream cheese, seafood chips

Buffalo Popcorn Shrimp 12.95 🌿

avocado, blue cheese, celery hearts

Bang Bang Cauliflower kung pao 8.95

Legal's Signature Crab Cake 17.50

jumbo lump crab, mustard sauce, seasonal salad (may contain nuts)

Kung Pao Chicken Wings 12.95

New England Fried Clams...market price

dry-packed, whole-bellied, sweet & petite

SOUPS & SALADS

New England Clam Chowder

cup 7.50 bowl 9.95

Lite Clam Chowder 🌿

cup 7.50 bowl 9.95

Maryland Cream of Crab Soup

cup 7.50 bowl 9.95

House Salad 8.95 🌿

cherry tomato, shaved carrot and sunflower seeds, creamy romano peppercorn dressing or tomato balsamic vinaigrette

Classic Caesar Salad 8.95 🌿

romaine hearts, garlic croutons, shaved romano, creamy dressing

Chopped Greek Salad 9.95 🌿

olives, cucumbers, tomatoes, chickpeas, feta

Vine Ripe Tomato & Burrata Salad 8.95

arugula, radicchio, pesto vinaigrette

Market Salad 8.95

seasonal selection (may contain nuts)

Top any of the above salads with:

- Grilled Organic Chicken 7.00 additional 🌿
- New England Crabmeat 13.00 additional 🌿
- Grilled Shrimp 10.00 additional 🌿
- Grilled Salmon* 11.00 additional 🌿

PURE & FRESH SHELLFISH

Treasures of the Reef* small 34.95 large 59.95

freshly shucked raw shellfish

Raw Clams*...market price 🌿

- Littlenecks
- Cherrystones

Raw Oysters*...market price 🌿

ask for today's variety

Fried Oysters chorizo aioli 13.95

Steamers (soft shell clams) 18.95 🌿

with drawn butter

Steamed Mussels 14.95 🌿

1 ½ pounds with garlic, white wine, crushed red pepper

Eating our oysters is like kissing the sea. We buy only the freshest oysters and test them for purity at our laboratory in our Quality Control Center.

CLASSICS

Legal's Signature Crab Cake 18.50

jumbo lump crab, mustard sauce, broccoli, seasonal salad (may contain nuts)

Anna's Baked Boston Cod 18.95 🌿

seasoned crumbs, roasted tomato, spinach, jasmine rice

Everything Tuna*...market price 🌿

(cooked medium rare) roasted red pepper sauce, cucumber sauce, jasmine rice, sautéed spinach

Bowl of Gumbo spicy andouille sausage and crispy fried okra with jasmine rice

with **Shrimp** 16.95 / **Organic Chicken** 13.95 / **Crab** 18.95

Portuguese Fisherman's Stew 16.95 🌿

whitefish stewed with mussels, clams and chouriço sausage in a saffron tomato broth

Salmon Rice Bowl* 17.95

garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach, gochujang sauce and sesame vinaigrette

substitute: **Tuna "Sashimi"*** 17.95 / **Kung Pao Tofu** 15.95

Grilled Mediterranean Salmon* hummus, cucumber yogurt sauce, orzo, whole wheat pita chips 18.95

Shrimp Casserole monterey jack cheese and sherry garlic butter 16.95

SANDWICHES

fries and coleslaw

Grilled Organic Chicken Sandwich 14.95 🌿

applewood smoked bacon, jack cheese, lettuce, tomato and mayo

Tuna Burger 16.95

chili spiced fresh ground tuna, herb crumbs, roasted red pepper sauce

Lobster Roll...market price 🌿

warm butter poached or traditional with mayo

Crabmeat Roll 21.95 🌿

delicate New England crabmeat on a warm buttery bun

Super Sea Roll 23.95

lobster, shrimp, crab, avocado, bacon, lemon mayo

Crispy Fish Sandwich 14.95 🌿

tartar sauce, lettuce and tomato

Legal's Crab Cake 18.50

jumbo lump crab on a bun with mustard sauce

Hamburger* 14.95 🌿

(can be undercooked upon request)

add cheese for 1.00

Catfish Po' Boy 13.95 🌿

crispy fried with shredded lettuce, tomato, chipotle mayo

Shrimp Po' Boy 15.95 🌿

crispy fried with shredded lettuce, tomato, chipotle mayo

Oyster Po' Boy 15.95 🌿

crispy fried with shredded lettuce, tomato, chipotle mayo

TACOS

ham hock braised black beans and rice

Blackened Tuna Tacos* 16.95

avocado, pickled cabbage, chipotle mayo

Crispy Fish Tacos 16.95

avocado, pickled cabbage, chipotle mayo

🌿 can be prepared without gluten

OPEN FLAME GRILLED

choice of two house sides or opt for two premium sides for an additional 1.95 each

Tuna Steak* (medium rare)...market price 🌿

Salmon* 18.95 🌿

Rainbow Trout 17.95 🌿

Shrimp 18.95 🌿

North Atlantic Sea Scallops...market price 🌿

dry-packed

Marinated Organic Chicken 22.95 🌿

add a skewer of scallops 9.95 or shrimp 6.95 🌿

FLAVORS

kung pao sauce

shandong sauce

lemon butter sauce 🌿

cajun spice 🌿

cucumber yogurt sauce 🌿

herbes de provence butter 🌿

HOUSE SIDES

à la carte house sides 5.50

french fries 🌿

garlic leek brown rice 🌿

broccoli & cheese 🌿

spinach 🌿

seaweed salad

jasmine rice 🌿

mashed sweet potatoes 🌿

coleslaw (1.95) 🌿

PREMIUM SIDES

à la carte premium sides 7.50

bacon braised greens 🌿

crabmeat stuffed baked potato 🌿

fresh seasonal side salad

(may contain nuts)

market vegetable

seasonal preparation

CRISPY FRIED

fries and coleslaw

Seafood Trio shrimp, white fish, calamari 18.95 🌿

Shrimp 18.95 🌿

Oysters 21.95 🌿

North Atlantic Sea Scallops...market price 🌿

dry-packed

Cod 18.95 🌿

Catfish 13.95 🌿

Fish & Chips regular or spicy 17.95 🌿

New England Fried Clams...market price

dry-packed, whole-bellied, sweet & petite

Before placing your order, please inform your server if a person in your party has a food allergy. Allergen, ingredient and calorie information available upon request.

*Served raw or undercooked, or contain (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.