

STARTERS

Blackened Raw Tuna "Sashimi"* 14.95 🌿
pan seared and sliced with sesame chili vinaigrette, seaweed salad and wasabi

Steamers steamed with drawn butter 17.95 🌿

Smoked Salmon* 14.95 🌿
served chilled with homemade toasted brioche

Jumbo Shrimp Cocktail 15.95 🌿

Sautéed Mussels 13.95 🌿
1 1/2 pounds with garlic, white wine, crushed red pepper

Legal's Signature Crab Cake 16.95
jumbo lump crab, mustard sauce, seasonal salad (*may contain nuts*)

Oysters Legal baked with spinach, cheese and crumbs 16.95

Crispy Calamari 13.95
• regular 🌿
• spicy
• Rhode Island style (hot peppers and garlic) 🌿
• Thai style (pineapple and peanuts)

Shrimp Wontons steamed with seaweed salad 11.95

Buffalo Popcorn Shrimp 11.95 🌿
avocado, blue cheese, celery hearts

Bang Bang Cauliflower kung pao 7.95

Hot Lump Crab Dip 12.95
horseradish, cheddar and cream cheese, seafood chips

Kung Pao Chicken Wings 11.95

SOUPS & SALADS

New England Clam Chowder cup 6.95 bowl 9.95

Lite Clam Chowder cup 6.95 bowl 9.95 🌿

Fish Chowder cup 6.95 bowl 9.95

Lobster Bisque cup 8.95 bowl 12.95
authentic creamy bisque garnished with lobster

House Salad 8.50 🌿
cherry tomato, shaved carrot and sunflower seeds, creamy romano peppercorn dressing or tomato balsamic vinaigrette

Classic Caesar Salad 8.50 🌿
romaine hearts, garlic croutons, shaved romano, creamy dressing

Chopped Greek Salad 9.50
olives, cucumbers, tomatoes, chickpeas and feta

Vine Ripe Tomato & Manouri Cheese Salad 8.50 🌿
cucumber, basil, pickled red onion, arugula, white balsamic vinaigrette (also available as a table share 17.00)

Market Salad (*may contain nuts*) 8.95
seasonal selection

Top any of the above salads with:

- Grilled Chicken 6.00 *additional* 🌿
- New England Crabmeat 12.00 *additional* 🌿
- Grilled Shrimp 9.00 *additional* 🌿
- Grilled Salmon 10.00 *additional* 🌿

🌿 *can be prepared without gluten*

*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

LEGAL LOBSTERS

 from crisp, cold North Atlantic waters

Steamed 1.25-1.50 lb 36.95 / 1.50-1.75 lb 44.95 / 2.00-2.50 lb 59.95 🌿

Baked Stuffed Lobster add 8.00 🌿
shrimp & scallop buttery cracker stuffing

Lobster Bake 44.95 🌿
cup of clam chowder, steamers, mussels, chouriço, corn on the cob, steamed 1-1.25 lb. lobster (larger sizes available please inquire)

OPEN FLAME GRILLED

Swordfish Steak...market price 🌿 **Rainbow Trout** 19.95 🌿

Tuna Steak*...market price 🌿
cooked medium rare

Shrimp 23.95 🌿

HiddenFjord Faroe Island Salmon 26.95 🌿

North Atlantic Sea Scallops...market price 🌿
dry packed

Arctic Char 26.95 🌿

Haddock 25.95 🌿

Halibut Steak 32.95 🌿

comes with choice of two house sides or opt for two premium sides for an additional 1.95 each

add a flavor for no additional charge - kung pao sauce, shandong sauce, bacon shallot brown butter, cajun spice 🌿 cucumber yogurt sauce 🌿 lemon butter sauce 🌿

add a skewer of scallops 9.95 🌿 or shrimp 6.95 🌿

The costs of sourcing high quality shellfish are currently very high due to supply constraints. We will continue to make these menu items available, but prices will reflect market conditions.

