

## STARTERS

**Blackened Raw Tuna "Sashimi"\*** 14.95 🌿  
pan seared and sliced with sesame chili vinaigrette,  
seaweed salad and wasabi

**Steamers** steamed with drawn butter 17.95 🌿

**Smoked Salmon\*** 14.95 🌿  
served chilled with homemade toasted brioche

**Jumbo Shrimp Cocktail** 15.95 🌿

**Sautéed Mussels** 13.95 🌿  
1 1/2 pounds with garlic, white wine, crushed red pepper

**Legal's Signature Crab Cake** 16.95  
jumbo lump crab, mustard sauce, seasonal salad (*may contain nuts*)

**Oysters Legal** baked with spinach, cheese and crumbs 16.95

**Crispy Calamari** 13.95  
• regular 🌿  
• spicy  
• Rhode Island style (hot peppers and garlic) 🌿  
• Thai style (pineapple and peanuts)

**Shrimp Wontons** steamed with seaweed salad 11.95

**Buffalo Popcorn Shrimp** 11.95 🌿  
avocado, blue cheese, celery hearts

**Bang Bang Cauliflower** kung pao 7.95

**Hot Lump Crab Dip** 12.95  
horseradish, cheddar and cream cheese, seafood chips

**Kung Pao Chicken Wings** 11.95

## SOUPS & SALADS

**New England Clam Chowder** cup 6.95 bowl 9.95

**Lite Clam Chowder** cup 6.95 bowl 9.95 🌿

**Fish Chowder** cup 6.95 bowl 9.95

**Lobster Bisque** cup 8.95 bowl 12.95  
authentic creamy bisque garnished with lobster

**House Salad** 8.50 🌿  
cherry tomato, shaved carrot and sunflower seeds, creamy romano  
peppercorn dressing or tomato balsamic vinaigrette

**Classic Caesar Salad** 8.50 🌿  
romaine hearts, garlic croutons, shaved romano, creamy dressing

**Chopped Greek Salad** 9.50  
olives, cucumbers, tomatoes, chickpeas and feta

**Vine Ripe Tomato & Manouri Cheese Salad** 8.50 🌿  
cucumber, basil, pickled red onion, arugula,  
white balsamic vinaigrette (also available as a table share 17.00)

**Market Salad** (*may contain nuts*) 8.95  
seasonal selection

**Top any of the above salads with:**

- Grilled Organic Chicken 6.50 *additional* 🌿
- New England Crabmeat 12.00 *additional* 🌿
- Grilled Shrimp 9.00 *additional* 🌿
- Grilled Salmon 10.00 *additional* 🌿

🌿 *can be prepared without gluten*

\*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

## LEGAL LOBSTERS

 from crisp, cold North Atlantic waters

**Steamed** 1.25-1.50 lb 36.95 / 1.50-1.75 lb 44.95 / 2.00-2.50 lb 59.95 🌿

**Baked Stuffed Lobster** add 8.00 🌿  
shrimp & scallop buttery cracker stuffing

**Lobster Bake** 44.95 🌿  
cup of clam chowder, steamers, mussels, chouriço, corn on the cob,  
steamed 1-1.25 lb. lobster (larger sizes available please inquire)

## OPEN FLAME GRILLED

**Swordfish Steak**...market price 🌿 **Rainbow Trout** 19.95 🌿

**Tuna Steak\***...market price 🌿  
cooked medium rare

**Shrimp** 23.95 🌿

**Salmon** 26.95 🌿

**North Atlantic  
Sea Scallops**...market price 🌿  
dry packed

**Arctic Char** 26.95 🌿

**Halibut Steak** 32.95 🌿

**Haddock** 25.95 🌿

comes with choice of two house sides or opt for two premium sides  
for an additional 1.95 each

add a flavor for no additional charge - kung pao sauce, shandong sauce,  
bacon shallot brown butter, cajun spice 🌿 cucumber yogurt sauce 🌿  
lemon butter sauce 🌿

add a skewer of scallops 9.95 🌿 or shrimp 6.95 🌿

The costs of sourcing high quality shellfish are currently very high  
due to supply constraints. We will continue to make these menu  
items available, but prices will reflect market conditions.

