

ALL AMERICAN LEGAL BREAKFAST 9.95

3 eggs, cooked to any style* bacon, brioche toast and home fries

691 cal, 19 sat fat, 3 trans fat, 826 mg sodium, 30 carb

EGG SANDWICH OR WRAP 7.00

scrambled eggs with Jack cheese on choice of a bagel, brioche toast or tortilla

495-803cal, 18-23 sat fat, 0 trans fat, 613-1325 mg sodium, 38-52 carb

add any or all of the following .50 each 10-66 cal, 0 sat fat, 0 trans fat, 2-61 mg sodium, 2-6 carb

roasted red peppers ✧ onions ✧ tomato ✧ avocado

applewood smoked bacon 1.00 *95 cal, 3 sat fat, 0 trans fat, 378 mg sodium, 0 carb*

THE OMELET EXPERIENCE

BASIC 9.95

3 eggs with Monterey Jack cheese, home fries, applewood smoked bacon and brioche toast

1085 cal, 28 sat fat, 3 trans fat, 1723 mg sodium, 80 carb

NOT-SO BASIC

add any or all of the following .50 each 110-66 cal, 0 sat fat, 0 trans fat, 2-61 mg sodium, 2-6 carb

roasted red peppers ✧ onions ✧ tomato ✧ avocado

applewood smoked bacon 1.00 *95 cal, 3 sat fat, 0 trans fat, 378 mg sodium, 0 carb*

smoked salmon* 1.00 *55 cal, 0 sat fat, 0 trans fat, 263 mg sodium, 0 carb*

crabmeat 6.00 *66 cal, 0 sat fat, 0 trans fat, 213 mg sodium, 0 carb*

FRENCH TOAST 7.95

Challah bread with Vermont maple syrup *1064 cal, 20 sat fat, 0 trans fat, 746 mg sodium, 141 carb*

STEEL CUT OATS 4.95

brown sugar and pecans *538 cal, 10 sat fat, 0 trans fat, 34 mg sodium, 57 carb*

SMOKED SALMON* AND TOASTED BAGEL 8.95

with cream cheese *798 cal, 14 sat fat, 0 trans fat, 1767 mg sodium, 73 carb*

Home Fries 2.50 *187 cal, 1 sat fat, 3 trans fat, 20 mg sodium, 28 carb*

Brioche Toast 1.50 *334 cal, 6 sat fat, 0 trans fat, 714 mg sodium, 51 carb*

Wheat Toast 1.50 *220 cal, 1 sat fat, 0 trans fat, 300 mg sodium, 40 carb*

Rye Toast 1.50 *166 cal, 0 sat fat, 0 trans fat, 422 mg sodium, 31 carb*

English Muffin 1.50 *120 cal, 0 sat fat, 0 trans fat, 200 mg sodium, 25 carb*

Bagel with Cream Cheese 2.50 *385 cal, 12 sat fat, 0 trans fat, 500 mg sodium, 38 carb*

Applewood Smoked Bacon 2.95 *142 cal, 5 sat fat, 0 trans fat, 567 mg sodium, 0 carb*

COFFEE 3.25

JUICE: Grapefruit, Cranberry, Tomato or Pineapple 2.95, Orange 3.50

45-163 cal, 0 sat fat, 0 trans fat, 0-750 mg sodium, 10-41 carb

BREAKFAST COCKTAILS

MIMOSA 11.00 *112 cal, 0 sat fat, 0 trans fat, 4 mg sodium, 8 carb*

BELLINI 11.00 *101 cal, 0 sat fat, 0 trans fat, 1 mg sodium, 17 carb*

BLOODY MARY 9.00

our bloody mary mix, Sobieski Vodka *140 cal, 0 sat fat, 0 trans fat, 447 mg sodium, 7 carb*

SCREWDRIVER 8.50

fresh squeezed orange juice, American Harvest Organic Vodka *170 cal, 0 sat fat, 0 trans fat, 7 mg sodium, 5 carb*

GREYHOUND 8.50

grapefruit juice, American Harvest Organic Vodka *160 cal, 0 sat fat, 0 trans fat, 0 mg sodium, 12 carb*

Please note: Before placing your order, please inform your server if a person in your party has a food allergy.

*Consuming raw or undercooked meat, fish, shellfish, poultry or eggs can increase your chances for a foodborne illness. More information for alternative choices is available upon request.