

STARTERS

Blackened Raw Tuna "Sashimi"* 14.95 🌿
pan seared and sliced with sesame chili vinaigrette,
seaweed salad and wasabi

Steamers steamed with drawn butter 17.95 🌿

Smoked Salmon* 14.95 🌿
mustard sauce, capers, red onion, brioche toast points

Jumbo Shrimp Cocktail 15.95 🌿

Sautéed Mussels 13.95 🌿
1 1/2 pounds with garlic, white wine, crushed red pepper

New England Fried Clams...market price 🌿
whole-bellied, sweet & petite, dry packed

Legal's Signature Crab Cake 16.95
jumbo lump crab, mustard sauce, seasonal salad
(may contain nuts)

Oysters Legal 16.95 🌿
baked with spinach, cheese and crumbs

Crispy Calamari 13.95
• regular 🌿
• spicy 🌿
• **Rhode Island style** (hot peppers and garlic) 🌿
• **Thai style** (pineapple and peanuts) 🌿

Shrimp Wontons 11.95
steamed with seaweed salad

Buffalo Popcorn Shrimp 11.95 🌿
avocado, blue cheese, celery hearts

Bang Bang Cauliflower kung pao 7.95

Hot Lump Crab Dip 12.95
horseradish, cheddar and cream cheese, seafood chips

Kung Pao Chicken Wings 11.95

SOUPS & SALADS

New England Clam Chowder cup 6.95 bowl 9.95

Lite Clam Chowder cup 6.95 bowl 9.95 🌿

Fish Chowder cup 6.95 bowl 9.95

Lobster Bisque cup 8.95 bowl 12.95
authentic creamy bisque garnished with lobster

House Salad 8.50 🌿
cherry tomato, shaved carrot and sunflower seeds, creamy
romano peppercorn dressing or tomato balsamic vinaigrette

Classic Caesar Salad 8.50 🌿
romaine hearts, garlic croutons, shaved romano,
creamy dressing

Vine Ripe Tomato & Manouri Cheese Salad 8.50 🌿
cucumber, basil, pickled red onion, arugula,
white balsamic vinaigrette (also available as a table share 17.00)

Market Salad (may contain nuts) 8.95
seasonal selection

🌿 can be prepared without gluten

Before placing your order, please inform your server if a person in your party has a food allergy. *Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

LEGAL LOBSTERS

from crisp, cold North Atlantic waters
roasted fingerling potatoes and seasonal vegetable

Steamed 1.25-1.50 lb 36.95 / 1.50-1.75 lb 44.95 / 2.00-2.50 lb 59.95 🌿

Baked Stuffed Lobster add 8.00 🌿
shrimp & scallop buttery cracker stuffing

Lobster Bake 44.95 🌿
cup of clam chowder, steamers, mussels, chouriço, corn on the cob,
steamed 1-1.25 lb. lobster (larger sizes available please inquire)

OPEN FLAME GRILLED

Swordfish Steak...market price 🌿 **Rainbow Trout** 19.95 🌿
mashed potatoes, sautéed spinach leek garlic brown rice, broccoli

Tuna Steak*...market price 🌿 **Shrimp** 23.95 🌿
cooked medium rare leek garlic brown rice, broccoli
jasmine rice, seaweed salad

Salmon 26.95 🌿 **North Atlantic**
jasmine rice, sautéed spinach **Sea Scallops...**market price 🌿
dry packed
Arctic Char 26.95 🌿 leek garlic brown rice, broccoli
jasmine rice, sautéed spinach

Halibut Steak 32.95 🌿 **Haddock** 25.95 🌿
leek garlic brown rice, broccoli jasmine rice, sautéed spinach

add a flavor for no additional charge - kung pao sauce, shandong sauce,
lemon butter sauce 🌿, cajun spice 🌿, cucumber yogurt sauce 🌿,
bacon shallot brown butter 🌿

add a skewer of scallops 9.95 🌿 or shrimp 6.95 🌿

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CLASSICS

Legal's Signature Crab Cake Combo 30.95
one jumbo lump crab cake, grilled shrimp and scallops mustard sauce, seasonal salad *(may contain nuts)*

Legal's Signature Crab Cakes 30.95
two jumbo lump crab cakes, mustard sauce, seasonal salad *(may contain nuts)*

Baked Stuffed Shrimp Casserole jumbo shrimp, buttery crabmeat stuffing, broccoli 28.95

Nutty Salmon almond encrusted, sautéed in a lemon caper butter sauce, mushroom ravioli and spinach 26.95

Pan Seared Boneless Half Chicken mashed potatoes, broccoli, chive lemon butter sauce
21.95 🌿

Shrimp and Garlic sautéed with tomato, scallions and mushrooms, tossed with fresh pasta 24.95

Lemon Caper Grey Sole lemon beurre blanc, jasmine rice, sautéed spinach 29.95 🌿

Anna's Baked Boston Cod seasoned crumbs, roasted tomato, spinach, jasmine rice 23.95 🌿

Assortment* 28.95 🌿
chef's choice of three fish (can be cooked medium rare), shrimp, scallops, mashed potatoes, sautéed spinach

Jasmine Special steamed shrimp and broccoli over jasmine rice with melted monterey jack cheese (available with brown rice) 24.95 🌿

Cioppino lobster, scallops, shrimp, calamari, littlenecks, mussels and whitefish in a light tomato broth 30.95 🌿

Red Onion Jam Swordfish jasmine rice, sautéed sherry mushrooms and spinach...market price 🌿

Everything Tuna*...market price 🌿
grilled medium rare with everything spice mix, roasted red pepper and cucumber sauce, jasmine rice, spinach

Grilled 8 oz. Filet Mignon* *(can be undercooked upon request)* bacon shallot brown butter, mashed potatoes, broccoli 35.95

Seafood Casserole 28.95 🌿
scallops, shrimp, lobster, whitefish and cheese baked with sherry garlic butter, roasted fingerling potatoes, seasonal vegetable

Salmon Rice Bowl brown rice, kimchi, shiitake, seaweed salad, spinach, gochujang sauce and sesame vinaigrette 22.95
substitute: **Tuna "Sashimi"*** 22.95 / **Kung Pao Tofu** 16.95

CRISPY FRIED french fries and coleslaw

Fisherman's Platter 29.95 🌿
shrimp, scallops, calamari, clams & whitefish

New England Fried Clams...market price 🌿
whole-bellied, sweet & petite, dry packed

Fish & Chips 19.95
regular 🌿 or spicy

Shrimp 23.95 🌿

North Atlantic Sea Scallops...market price 🌿
dry packed

Haddock 25.95 🌿

SIDES 7.50

sautéed kale 🌿
honey yogurt, roasted peanuts

fresh seasonal side salad *(may contain nuts)*

roasted mushrooms 🌿
confit shallots, herb oil, garlic butter

baked potato 🌿
monterey jack cheese, bacon, sour cream, chives

market vegetable
seasonal preparation

🌿 *can be prepared without gluten*

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