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## CLASSICS

**Legal's Signature Crab Cake Combo** 30.95  
one jumbo lump crab cake, grilled shrimp and scallops, mustard sauce, seasonal salad *(may contain nuts)*

**Legal's Signature Crab Cakes** 30.95  
two jumbo lump crab cakes, mustard sauce, seasonal salad *(may contain nuts)*

**Baked Stuffed Shrimp Casserole** 28.95  
jumbo shrimp, buttery crabmeat stuffing, choice of one house side

**Nutty Salmon** 26.95  
almond encrusted, sautéed in a lemon caper butter sauce, mushroom ravioli and spinach

**Shrimp and Garlic** 24.95  
sautéed with tomato, scallions and mushrooms, tossed with fresh pasta

**Grilled Assortment\*** 28.95 🌿  
chef's choice of three fish (can be cooked medium rare), shrimp, scallops, choice of two house sides

**Anna's Baked Boston Cod** 23.95 🌿  
seasoned crumbs, roasted tomato, spinach, jasmine rice

**Salmon Rice Bowl** 22.95  
garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach, gochujang sauce and sesame vinaigrette, substitute:  
• **Tuna "Sashimi"**\* 22.95  
• **Kung Pao Tofu** 16.95

**Cioppino** 30.95 🌿  
lobster, scallops, shrimp, calamari, littlenecks, mussels and whitefish in a light tomato broth

**Red Onion Jam Swordfish**...market price 🌿  
jasmine rice, sautéed sherry mushrooms and spinach

**Everything Tuna\***...market price 🌿  
grilled medium rare with everything spice mix, roasted red pepper and cucumber sauce, jasmine rice, spinach

**Seafood Casserole** 28.95 🌿  
scallops, shrimp, lobster, whitefish and cheese baked with sherry garlic butter, choice of one house side

## CRISPY FRIED french fries and cole slaw

**Fisherman's Platter** 29.95 🌿  
shrimp, scallops, calamari, clams & whitefish

**New England Fried Clams**...market price 🌿  
whole-bellied, sweet & petite, dry packed

**Fish & Chips** regular 🌿 or spicy 19.95

**Shrimp** 23.95 🌿

**North Atlantic Sea Scallops** dry packed...market price 🌿

**Haddock** 25.95 🌿

## SURF & TURF

**Baked Stuffed Shrimp & Filet\*** 42.95  
6 oz. filet, bacon shallot brown butter, choice of two house sides

**Grilled Shrimp, Scallops & Filet\*** 42.95 🌿  
6 oz. filet, bacon shallot brown butter, choice of two house sides

**Steamed 1 - 1.25 lb. Lobster & Filet\*** 45.95 🌿  
6 oz. filet, bacon shallot brown butter, choice of two house sides

**King Crab Legs** 46.95 🌿  
steamed or braised with sherry garlic butter

**Grilled 8 oz. Filet Mignon\*** 35.95 🌿  
bacon shallot brown butter, choice of two house sides  
(\*can be undercooked upon request)

**Marinated Grilled Organic Chicken** 22.95 🌿  
broccoli, mashed potatoes, lemon chive butter sauce

### HOUSE SIDES

*a la carte house sides 5.50*

french fries 🌿  
onion strings 🌿  
garlic leek brown rice 🌿  
broccoli 🌿  
seaweed salad  
jasmine rice 🌿  
mashed potatoes 🌿  
cole slaw (1.95) 🌿

### PREMIUM SIDES

*a la carte premium sides 7.50*

sautéed kale 🌿  
honey yogurt, roasted peanuts  
fresh seasonal side salad *(may contain nuts)*  
roasted mushrooms 🌿  
confit shallots, herb oil, garlic butter  
market vegetable  
seasonal preparation

## LUNCH CLASSICS & SANDWICHES

**Legal's Signature Crab Cake** 17.95  
jumbo lump crab, mustard sauce, seasonal salad *(may contain nuts)*, choice of one house side

**Grilled Mediterranean Salmon** 17.95  
hummus, cucumber yogurt sauce, orzo, whole wheat pita chips

**Louisiana Gumbo** 16.95  
shrimp, spicy andouille sausage and crispy fried okra with jasmine rice

**Legal's Crab Cake Sandwich** 17.95  
jumbo lump crab on a bun with mustard sauce

**Tuna Burger** 16.95  
freshly ground tuna, chili paste, crumbs and spices

**Lobster Roll**...market price 🌿  
warm butter poached or traditional with mayo

**Crabmeat Roll** 19.95 🌿  
delicate New England crabmeat on a warm buttery bun

**Grilled Organic Chicken Sandwich** 13.95 🌿  
applewood smoked bacon, jack cheese, lettuce, tomato and mayo

**Hamburger\*** can be undercooked upon request 13.95 🌿  
add cheese for 1.00

**Crispy Fish Sandwich** tartar sauce, lettuce and tomato 13.95 🌿

- lunch served until 4pm -

🌿 can be prepared without gluten

Please note: Before placing your order, please inform your server if a person in your party has a food allergy.  
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