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CLASSICS

Legal's Signature Crab Cake Combo 30.95
one jumbo lump crab cake, grilled shrimp and scallops, mustard sauce, seasonal salad *(may contain nuts)*

Legal's Signature Crab Cakes 30.95
two jumbo lump crab cakes, mustard sauce, seasonal salad *(may contain nuts)*

Baked Stuffed Shrimp Casserole 28.95
jumbo shrimp, buttery crabmeat stuffing, choice of one house side

Nutty HiddenFjord Faroe Island Salmon 26.95
almond encrusted, sautéed in a lemon caper butter sauce, mushroom ravioli and spinach

Shrimp and Garlic 24.95
sautéed with tomato, scallions and mushrooms, tossed with fresh pasta

Grilled Assortment* 28.95 
chef's choice of three fish (can be cooked medium rare), shrimp, scallops, choice of two house sides

Anna's Baked Boston Cod 23.95 
seasoned crumbs, roasted tomato, spinach, jasmine rice

Salmon Rice Bowl 22.95
garlic leek brown rice, kimchi, shiitake, seaweed salad, spinach, gochujang sauce and sesame vinaigrette, substitute:
• **Tuna "Sashimi"*** 22.95
• **Kung Pao Tofu** 16.95

Cioppino 30.95 
lobster, scallops, shrimp, calamari, littlenecks, mussels and whitefish in a light tomato broth

Red Onion Jam Swordfish...market price 
jasmine rice, sautéed sherry mushrooms and spinach

Everything Tuna*...market price 
grilled medium rare with everything spice mix, roasted red pepper and cucumber sauce, jasmine rice, spinach

Seafood Casserole 28.95 
scallops, shrimp, lobster, whitefish and cheese baked with sherry garlic butter, choice of one house side

CRISPY FRIED french fries and cole slaw

Fisherman's Platter 29.95 
shrimp, scallops, calamari, clams & whitefish

New England Fried Clams...market price 
whole-bellied, sweet & petite, dry packed

Fish & Chips regular  or spicy 19.95

Shrimp 23.95 

North Atlantic Sea Scallops dry packed...market price 

Haddock 25.95 

SURF & TURF

Baked Stuffed Shrimp & Filet* 42.95
6 oz. filet, bacon shallot brown butter, choice of two house sides

Grilled Shrimp, Scallops & Filet* 42.95 
6 oz. filet, bacon shallot brown butter, choice of two house sides

Steamed 1 - 1.25 lb. Lobster & Filet* 45.95 
6 oz. filet, bacon shallot brown butter, choice of two house sides

King Crab Legs 46.95 
steamed or braised with sherry garlic butter

Grilled 8 oz. Filet Mignon* 35.95 
bacon shallot brown butter, choice of two house sides
(*can be undercooked upon request)

Marinated Grilled Chicken 21.95 
broccoli, mashed potatoes, lemon chive butter sauce

HOUSE SIDES

a la carte house sides 5.50

french fries 
onion strings 
garlic leek brown rice 
broccoli 
seaweed salad
jasmine rice 
mashed potatoes 
cole slaw (1.95) 

PREMIUM SIDES

a la carte premium sides 7.50

sautéed kale 
honey yogurt, roasted peanuts
fresh seasonal side salad *(may contain nuts)*
roasted mushrooms 
confit shallots, herb oil, garlic butter
market vegetable
seasonal preparation

LUNCH CLASSICS & SANDWICHES

Legal's Signature Crab Cake 17.95
jumbo lump crab, mustard sauce, seasonal salad *(may contain nuts)*, choice of one house side

Grilled Mediterranean Salmon 17.95
hummus, cucumber yogurt sauce, orzo, whole wheat pita chips

Louisiana Gumbo 16.95
shrimp, spicy andouille sausage and crispy fried okra with jasmine rice

Legal's Crab Cake Sandwich 17.95
jumbo lump crab on a bun with mustard sauce

Tuna Burger 16.95
freshly ground tuna, chili paste, crumbs and spices

Lobster Roll...market price 
warm butter poached or traditional with mayo

Crabmeat Roll 19.95 
delicate New England crabmeat on a warm buttery bun

Grilled Chicken Sandwich 12.95 
applewood smoked bacon, jack cheese, lettuce, tomato and mayo

Hamburger* can be undercooked upon request 13.95 
add cheese for 1.00

Crispy Fish Sandwich tartar sauce, lettuce and tomato 13.95 
- lunch served until 4pm -

 can be prepared without gluten

Please note: Before placing your order, please inform your server if a person in your party has a food allergy.
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