Signature Bowls

Tunanimous Choice[G] 13.95
sesame ginger tuna* poke, jasmine rice,
seaweed salad, charred broccoli, kimchi, radishes,
nori furikake, poke sauce

Salmon Poke Manna From Heaven[G] 13.95
sesame ginger salmon* poke, brown rice, avocado,
marinated tomatoes & cucumbers, rainbow carrots,
scallions, spiced seeds & nuts, poke sauce

Noodle It Over Shrimp[G] 13.95
marinated organic shrimp, lo mein noodles,
marinated mushrooms, rainbow carrots, spicy roasted
sweet potatoes, cucumbers, scallions, basil, cilantro,
mint, tahini dressing

Pick Your Hoisin[G] 13.95
hoisin glazed salmon, grilled lemon kale, charred broccoli,
zucchini noodles, sunflower seeds, sesame seeds,
red pepper flakes, avocado, cider dijon dressing

Tuna Spiced Nice[G] 13.95
spicy tuna*, sushi rice, avocado, edamame, cucumber,
wasabi peas, tobiko*, tamari

Chicky Chicky Bang Bang[G] 11.95
soy ginger chicken, jasmine rice, grilled lemon kale,
spicy roasted sweet potatoes, charred broccoli,
sunflower seeds, orange chipotle dressing

Liquid Bowls

New England Clam Chowder[G] 9.95

Housemade Beverages

Lemonade 2.50

Organic Green Tea 2.50
mint, basil, elderflower syrup

Haymaker's Punch 2.50
raw honey, apple cider vinegar, ginger

G contains gluten

Before placing your order, please inform your server if a person in your party has a food allergy.

*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Create Your Own
7.95 + protein (optional)

Step 1 All Aboard
choose 1 base

- brown rice
- jasmine rice
- mixed field greens
- zucchini noodles
- lo mein noodles[G]

Step 2 Your Cast
choose up to 3 sides

- roasted cauliflower & shallots
- marinated tomatoes & cucumbers
- spicy roasted sweet potatoes
- grilled lemon kale
- seaweed salad[G]
- edamame
- charred broccoli
- chickpea salad
- rainbow carrots
- marinated mushrooms
- shaved romano cheese
- avocado half ..... + 1.25

Step 3 Reel It In
add a protein (optional)

- hoisin glazed salmon[G] ..... + 5.00
- marinated organic shrimp ..... + 5.00
- tuna* poke[G] ..... + 5.00
- salmon* poke[G] ..... + 5.00
- spicy tuna* ..... + 5.00
- soy ginger chicken[G] ..... + 3.00
- kung pao tofu[G] ..... + 3.00

Step 4 Nibbles
choose 1 crunch

- spiced seeds & nuts
- wasabi peas[G]
- sunflower seeds
- nori furikake
- sesame seeds

Step 5 End Of The Line
choose 1 dressing

- sesame ginger[G]
- cider dijon
- orange chipotle[G]
- olive oil & vinegar
- tahini
- poke sauce[G]