

STARTERS

New England Clam Chowder
cup 7.50 bowl 9.95

Lite Clam Chowder
cup 7.50 bowl 9.95 🌱

Chilled Vegetable Gazpacho crispy tortilla strips
cup 7.50 bowl 9.95

Lobster Bisque cup 8.95 bowl 12.95
authentic creamy bisque garnished with lobster

Blackened Raw Tuna "Sashimi"* 15.50
sesame chili vinaigrette, seaweed salad, wasabi

Steamers with drawn butter 18.95 🌱

Smoked Salmon* 14.95 🌱
mustard sauce, capers, red onion,
brioche toast points

Jumbo Shrimp Cocktail 16.50 🌱

Steamed Mussels 14.95 🌱
1 ½ pounds with garlic, white wine,
crushed red pepper

Legal's Signature Crab Cake 17.50
jumbo lump crab, mustard sauce, baby lettuce salad
with tomato, roasted corn and cider dijon vinaigrette

Oysters Legal 17.95
baked with spinach, cheese and crumbs

Crispy Calamari 15.50
• **Regular** 🌱
• **Rhode Island Style** (hot peppers and garlic) 🌱
• **Thai Style** (pineapple and peanuts)

Buffalo Popcorn Shrimp 12.95 🌱
avocado, blue cheese, celery hearts

Bang Bang Cauliflower kung pao 8.95

Hot Lump Crab Dip 13.95 🌱
horseradish, cheddar and cream cheese,
seafood chips

SALADS

House Salad 8.95 🌱
cherry tomato, shaved carrot and sunflower seeds,
creamy romano peppercorn dressing or
tomato balsamic vinaigrette

Classic Caesar Salad 9.50 🌱
romaine hearts, garlic croutons, shaved romano,
creamy dressing

Chopped Greek Salad 9.95 🌱
olives, cucumbers, tomatoes, chickpeas, feta

Vine Ripe Tomato & Burrata Salad 9.95 🌱
arugula, radicchio, pesto vinaigrette

Top any of the above salads with:
• **Grilled Chicken** 7.00 *additional* 🌱
• **New England Crabmeat** 14.00 *additional* 🌱
• **Grilled Shrimp** 10.00 *additional* 🌱
• **Grilled Salmon*** 11.00 *additional* 🌱

CRISPY FRIED

fries and coleslaw

Fisherman's Platter 30.95 🌱
shrimp, scallops, calamari, clams and whitefish

New England Fried Clams...market price 🌱
dry-packed, whole-bellied, sweet & petite

Fish & Chips 20.95 🌱

Shrimp 24.95 🌱

North Atlantic Sea Scallops...market price 🌱
dry-packed

Haddock 26.95 🌱

CLASSICS

Anna's Baked Boston Cod 24.95 🌱
seasoned crumbs, roasted tomato, jasmine rice,
spinach

LSF Rice Bowl
garlic leek brown rice, kimchi, shiitake, seaweed
salad, spinach, gochujang sauce and sesame
vinaigrette, with:
• **Tuna "Sashimi"*** 23.95
• **Salmon*** 23.95
• **Kung Pao Tofu** 17.95

Cioppino 32.95 🌱
lobster, scallops, shrimp, calamari, littlenecks,
mussels and whitefish in a light tomato broth

Grilled Swordfish...market price 🌱
mashed potatoes, broccoli

Everything Tuna*...market price 🌱
grilled medium rare with everything spice mix,
roasted red pepper and cucumber sauce,
jasmine rice, spinach

Seafood Casserole 29.95
scallops, shrimp, lobster, whitefish and monterey jack
cheese baked with sherry garlic butter, green & wax
bean salad

Grilled Rainbow Trout 21.95 🌱
green & wax bean salad

Grilled Haddock 26.95 🌱
jasmine rice, broccoli

add a skewer of scallops 9.95 🌱 or shrimp 6.95 🌱

FLAVORS - add a flavor for no additional charge -

kung pao sauce
lemon butter sauce 🌱
cucumber yogurt sauce 🌱

shandong sauce
herbes de provence butter 🌱
cajun spice 🌱

SURF & TURF

Surf & Turf*
6 oz. filet, herbes de provence butter,
mashed potatoes, broccoli
• **Grilled Shrimp & Scallops** 42.95 🌱
• **Steamed 1-1.25 lb. Lobster** 45.95 🌱

King Crab Legs 46.95 🌱
steamed or braised with sherry garlic butter,
mashed potatoes, broccoli

Grilled 8 oz. Filet Mignon* 36.95 🌱
(*can be undercooked upon request)
herbes de provence butter, mashed potatoes,
broccoli

Pan-Seared Boneless Half Chicken 22.95 🌱
lemon chive butter sauce, mashed potatoes,
broccoli

LUNCH CLASSICS & SANDWICHES ~ lunch served until 4pm ~

Legal's Signature Crab Cake 18.50
jumbo lump crab, mustard sauce, baby lettuce salad
with quinoa, tomato, roasted corn and cider dijon
vinaigrette

Grilled Mediterranean Salmon* 18.95
hummus, cucumber yogurt sauce, cous cous salad,
whole wheat pita chips

Louisiana Gumbo 16.95
shrimp, spicy andouille sausage, crispy fried okra,
jasmine rice

Legal's Crab Cake Sandwich 18.50
jumbo lump crab on a bun with mustard sauce,
fries, coleslaw

Lobster Roll...market price 🌱
warm butter poached or traditional with mayo,
fries, coleslaw

🌱 can be prepared without gluten

LEGAL LOBSTERS

from crisp, cold north atlantic waters

Steamed Lobsters...market price 🌱
corn on the cob, coleslaw
• **1.25-1.50 lb.**
• **1.50-1.75 lb.**
• **2.00-2.50 lb.**

Baked Stuffed Lobsters add 9.00 🌱
shrimp and scallop buttery cracker stuffing,
corn on the cob, coleslaw

Lobster Bake...market price 🌱
cup of clam chowder, steamers, mussels, chouriço,
corn on the cob, steamed 1-1.25 lb. lobster
(larger sizes also available)

Grilled Chicken Sandwich 14.95 🌱
applewood smoked bacon, jack cheese, lettuce,
tomato and mayo, fries, coleslaw

Hamburger* fries, coleslaw 14.95 🌱
pasture raised (can be undercooked upon request)
add cheese for 1.00

Crabmeat Roll 22.95 🌱
delicate New England crabmeat on a
warm buttery bun, fries, coleslaw

Crispy Fish Sandwich 14.95 🌱
tartar sauce, lettuce and tomato, fries, coleslaw

Tuna Burger 16.95
chili spiced fresh ground tuna, herb crumbs,
roasted red pepper sauce, fries, coleslaw

Before placing your order, please inform your server if a person in your party has a food allergy. Allergen, ingredient and calorie information available upon request.
*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.